

The red line

The dance of attraction and
repulsion

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CONTENTS

1. Introduction	5
2. The red line	8
3. Established or general truth	11
4. Learned or personal truths	14
5. Origin of life and path of life	18
6. Meaning of words in default values.....	21
7. Influence of the meaning of a word on your development	25
8. Undetected change in polarity	32
9. Influences within relationships.....	35
10. Your perception of creation and evolution.....	49
11. Electromagnetism and man versus the universe	60
12. Electromagnetism and computer science.....	70
13. A network of magnetic fields and their influence.....	77
14. The sun is like a human being	81
15. The bigger it is, the more impact it has	87
16. Tools for understanding key external influences.	97
17. The external influence on your thoughts.....	116
18. Calculation of time and choice.....	119
19. Cell regeneration versus your perception.....	127
20. World problems versus logic and sentiment	138
21. Neutrality	153
22. The sense of neutrality is affected.....	157
23. Neutrality puts the pieces together.....	158

24.	The death of the biological body	163
25.	The energy body versus the biological body.....	171
26.	Most dreams are deceptive	182
27.	Putting dreams into practice	192
28.	The world upside down	206
29.	The structure of a story	210
30.	Hidden messages in a story	222
31.	Your state of mind through the seasons	244
32.	The layers of perception	253
33.	Aliens, UFOs, angels and other beings you refuse to understand.	258
34.	What is the multiverse?	283
35.	Theory is good, practice is better	288
36.	Repeat, repeat and repeat again	296
37.	Zero-point energy of the repelling poles	307
38.	Why I write better at night.....	316
39.	Sheep follow each other	323
40.	Final conclusion.....	328

1. Introduction

What is a book, a film, a story, music, science, religion, spirituality, etc.? I could go on listing the subjects. In the end, they have one thing in common. All these subjects become the be- cause or rather the vision of the writer.

I'll start with the example of a book. A writer is writing a book. This book will be influenced by all sorts of external factors. This because of what he has experienced or learnt in his life. The biggest driver will have been passion. The drive to write about this un-topic. Various factors led the writer to tell his story or rather to tell his perception of his influences in his story. To tell what his truth is.

To give an example. The story of 'The Three Little Pigs'. Many children know it and know the course of the story. The most important reason is that their parents have read the story to them several times. If you ask five different children to recount this story, they will all use different words. First, because this story has been rewritten by many authors and also because it has been translated several times. Finally, it will be the memory of the story told to them as a child that stays with them and determines their view of the story.

Another example: The circle game 'Tell your neighbour'. All the children sit in a circle. A chosen person whispers something to the person on the left. The latter whispers it to his neighbour on his left, and so on. The idea is that the neighbour on the right tells the whisperer exactly what he told the neighbour on the left. I can guarantee you that this almost never succeeds. The sentence is distorted by all the children in the circle. That comes

by their outside influences, their level of speaking and listening. So they tell what they think they have heard. They create their egg- gen version or perception of the sentence.

What I write here is also my perception, my story, with my influences. In my mind, everything I write will be the ultimate truth. Everything will be true in every way. Will my message reach you as I have planned? Probably not. It doesn't have to. Every human being is unique in every way. Physically, mentally, emotionally, etc. So what I write will not be 100% suitable for everyone. The idea is that you ont-keep what you personally need for your life path. This in the same way that I did before I could write this. Or, as I also call it: making a link between what you read and your life path so far. For me, this story will be 100% correct. For you, this maximum will be 99% right.

My personal influences will emerge explicitly in the course of my story. What I can say right now is that I will intermingle all influences. This includes everything I have experienced and which has been important on my life path. The biggest influence, and thus the theme of my story, will be magnetism. Better known as the physical law of repulsion and attraction. If you hold two magnets against each other, they either attract or repel each other. Simple, isn't it?

I explain it to you with this. From the creation of the universe, through the creation of man, including the supernatural and other fun un-topics. Note that it will be kept as simple as possible. If my observation is really difficult, I will mention this fact without elaborating on it. Sometimes I see images that cannot be explained with words, and yet they seem so logical. For some subjects

even easy words become complicated to explain. If that is the case, I will use comparisons with everyday life.

I will also use a lot of logic to make connections. Not pure logic, but a mixture of logic and feeling. Like 'Spock' from the TV series 'Star Trek'. Half Vulcan, half human. You will see that films and series also have a big influence on what I write. I will quote films and series I have seen. I have read few books. I remember better when I hear and/or see something. Besides, I express myself much better with written words or as they say: talking with hands and feet.

This is all I had to say before you read on. Gradually, I will explain some things in more detail using practical examples. But I repeat that the intention is that you yourself make the connection with what you know. With your perception, your life path. So when you have read a chapter, pause for a moment and see if you can place it in your life, in a certain sequence of events.

2. The red line

Are you ready for my ultimate truth? It is so obvious that few people see it. Your head is full of so much external information that you forget how simple it is. In fact, that is the only practical thing I will say. The rest will consist of examples and comparisons.

Sit down..., I'm waiting...

Would you like a glass of water before I start? Are you ready?

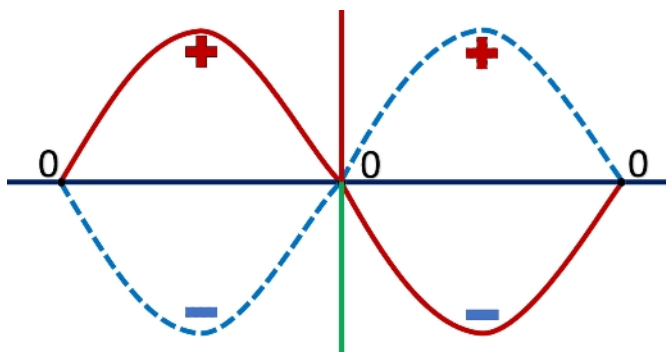
Now take a deep breath.

The ultimate truth with my perception of physical magnetism:

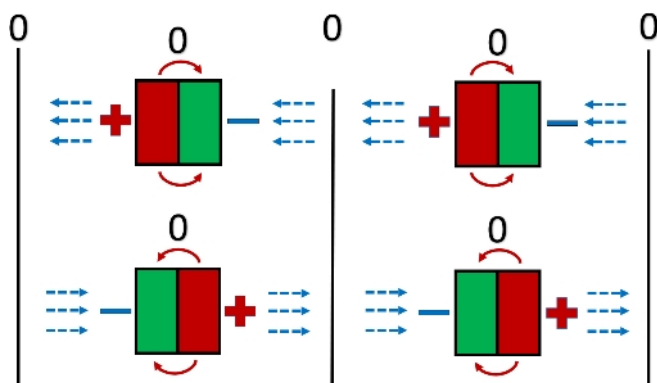
Plus and minus and plus or minus

That's it, nothing more! According to my logic, I can explain everything with the positive and the negative and the choice you make. By everything, I really mean everything. Everything 'what is' and 'what is not'. So everything you can and cannot perceive with your senses is a dance of attraction and repulsion.

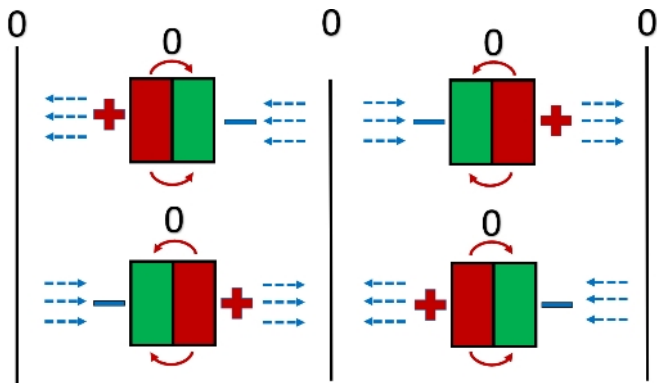
What I will mainly talk about is everything 'that is'. That which is tangible. Why is this so? Because this is the common perception. You more easily understand something that is tangible, what you perceive with your senses. In other words, you understand what your brain registers. This will become clearer or less clear in the course of the examples I will give. Gradually throughout the chapters, I will also mix the non-tangible with the tangible. A good mix based on logic and feeling.



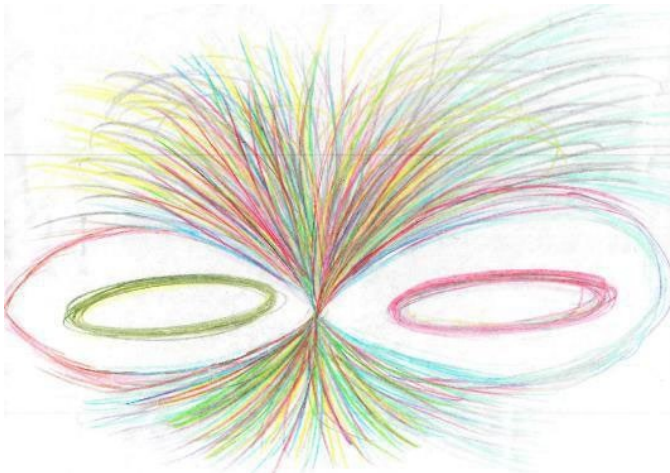
The double sine is the tool I will use the most. The reason is that you can easily see where you are now in your life course. And can see what will happen next. For every positive or negative action, an opposite reaction automatically arises.



Here I show a representation of two magnets whose poles attract each other.



Here then, the opposite: A representation of two magnets, where the poles repel each other



3. Established or general truth

From birth, you learn all kinds of things. But what do you really learn? As I told you in the introduction, there is no such thing as the ultimate truth. Only your personal truth.

So what do you learn throughout your life?

In fact, you discover other people's visions and create your own from them.

What are you studying at school?

You are actually discovering the views, the perceptions of one or more lesson book authors. You study a book written from the influences of the writer's life and what he considers to be the ultimate truth. This writer's truth is not the only influence. There are many other influences. The evolution of society and moral values, the information that may or may not be known. And especially how the teacher himself interprets the book. You can see here that here too, not everything the writer intended is going to arrive fully to the reader.

Finally, most of what is taught is accepted. Indeed, it goes straight to the brain and is a mean of what has or has not been accepted over the centuries. Everything is repeated over and over again so that everyone can remember it. The fact that you were taught something different at home does not apply at this point. The teacher teaches you something, you repeat the information until the subject is stored in your brain. Then you are tested on it. You are rewarded (plus) or punished (minus), depending on how fast you accipate the truths. There is nothing wrong with that in itself; everyone chooses for himself what percentage of the general truth he does or does not accept.

In school, you were taught that you will be rewarded if you accept someone else's truth. At work, it will be the same process. You will not be rewarded with points this time, but with money. If you kindly do what I tell you, or rather, if you kindly spread my personal truth to others, you will get money for it. With money, you can do something nice. Eat or buy a car, etc. Nice life, isn't it?

Despite that 'happiness', however, many people feel unhappy. Absenteeism is on the rise. And I am not talking about burnouts. Don't you find this strange? The thing is that the truths being taught do not 100% match your personal truths, your personal values.

*The consequence then is that your
body re-ages on what doesn't fit
into your life*

However, I can already hear you saying: But I am happy, I have a family, a stable job, a nice house with all the comforts. It is quite possible that this is so. That the truths you have been taught match your personal truths! Again, this depends on your life course, i.e. the choices you have made. If these choices during your life are close to the ones you were taught, then you will feel that you are truly happy. Not 100%, but enough to feel satisfied. Other people with a different life path may only have 10% of their truth that matches the general truth.

How did the acquired values get there?

For example, one person said: One plus one equals two. I Googled for fun: 'Who invented $1+1=2$?' Then it began. I got a whole list of different names. In other words, a whole list of different truths. And I remember

still don't know who invented it. Yet it has been taught that way for so many years. Therefore, the inventor's truth that one plus one equals two has been accepted as a general truth. Since this invention, it has been constantly repeated over the centuries. This invention has been accepted from generation to generation as a default value in your brain. Every time a new child learns this, the confirmation that one plus one equals two increases. This is the case with everything you learnt in school, really everything.

Moreover, again, this is not just about the truth of the textbooks, but also about the teacher's choices, or the way he or she teaches. Passion in teaching will always be felt by the children. Someone who teaches against his or her will will have a very different effect on the way truths reach the children. Children are more likely to accept as general truth what the teacher tells them if he or she tells the truth with passion.

You might want to know what this has to do with the red line? That becomes clear later in the book (plus) or not (minus).



4. Learned or personal truths

You have seen that there are general truths, or rather truths that a majority of the population accepts. This is a good thing. Many people are not yet ready to think for themselves.

Again for my amusement, I Googled: 'How many people live on this planet?' Yep, there are about eight billion of us. That's a lot of people. If every person applied their own truth, it would probably become chaos. You can already see what happens when the truths of one country differ from those of another. So, from my perspective, with my acquired values, with my view of what has happened since the beginning of mankind, it is good that there are these all-common values.

Here you may (plus) or may not (minus) feel, from what I have just written, that what has been taught by society is restrictive and negative. In my truth, it is. I have come to this conclusion because of the choices I have made in my life and the personal influences I have received. At the same time, this is not the case. Without these choices and influences, I might never have written this. This because my life path and outside influences are different from yours, you will never be able to agree 100% with my veracity. Some things will seem right and some things will seem wrong. Let me repeat: it doesn't matter. You will see later why I say this.

Why are learned truths widely accepted?

It's actually quite simple: repetition, repetition and repetition. The brain is made in such a way that if you repeat something, you remember it.

How deep are these learned truths?

Since birth, you learn many things that you got from your parents, which they in turn got from their parents, and so on. Thus, through the generations, these truths have been taken for granted and repeated. Like the sum of one and one equals two. I would say that since this arithmetic was invented, there is a pre-preserved space in your brain that has been passed on from generation to generation. This is cellular memory or DNA.

Every time a baby is born, the truths of the mother and father are merged. In other words, if they both have the default value of: one plus one is two. Then this is also passed on with them. Then this is stored in the sperm and egg. So it is also through cell memory that this is passed on at birth.

This information then undergoes a repeat process. When the sperm and egg are joined, this cell divides (minus), and then it attracts a new cell (plus), then these cells divide again (minus) and then another new cell is attracted (plus), and so on, until- that the baby is born. So in each generation, part of the cell memory is reserved for this computational work. With each cell created, the arithmetic is repeated and stored. You can see it in my story of plus and minus, as a series of choices made by the father and mother, stored in the baby.

You can think of these reserved places as a code of pluses and minuses. As an example: plus, plus, plus, minus, plus, minus, minus, plus, minus, plus, minus, minus, minus, plus, plus, plus This code then becomes sa-
mixed into a sperm or egg and passed on to the baby. But I'll explain that to you later.

I repeat again: everyone is unique and has a unique outlook on life, or in other words, they have their own truths. So accepting these default values does not mean denying your personal values. On the contrary.

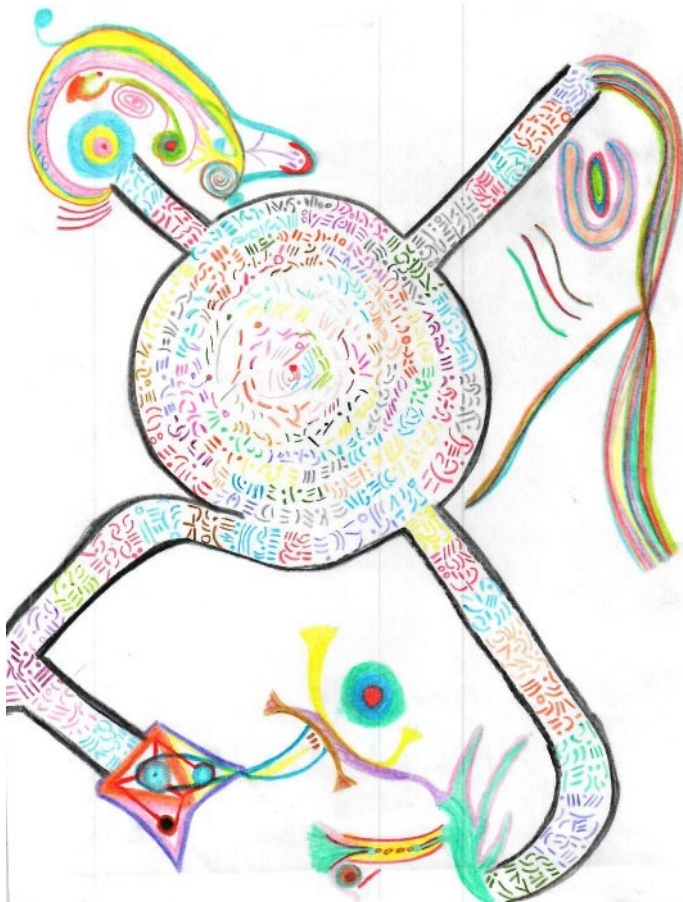
I give the example of learning to drive a car. At the driving school, you learn to drive in a certain way. The way of teaching at the driving school is in accordance with the traffic rules, i.e. with the general truth. The way the instructor explains his personal truths also influences your learning process. However, you practice driving through the driving school, your parents or your friends. So all the different external influences will add up to this overall truth, which is learning to drive. Eventually, you take your test and either pass (plus) or fail (minus), depending on how close you are to these default values.

In other words, to what extent have outside influences affected your personal truths and to what extent do they deviate from the standard truths, i.e. the traffic rules. When you pass, you get your driving licence and over the years you create your own driving style within the limits of the traffic rules. So you create your own truths within the standard truths. For example, you drive with one hand on the wheel instead of two, as the driving rules dictate. Is that good (plus) or bad (minus)? Neither, it is your truth, but it falls into a grey area between acceptable and unacceptable.

You see here that in reality your personal path is not all your own and yet at the same time it is. You are literally attracted and repelled by truths around you. In turn, they influence your personal ideal values.

Another good example is that children do not like to eat vegetables (minus), but when they grow up, they like them again (plus).

Or conversely, that they enjoy vegetables as children (plus) and no longer enjoy them as adults (minus). The way this happens is simple. Through outside influences. How are these vegetables prepared? Are they served with a tasty sauce? Are they raw? How do external factors affect the child's personal truths? Here you see again that either a plus attracts a minus or a minus attracts a plus.



5. Origin of life and path of life

I take the proposal from the beginning:

Plus and minus and plus or minus

As I said earlier, I go back to the birth of your parents' truths. So you get a plus which is the mother and a minus which is the father.

The Bible explicitly says that. God created man first. So he was the first on earth (minus) and from the rib of man God created woman, who came from heaven (plus). If you relate this to physics, you see that the earth is considered the negative pole and the positive pole is the opposite of the earth, i.e. the he- mel.

Another example is the way men and women are represented by characters.

A circle with a cross for the woman ♀

A round with an arrow for the man ♂

Even here, in these signs, you can see the plus and minus in the symbol. Coincidence or not, it doesn't matter, it is my perception, my truth about it.

So you have the sperm (minus) entering the egg (plus). These form an original cell. In other words, the plus and the minus merge or are attracted to each other. They become one cell. For a short time, the cell contains a plus and a minus.

One possibility is that at the next step, a plus, prevails in the choice combination code and a girl is born. Or, the minus predominates and a boy is born. Why he becomes a plus or a minus again depends on the life choices of the parents and their predecessors, right up to creation. So it depends on the choices made by your full lineage, up to this point, to create a girl or a boy. This will come up later, and may or may not become clear.

How do cells separate?

Since there is no perfect balance of pluses and minuses (due to past choices), a pole will turn into the pole with the most influence. Either a plus for a girl or a minus for a boy. As a result, there are suddenly two identical poles in the cell (plus and minus becomes plus, plus or minus, minus). The cell thus separates under the repulsive force of two identical poles.

I assume that in this example the baby will be a girl (plus, plus). The force of the first division has now created energy. This energy is sufficient to create matter (see Einstein: $E=mc^2$).

Each part, each positively charged cell, receives a negatively charged cell that will be directly attracted to the new pre-existing cells (plus, minus and, or minus, plus). The two new cells attract and redistribute each other and energy is produced again.

After about nine months of attracting and rejecting cells, a baby emerges from the womb. This is a biology lesson like the one you learnt in school, but with my influence. I think my observation is explained very simply. So you have four options in the first-first split:

Either a negative preponderance and you get a boy.

Either a positive preponderance and you get a girl.

Either a balance of positive polarity.

Either a balance of negative polarity

In the latter two cases, there is a balance that prevents the body from making a choice. In this case, the woman will not get pregnant and will just get her period and lose the foetus.

A plus can change to a minus during division, for example due to an external magnetic field stronger than the woman's own magnetic field. This small change during the division process can have major consequences for the formation of a baby that is considered normal by today's standards. It may e.g. be born dead, have only one foot, or countless other possibilities. There can be all kinds of external influences: e.g. radiation, a kick in the belly, an accident, a multitude of combinations of plus and minus in the father or the mother, which only come into play after some time.

You see you can use the plus and minus to explain in a fairly simple way how a baby is made and how it can go wrong. You don't need to have studied it, but you can still understand it or not.

A doctor would probably say this is wrong, or not accurate. Logical, because a doctor's choices are based on logic, and if you are lucky, a little feeling. After all, he has studied and practised so much in school that his brain prioritises logic.

6. Meaning of the words in the default values

I have talked to you so far about truths, self-truths, life paths or choices. You can choose the name you want. Sometimes I change the names, because using the same word all the time is not my choice. Even if I change the name, it has the same meaning. Like the plus sign meaning positive. But is this even true?

Each word is also associated with a personal feeling.

And so not just with a meaning. For one person, something can be positive, positive, but also something negative. And something negative can be negative, but also something positive for another person. So: plus, plus or plus, minus or minus, minus or minus, plus. The feeling this creates personally will be the end result and ultimately determine the polarity of the word. Just because you have learned that plus, means plus, doesn't mean it is the same for you.

Let me give a few examples for clarity. Let's take the words hot and cold. Warmth is seen as something positive. Why is this so? Warmth gives a sense of intimacy and comfort. Over the centuries, the word warm has been associated with something positive in general truths and values. The word cold has been associated with something negative because cold is neither comfortable nor cosy. This sentiment appears in some dictionaries. It is sometimes preceded by a p. or n. of positive or negative.

Another example about moving and standing still. Like hot and cold, they are opposites. In this case, too, they generate a positive or negative

feeling. Moving is seen as positive because movement allows you to move forward, while standing still does not.

A final example is blue or red. Here blue represents the negative, as it relates to cold and red to its opposite, i.e. warmth. In other words, feelings and logic are combined. Every word can have a positive or negative meaning. That is why it is so easy. This is also why I will use the terms plus and minus whenever possible.

So you have the default values, and therefore the default meanings. These can all be found in a dictionary or in your everyday usage. But you also have your personal values or truths. As mentioned, these values may differ from the default values. In fact, there are always combinations of pluses and minuses that make them deviate from the default values. Again, due to an external factor.

For example, you always liked to take a hot bath. Nice and comfortable. This is the standard meaning of the word hot. One day, you forget to mix the cold water with the hot water and you burn yourself in the bath. Suddenly, the meaning of the word hot changes to something negative. In other words, when you look in your personal dictionary, the meaning of warm is no longer correct, so it changes from plus to minus. This is where you deviate from the standard way you were taught. You pass on this change in meaning to your kin, or perhaps to people around you.

Another example and I am now assuming an ideal world: you are a model citizen and you follow all values to the letter. This means you follow the standard way of life. This would become a combination (in a woman's case) of just being: plus, plus, plus, plus, plus, plus, plus, plus, plus.... Your choice as a model citizen is to make the exact same choices

follow that society asks you to take. So if this model burger were to find a perfect male friend with the same choice palette, they would become: min, min, min, min, min. Then they would make the perfect child that would exist in society. A more equal but unlikely combination.

I now return to the bathtub example. Suddenly, one of your pluses becomes a minus. So: plus, plus, plus, minus You make a male baby, who becomes: minus, minus, minus, plus. The baby is suddenly no longer a perfect child who can live in the ideal society. Even when he learns that the word heat takes on a positive meaning, he is still negative about it.

This may be because, for example, the mother always takes special precautions when bathing the child, or constantly tells the child to be careful with the hot water. This can even happen unconsciously. This negative information is literally in the child's cells, in that infinite combination of plus and minus.

What do logic and feeling say about the meaning of a word?

Even if a word has a certain meaning, it can have a totally opposite meaning to someone's personal truth or life path. Therefore, opposite to the meaning found in the dictionary.

To have more fun another example: murder. Murder, in the classic sense of the word, is described as something negative. However, the person who murders can also kill someone out of passion and even take pleasure in it. Therefore, for this murderer, the word murder means something positive. Even though, within standard values, it means something negative. As you can see, this is only the meaning of the

life truth of one person adopted and repeated as the norm, generation after generation. Should it be chosen in the course of history that murder is seen as a positive within society, things would look completely different here.

Can you judge a killer who thinks his truth is the ultimate truth?

If you take the general values, yes. This person deviates (minus) from the default values (plus), so he or she will have to be punished (minus) before he or she might try again in everyday life (plus). The problem is that users of conventional truths also think their truth is the only valid one. While that even this choice was once made by someone and repeated and repeated over the centuries. You could say yourself that once in our ge- history, a life was not worth much. So the meaning of the word murder was also completely different.

If you look at it from the person's point of view: he commits a murder that, in his eyes, means something positive. So why should he be (minus) punished? Because, again, default values outweigh personal values. That is why these default values were instituted. To give a guideline of how perceptions should be within society. Like driving a car, depending on how far you deviate from it, you will not be able to ac- cope with some values.

So you have seen, or rather read, that every word has a certain meaning. The meaning of a word is linked to a feeling and the meaning of a word can vary from person to person. It is very important to appreciate the importance of a word as it develops.

7. Influence of the meaning of a word on your development

I now assume you are normal. Furthermore, you live in society and conform to the image that standard values give you. Now I will tell you:

You are disabled

Your first feeling will probably be: No, I am still healthy, I have two legs, two feet, I am mentally healthy, etc. You can list a whole series of stipulations that say you are not disabled.

Even pronouncing the word disabled evokes a negative feeling. Some people prefer to talk about person with disability or person with limited mobility. Whatever you call it, the feeling remains negative! Still, I keep telling you that you have a disability.

Why is disability a negative word?

The word means a restriction to function normally within the framework of standard values. The problem is that I just said there are standard values, but they are also influenced by your personal values or truths. If you look up the meaning of the word in the dictionary, you get: physical or mental limitation. This confirms what I said. Everyone is disabled. Let me briefly explain what I mean.

As I mentioned earlier, from the moment you are born, you carry with you the life choices of previous generations. This is called genetic material. So you could say that the choices of plus or minus made since creation are huge. For now, I look

only a few generations back. An example: suppose your great-grandfather made a certain choice on his life path. This led to the amputation of his right leg. So it was an outside influence that made him disabled. The doctors confirm that he is disabled because his leg was amputated. At home, his wife says he needs to rest. He is now disabled as he has only one leg left. At work, he is fired because his job requires two legs. See what happens here.

Different outside influences, i.e. different magnetic fields affect it. The pluses turn into minuses. He lives a normal life, but these influences keep telling him he is disabled. This goes, on and on, and the sentence eventually sticks in his brain.

*At school, you repeated the
standards and your brain de-
ceived them.*

Exactly, the same applies here. Your great-grandfather enters a negative spiral, so to speak. His whole life is turned upside down because a plus in his life has turned into a minus. Eventually, he no longer meets the standard norm. This is the scenario that often occurs. When you have a disability, your personal life course is affected by the meaning of standard values. Whether you make it or not depends on the choices you make.

But, as I said, everyone is disabled and that is true. If you look at the meaning of the word, any physical or mental impairment is a disability. Like an amputated leg, a mental impairment, an illness or abnormality, is also a disability.

Where do we draw the line on what is a disability for default values?

Due to outside influences, you will always have a deviation from standard standards, even if it is small. In this sequence of plus and minus, there will always be a minus that should have been a plus.

I come back to the example of your great-grandfather. He lived two generations ago. Now it is your turn. The information from his amputation has been passed on and fused into your cells. Suddenly, because of a choice in your life, you break a leg. After you heal, everything goes well for a while. Then, after a few months, you break your leg again. A bit strange, isn't it? And it's always the right leg that breaks. You ask yourself no questions and go to the hospital every time. After six weeks, you are back to your old self and get on with your life, without asking any more questions. This example shows that even if you know nothing about your family history, the meaning of a word can still influence your life choices. You may not notice it, but it is the case nonetheless. Your leg is physically affected by a past decision.

Another familiar example: You are fat. So you have a physical disability, and therefore you do not meet standard values. You are disabled if you are fat. Again, certain choices on your life path have made you fat. Again, conscious or not. Suppose you are a child of 12 and you are a few kilos heavier. But you feel good about yourself. According to your truth, you are normal. However, you know as well as I do that at school there are always bullies. These bullies choose a victim who, in most cases, does not meet all the standard values. Again, it is just like with the amputation. They laugh at you and constantly say you are fat.

How do you feel in most cases? Pretty bad. The meaning of the word 'fat' was confirmed and repeated as a negative feeling,

as specified by the defaults. Whereas before you were bullied, you felt good. As the word fat is repeated every day, your brain starts storing this word and the plus turns into minus. This in your feelings and in your cells. It becomes a truth for you.

What happens next for the next generation? It is often said that 'fat' parents give birth to fat babies. Doctors then make this clear by conducting all kinds of tests. These are the standard values. Being fat is negative. As I said earlier, it is simply the transition from plus to minus. If you believe you are in a negative spiral and stay in it, it is going to be genetically transmitted to the next generation. Like amputation, the next generation will always have phantom pains, as a result of your choices.

If you change this minus to plus, simply by changing the meaning of the word, you will change the feeling of the word just the same. Then you will be surprised at the results. The baby will be healthy and well and not fat. Even though the doctors have said many times that it will be.

From the moment the baby is born, he can make his own choices. This is already very young. For example, drinking or not drinking milk is also a choice. From then on, you can only influence your child from the outside. Urge him to drink his milk or not. The final choice, whether he gets fat or not, ultimately depends on his own choices, with of course your outside influence.

This last example is very personal and part of my learning path. That is why it is so detailed. It is because of my choices and those of my partner that I got to this point. I just turned something negative into something positive. Abracadabra, I change the be- sign meaning of the word disabled into something positive. Also, you have to make your

question where the line is drawn between disabled and non-disabled. If you cut your hand, you are in fact also disabled, if we consider the standard meaning of the word. You will no longer be able to use that hand properly. It will no longer be possible to use your hand normally. So you are handicapped. Where are the boundaries, disabled or not?

*You choose how much influence your
han- dicaps have on you.*

You choose who gets that label or not. In my case, the word disability, means the opposite of what I was taught. You were taught that a negative meaning of a word, automatically influences a positive meaning to also become negative. Minus attracts plus and plus attracts minus. Opposite poles attract each other. If you continue like this, you will remain stuck in the negative.

So now I say: the truth is that someone with a disability is privileged compared to someone who is labelled normal according to standard values. I only change the minus to plus.

For example: according to standard truths, a blind person falls into the category of disabled, because he cannot just go to school or work. I tell you: no, this person is better than you and me. He perceives sounds with greater acuity than you and he is able to hear sounds you cannot. Moreover, he finds his way by echolocation, just like the dolphins. He could work in a submarine and find other submarines with his hearing. He uses his intuition more than you do. In my experience, I would call this person a superhero. Take the TV series Daredevil. A blind lawyer who is a superhero. The TV series highlights the various powers and special powers he has. Is this person supernatural? No, absolutely

not. Any blind person could do it if he wanted to. If he turns a minus into a plus on his life path. Therefore, the meaning of handicap is personally positive. In this case, if you don't follow the standard rules, you can do 'supernatural' acts, like Daredevil. It is your choice to turn a mosquito into an elephant. So don't turn a small constraint into a big one! So put a plus instead of a minus every time and stay in that situation. You don't have to stay in a negative feeling. Even if there is a big influence pushing you towards the negative.

When you are in a negative vicious cycle, you don't notice that anything positive has happened. For example, suppose the blind person chooses to stick to default values and thinks that being blind is negative. That this is his fate! He will not realise that by making this choice to stay in the negative, he has, for a brief moment, made a positive choice.

I have already mentioned that a word has a meaning and a feeling. The 'choice' is perceived as positive. Why? Because you keep moving. Has the blind person noticed this? No, he thinks he has gone from negative to negative. He feels he has not moved forward. In other words, in the combination of plus and minus, there is a lot of minus. This is due to the external influences of the meaning of the word disability. Until he notices that every time he makes a choice to stay in the negative, he will actually think that the whole situation is negative. Whereas all he has to do is make a positive choice in his life. And above all, keep that positive feeling. He can, if he wants, reprogram his brain and make it so that he feels good instead of bad every time the word disability comes along.

You have seen here how conscious or unconscious choices affect subsequent generations. If you stick to the meanings others

give you, you prevent any kind of evolution. Immobility is negative in standard values. However, you are then literally stuck in a negative spiral. Ultimately, it is the perception you have that counts. Change the learned meaning of words to one that is close to your life path. This one will have a positive impact on you and generations to come. Remember that you will always attract an opposite. It is your choice to let outside influences dominate. Change is possible without too much effort.



8. Undetected change in polarity

In the previous chapter, you saw that you are able to perceive whether something is positive or negative and that this perception will prevail depending on external influences. Now I stick to this idea: plus attracts minus and minus also attracts plus in the context of a positive influence. And of course: minus also attracts plus, but in turn attracts minus on the basis of a negative influence.

Let me give you an example: you work in a company. The salary is good. The benefits are good. The colleagues are quite nice. The only thing that could be better is the distance between home and work. Overall, you are satisfied (plus). However, you see an ad in the newspaper offering the same job, but much closer to home. So you feel attracted to something even more positive. In my story, it goes something like this: You are now: plus, plus, plus, minus. You want to move on to: plus, plus, plus, plus. So you should make a choice that makes a minus turn into a plus, you would say. But this is not the case. In spirituality, it is often said that if your attitude is positive, you will always attract something positive. In reality, I don't think this is very accurate. I have said it before: only opposites attract. A positive pole opposite another positive pole can only be repelled. In the case of the example, it becomes: plus, plus, plus, minus, plus. You have to go through that minus. You cannot go from something positive to something positive. You have to go through the negative before you get back to something positive. These are the small letters that are mislabelled in spirituality.

Not everything is love!

Indeed, only if you have experienced something negative can you attract love. Will you find that you have experienced something negative? Not

always, because the influence of love will be greater than that negative ge- hange. To return to my example: you are interested in this ad, but you know that before you change jobs, you must first resign. The meaning of the word resign is seen as negative, because you are not loyal to your employer according to the values you were taught. Previous generations would tell you to be glad you have a job and never leave it.

You focus on this work closer to home as a passion. You do this by writing your resignation letter and applying to this new company. In my idea: plus, minus, plus so opposites attract each other. You are enthusiastic about this new opportunity and pay no attention to the perceived ne- gative part of the resignation. Because of this external influence of the pluses, you stick to the pluses and don't see the minuses you have passed.

On the other hand, I'll take the example one step further: you've sent your CV (plus) and wait impatiently (minus). Finally, you get a call for an interview (minus) and get the good news that you can start (plus). This is just a small indication of the possible choices. There may be other plus or minus choices in between. I have noted at each stage whether it feels positive or negative. You can see that there will always be opposites attracting each other.

It is also possible that you cannot get a job there because of an atmosphere that is too posi- tive. You might not choose the right polarity during the job interview. You don't notice it all the time because of the positive mood you are in at the time. You are so enthusiastic about working closer to home that you don't even realise that your enthusiasm is overflowing! The result is that you get a plus where there should be a minus (i.e. less enthusiasm). In your combination of plus and minus

a polarity is affected by your luck. This affected a key moment in the job interview. An example: you want to do well, but things don't work out. Part of your plus or minus clashes with the employer's instead of attracting him.

Another example I give is that of divorce. Suppose you are married (plus), but you are unhappy (minus) and all your pluses become minuses. Then you meet someone who makes you happier (plus). After a few months, the other person asks to live together. Before that- you have to get a divorce first (minus), but you want to do everything for the other person (plus). A difficult divorce begins (minus). After some time, the divorce is final and you can live a happy married life for many years (plus). Wonderful story, isn't it? If only it was always like this. If you look at the whole story, you will see that sometimes they go back and forth between positive and negative situations and they keep attracting each other. So, depending on which feeling prevails, you may or may not notice that you are going through different polarities.

I conclude that your whole life is a transition of a situation or feeling from one pole to another. An alternation of positive and negative.



9. Influences within relationships

So far, I have talked about influences on your choices. The choice of a larger group of people has a greater influence on your final choice. Therefore, the greater the influence and mass, the greater the influence on you personally. Still, something can be the deciding factor. This is something I mentioned at the beginning: passion. Love for something or someone. Doesn't that sound familiar? Something stronger than the great outside influence.

*Love is blind and can make you
do crazy things.*

Introduce this in my experience and see how it compares to standard values. Look it up in the dictionary: a feeling of liking a person or enjoying something. Okay, when you watch a dating show, or when they put two people together in reality shows, they often notice what they have in common.

Oh, he loves cars and so do I, oh, I have so much in common with him.

What is wrong with that? The fact that they have things in common is wrong or can also be right, depending on their choices. They focus so much on these commonalities that when they finally realise that these commonalities are not important, they then separate.

Thus, equal poles repel each other, while opposite poles attract each other.

So yes, we both like cars. But he prefers BMW cars and I prefer Audi cars. In the end, he doesn't have much in common with me.

That's what makes good reality TV. Couples start arguing about what they have in common. If they are lucky, the experts point out to these couples that they should actually look at the things they don't have in common. Then see if there is an opposite for these non-common things. This kind of programme is based on argument and inequality. It is not based on forming pairs. The des- able have great influence on this. Just look if you hold two magnets with the same pole against each other. This is where friction forms. You can compare friction with quarrelling.

There is also an influence of commonality outside reality TV. Even the dictionary meaning pushes you towards it: 'an equal- worthy feeling for something or someone'. This is the dictionary definition of love. Strange that it is reinforced here. As said, perception can go both ways.

The dictionary doesn't really help with true love. The question does not even arise why so many couples in these television programmes break up so quickly. Why only a small percentage stay together for a long time, even for life. Truly everything encourages divorce. As if love is far- offered, or hidden.

Now if you look into spirituality, it is called soulmates. Again, I think the meaning is wrong: A person who thinks and feels like you. The word doesn't even exist in the dictionary, but you can find it on our friend Google. Again, the definition pushes you in the direction of saying that equal poles attract each other. But this is not the case. You are taking a lot of truth for granted:

I love nature, so my ideal soulmate or mate must also love nature. I need to surround myself with people who appreciate nature.

If everything else since creation is based on the fact that opposites attract, why should the rule be different when looking for a soul mate? Because it is not! It is just one meaning of a word that has been accepted throughout history and then adopted by the majority as a general meaning. It is always the same.

Feeling in love is good, so hold on to that good feeling. But again, no one is talking about the negative part, which you have to go through before you find your soul mate. If you use the word soul mate, you can do much more with that. The word itself is the solution. The feeling of the word, gives you an idea to look for your other half. Find the half that makes you complete. That's wonderful, isn't it? But not many people think about it.

Yin would be nothing without Yang? It would become yang, yang.

Light would be nothing without darkness? It would become light, light

You see it lacks meaning. The meaning of the word is also ver- versed. What does love mean to you? From experience, I have learnt that my soul mate is the opposite of me. This means you have to know yourself first.

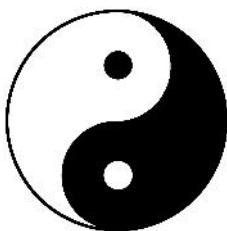
*Know who YOU are! Observe
YOURSELF first, not others.*

What do I like? Where do my passions lie? If you have an answer to this, look for the opposite. All this is, of course, in an ideal world. If you have minus on all points and the other person has plus on wer- kally all points, yes, that person is your soul mate. You also know that it is usually unlikely that you will actually have all the right

combinations. Through this influence meaning, you have learnt that you must have identical points to live with your ideal partner. But, your ideal partner will out- finally always think the opposite of what you think. Now imagine that you don't have to think that you have to have the same interests to be a couple, but that your partner might assume that. Is that a bad thing? No, absolutely not. If you add my idea of magnetism to the mix, there should be more opposites than seems. There is a reason why they say:

Wait for the unexpected.

And not: expecting what is expected of you or a couple. This opposition of one to the other, brings you closer to the other, creating in fact a symbiosis: The coexistence of different organisms for mutual benefit. You complement each other. What you lack, the other complements. Together, you form a cell with pluses and minuses, or if you like, yin and yang.



Does life become rosy if you follow this idea of looking for your opposite?

No, you will still have to go through these negative choices. But, like the job interview, these will make it seem like they will pass more quickly or positively. Do or do not assume that what worked for me will also work for you. Again, it is my

perception, my choices that led me to write this now. For example, if you find that you always make the same choices of partners and keep breaking up, try the opposite of what you always do. Choose someone outside your usual circle. Someone completely opposite to you. And see how it goes.

It is just a choice and like any negative choice, only a positive choice can follow. After the rain comes the sun. Try it, you really have nothing to lose.

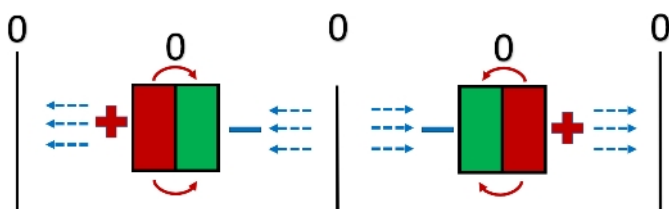
Since the topic is very topical in my circle, I will also dissect the interaction of the poles, between divorced parents and their children.

When do you leave someone?

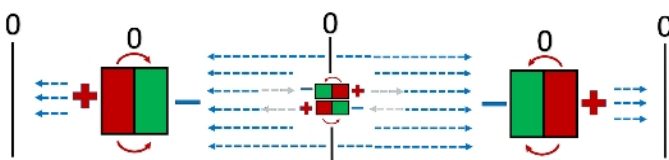
Literally when most poles repel each other. When you are no longer attracted to the other person, physically, mentally or through a combination of different traits. When the poles no longer attract but repel each other. Therefore: plus, plus or minus, minus (it depends on the atmosphere, in which you are).

You yourself, as in my example of changing jobs or in this case your current partner, can have a big impact on the divorce. A new person comes into your life. This person has more pull and becomes your great love. You don't even notice that you are separating from the other person. Love is a very powerful influence, as you have seen. But be careful, it can also be a less powerful influence. For example: both of you are tired of living in this quarrel and want to get rid of it. So again, it depends on many choices. So again, it's certainly not just about polarity, but also about influence. Is it more positive or more negative? I continue the before picture. The most logical thing now is: you break up. The major influence is

negative. Moreover, you have been through a conflictual divorce and all this has personally put you in a very negative mood, so you change your polarity from plus to minus. Unless, as in my example, you are infatuated with your new partner, which would keep you in the positive. But, in this case, that is absolutely not the case. The atmosphere between the two of you is negative. Now take two magnets with the same pole and try to keep them together. You won't succeed. You can try to push them together with an external force. But they will keep moving apart. Energy is created in this force field.



In this case, negatively charged energy. Now imagine placing another magnet between these two magnets, a magnet with a weaker magnetic field than the one between you.



You could then say that automatically the positive pole of the child is attracted to one or the other negative pole of one of the parents. Yes and no. Influence is very important here. If both parents have more or less the same negative attitude towards each other. That is, if they hate each other equally, the child will literally stay in the middle. He will be left to right

swayed. So the child's positive pole will be alternately attracted by the negative pole of the first parent and by the negative pole of the other parent. In other words, it will depend on who attracts it more strongly, and the child will not know exactly which way to go. It will be the same for magnets placed between two strong magnetic fields, they will rotate from right to left and from left to right. As you can see here, there is no solution for the child. There is movement, yes, but it is stationary movement, so to speak. You could say the child is pedalling on the spot.

How do you give the child room to move?

By unbalancing the magnetic field. What you need to do is actually the opposite of what your head is telling you to do. Your head will tell you to fight for your child, to do everything in your power to get him or her to join you. This is your ego speaking. You want to own your child, you don't want to help him. At that moment, you have to let go of the child. By turning your minus into plus. I am not saying that you have to feel attracted to your ex-partner again or that you have to let go of your child overnight. No, I'm talking about that zero line, the neutrality.

The line between the positive and negative poles.

A very narrow line that allows the magnetic field to vary. So let's assume that everyone starts at 100% in the negative, i.e. an impressed negative field that is equal on both sides. The child is in the middle, at standstill. He turns from left to right, but cannot choose sides. What could cause a change of polarity, for example, is telling your child to stay an extra day with the other partner, that the other partner is good for him

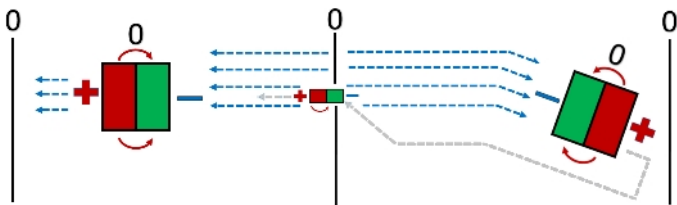
cares. This is where feeling is very important. Put your own ego aside for a moment and look at what the other parent is doing right. In this case: who takes good care of your child. Thus, you choose to reduce your negative field against your partner: on the other side, it is still 100%. On your side, it is now at 80%.

The negative magnetic field is lowered and the child will feel more attracted to the other parent in this case. In your mind, it now seems like you are losing your child to the other parent. In reality, you have now created a space for your child to breathe better, by weakening the repulsive magnetic field. Your child can literally start moving. Not towards you of course, but he moves and there is 20% less repulsive force.

At the same time, the positive pole of the child is attracted to the negative pole of the other parent (who remains a huge outside influence). On your side, something has also changed. There is still a negative, and therefore repulsive, force opposite that of the other partner.

However, 20% of this force has become positive. In other words, your 20% positive pole also begins to attract the child's negative pole. At the moment, it is not yet as strong as the force exerted by the other partner. Yet a new magnetic field has been created right there, with a positive influence. Remember: plus is everything, minus is nothing. In my perception, energy always goes from plus to minus.

So in my acquired perception, the plus has a much stronger influence than the minus. Even though in your mind it is the opposite. You could also say that you give 20% love to the other parent. I use the word love, in the sense that love is more powerful than hate.



Now the other parent feels omnipotent. He has won the child's love and thinks he has great influence over him. In reality, he loses influence by this action. He thinks he is still 100% powerful, and this is really his perception.

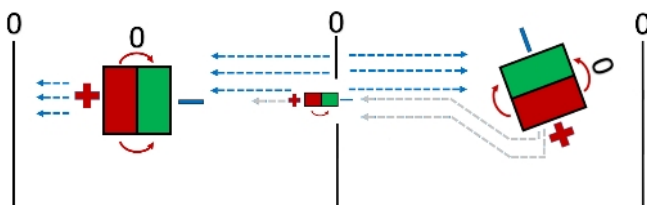
In the child's perception, this is no longer the case. The other parent's power of attraction will be only 80% and yours 20%. The child and its magnetic field are aware of this. For example, the child feels better because you are no longer so negative when talking about the other partner. But most of the magnetic pull will be in the child's subconscious.

That's fine. I'll go one step further. Suppose you say the extra day with the other parent was just right and your child came back happier than usual afterwards.

Okay. Now you decide that the child can stay with the other parent for a week during the Christmas holidays. (Again, this is an example, it could be any positive action.) Now suppose you lower your negative polarity to 60%. What happens between the two parent magnets? Exactly the same as before.

Suppose the other parent does not notice anything and still thinks he is at 100%, but you have let go and your positive field has now increased to 40%. Now the opposite magnetic field is even weaker.

The child, with its own magnetic field, has more and more room to move.



Here, he feels even more attracted to the other parent because the negative magnetic field you have created together is still strong. In fact, the child now has more room to breathe. 60% negative attraction to the other parent and 40% positive attraction to you.

So the other parent is still in its negative sphere. It is 60% negativity that will attract the child's positive poles. You attract the negative poles with 40% positive force.

The other parent begins to notice something, for example by seeing the child's ge- drag. Or by noticing that the child often talks about you in a positive way and starts talking about memories they had together.

The other parent still thinks he or she is pulling the child to his or her side with 100% force. By now, however, this has diminished considerably. Such subtle hints!

Remember, the child will always be strongly influenced by the other parent. But, the love you give to your child by letting go and the love you give to your ex-partner is, in my experience, stronger

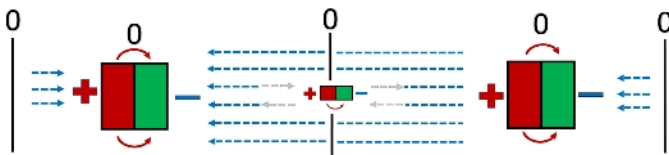
than hatred. The child will therefore want to do good, for everyone, with greater influence on the other parent at the moment.

I hope you have already understood what is going on here. Be careful, most of the time you don't create this consciously. It is by changing your mindset towards the ex-partner that you achieve this. Now watch what happens when you just cross the neutral line. You consciously free the child even more from the negative relationship between you and the other parent. By freeing him/her in this way, your positive attraction power is now 51%.

Another example would be that the child stays with the other parent for a whole month. The heavy force of opposition that was present now dissipates. The child now has much more room to breathe. In the child's perception, the other parent is now only 49% attractive, but this time the magnetic field has changed, thanks to you. It is no longer repulsive, but attractive. Just like in a 'nor- male' relationship.

However, the love is transformed into respect between the two of you. The child will balance and lean slightly towards you, thanks to the power of attraction. If you want to include it in the example: the child begins to miss your presence. He still loves the other parent, but it is limited to 49%. He starts to feel your 51% positiveness.

The other parent will start to perceive these conscious signals from your child and cannot help but in turn reduce his negative field. He thought he was always the one who attracted and won your child the most. In reality, he was losing the child. The child feels a balance between the two of you again, even though you no longer have a relationship.



Remember, a child is created from a woman's egg and a man's sperm. A mixture of both. The ideal ratio would be 50% male and 50% female. You know this will never be the case in most cases. Genetically, the child will always lean more to one side than the other. You can play with this field by creating influences. The child will always want to stay as balanced as possible. One day on one side and the other day on the other.

With planets, it is exactly the same. They will gently want to stay in their orbit because of the attraction. But sometimes an influence from outside will change their orbit slightly. This is the same process as with children, but on a much larger scale. Now the question of how to do it in practice:

*Change your perception from 100%
to zero the zero point.*

By literally doing the opposite of what has been taught. But, without attacking your personal choices. If two men- sen break up, they don't have to hate each other 100%. They can remain friends or meet once a month at a neutral place. You can call the other or keep in touch through the children. Another example is to give the children a back-and-forth book so that they can keep each other in touch. Again, these are just examples, the possibilities are endless. Remember: don't try to change the other person,

Change your own mindset.

This is what will bring about change. If you try to transform the other person, you will actually reinforce their repulsive field and their hatred towards you. The child will be the victim. He will not know who to choose, with all the consequences. It is so simple that no one sees it. Look at the way two magnets behave. You could even buy electromagnets yourself to check it out. Don't rely on the meaning of the word divorce without really understanding it. The word itself has a negative impact. Literally: separating two magnets so that they repel each other. In other words: changing polarity. No matter how much influence it has on you. You see, you create the same effect as those reality TV shows. Frustrations, arguments ... and that's it. You create sparks through the friction of the two identical poles. Together, you are a source of negative energy. The solution is therefore simple, I repeat:

Do the opposite of what you usually do.

Let's see if everything I've talked about so far can be related. Actually, I've already done that, but maybe you haven't noticed. You are born and you die. In between, you make choices that affect your life. How you feel about those choices determines the outcome. You don't always see the choices you make, because you don't always see the feeling behind the choice. Above all, there are dominant outside influences that mask the opposite feeling, but still attract it. In turn, your personal choice is influenced by external factors and the feeling behind it. Therefore, the feeling behind that choice may or may not change. This feeling can affect you positively or negatively. The good news is that you have control over these choices. Then there are influences you don't

can change. The choices made for you, by your predecessors. These determine first of all the choices and feelings that are passed on in your cells, and then what becomes your initial feeling or polarity that will affect your life. These choices are also made by society as you know it. They have determined which feeling goes with which choice to arrive at an idea of perception of oneness. Even though they are just habits, you accept them because they are partly in your cells and are repeated throughout your life. So you accept them as a positive feeling or a negative feeling. All this influences the next choice you make in your life, as well as the sense of departure you leave to your children.

You choose accordingly whether the next step will have a positive or negative feel. If you have been able to follow what you have read so far, you have the basis for what is yet to follow.



10. Your perception of creation and evolution

You have seen what happens on your life path. A succession of positive and negative choices you make. Each path leads somewhere else. Yet you see only one perception and that is your current perception. You follow a specific path and you don't see that there are countless other paths taken by other people. You accept only one truth as yours and criticise or judge other truths. Now put everything you have seen, everything you have learnt so far, into the story of the origin of the universe and its evolution. Since you don't spend every moment of the day on this topic, I will use several stories.

At first there was nothing, nothing at all. As far as the eye could see, there was nothing. Mr Pastor, a question? So there was nothing at all?

This is the beginning of a skit by Urban (a Flemish comedian) when the pastor told the creation story. Take the Bible for a moment:

In the book of Genesis 1:1

In the beginning, God created the heavens and the earth.

Now look at the Big Bang in Physics. I take the text I found on a timeline on the website urania.be:

According to most physicists, the universe was created 13.8 billion years ago, when from a single point space and time began to expand after an indescribable explosion of energy.

Okay, they are frankly two different perceptions, but they deal with the same subject, namely the origin of the universe. Some people will find the first version appealing and others

the second, for others it will be of no interest, and still others will be fascinated by both versions.

Take first the history of religion. God created heaven and earth. OK, it seems to me that a piece of history is missing here. So why in Urban's skit say there was nothing? Simple, there was God. God is the nothingness and at the same time the whole. You can find this in the book of Revelations:

Revelation 1:8:

I am the Alpha and the Omega, the beginning and the end, says the Lord, who is and who was and who is to come, the Almighty.

So even though in my experience it sounds like megalomania, what is being said here is: there was God and he is therefore the beginning and the end. If you put my plus and minus in this story and the feeling behind the words, you get the following: you see here that the words 'alpha', 'beginning' and 'who was' give a negative feeling and the words: 'Omega', 'end' and 'comes to give' give a positive feeling. For they represent movement in the general sense of words. Then it stops at 'Almighty', 'God' and 'Lord'. In the cell called God, there is something positive and something negative at the same time.

Doesn't this remind you of something I wrote earlier? The de-emergence of a baby? We have the man's sperm which, as you have seen, is considered negative and the woman's egg which is considered positive. These fuse together and become a cell.

So again, there is a positively and negatively charged particle that forms a unity, and that is God.

A little anecdote: the lines I quote from the Bible are in the first book, which is Genesis, and the last book, Apocalypse. You need the end of the Bible (plus) to know how the Bible begins (minus) and you need the beginning of the book of Revelation (minus) to know how to get to the book of Genesis (plus): plus, minus, minus, plus. You will find the beginning of creation at the end of the Bible. Then go back to the beginning of the Bible to discover the rest of the story.

Again, opposite poles are attracted by each other, by the other stories in the Bible. Again, this is my observation. Be- look at the first line a bit more extensively. Also, you have God and he created heaven and earth. Perfect, there we go again. Heaven is above, so that is positive. Earth is negative, because it is down. I've said that before, but I'll say it again. Look at the whole sentence:

In the beginning God created the heavens and the earth

God is simultaneously plus and minus in a unit, like the original cell. Then there is the word created, which has a positive meaning: to set something in motion. Thus, heaven and earth are ultimately created by this unity, with God dividing because he wants to create, i.e. evolve. So, the first cell divides and recreates a separate entity that has a positive meaning, the heaven. And, a separate negatively charged entity, the earth.

How were heaven and earth created?

By the energy released when God divided himself to create. So here you have two lines from the Bible that are, exactly the same as the first stage of a baby's formation. The desire to create or develop causes some things to come together and others to diverge, and this process repeats itself. The further you go in the Bible

goes, the more stories you find about repulsion and attraction. Even the line in Revelation is exactly the same, but in reverse:

I am the Alpha and the Omega, the beginning and the end, says the Lord, who is, who was, who is to come, the Almighty.

Thus, we go from two separate units of plus and minus to one unit. In which the Almighty unites the plus and the minus. Now dissect with me the scientific side: the big bang:

According to most physicists, the universe was created 13.8 billion years ago, when from a single point space and time began to expand after an indescribable explosion of energy.

Personally, I find this version easier. What is said here is that it is like the Bible: a general truth. That's why there are still people who don't believe it or refuse to accept it because of other truths.

Everything started with a point in black space and everything was created after a big explosion.

OK, so you have the single point in space. You can assume that that single point was positively charged. That it literally contained all the information needed to create the universe! Therefore, this point began to move in this space. This movement created energy for the creation of a new cell with the same polarity as this point. A positive polarity.

What do you know about the same two poles?

If you hold two magnets with the same pole against each other, they will repel each other and you will never be able to stick them together. If you hold a

stronger force than these magnets, you can hold them together, but they will never stick if you remove the force. Now imagine two magnets that have phenomenal power. But they are small. You could get an idea of what was happening in that atom, particle or cell at that moment. It doesn't really matter what you call it. In that cell, again, there was a will to grow, to evolve, a will to move. I take back my first cell with my plus and minus wanting to move.

What happens to this first cell?

Exactly the same as before. At this point in space, there is a plus and a minus that are multiplied by the force of motion. They become two pluses and two minuses, repelling each other so strongly that the word explosion or expansion can be used. The forces or energy of these opposite poles could not be stopped. Therefore, you again have a cell that divides and duplicates. This undergoes the same process as in the creation of a child or in the Bible.

So you can conclude that both cases involve the same process. But on a larger scale and with different words. Moreover, it is known so far that the universe is the largest matter and that humanity is in fact between the largest and smallest piece of the universe. As I say, size is irrelevant. The process of plus and minus or repulsion and attraction is the same.

In both stories, the Bible or physics, there was a choice over which you apparently had no control. Or maybe you did, who's to say. The choice was to evolve, it was a positive choice. If that choice had not existed, things would have been very different here. In my experience, only now can you see how since the beginning of everything

evolved. You know part of it, but even that part is just some people's perception.

All I want to do now is to make it clear to you that no matter how big something is, it starts the same and evolves in the same way. Imagine that this point in space, instead of exploding, imploded and that, to make a baby, the egg and sperm do not fuse into one cell. Instead, they develop independently of each other. Then everything would have been different. Again, this is not the case in my observation, but that does not mean that the elders do not exist. The choices and combinations in the universe are on- finite. A final example: the grass, yes the grass that grows in your garden. You sow the seed (plus and minus). The seed opens (plus), you cut the grass (minus). It grows back (plus). However, I am writing here part of the possible life path of a blade of grass. For the rest, I can only ask you to look for more examples yourself. If you need them. All- les that is, is constructed that way. Therefore, by everything that is I mean everything that has existed from the first cell of creation to the end of the universe.

Magnetism in motion produces energy.

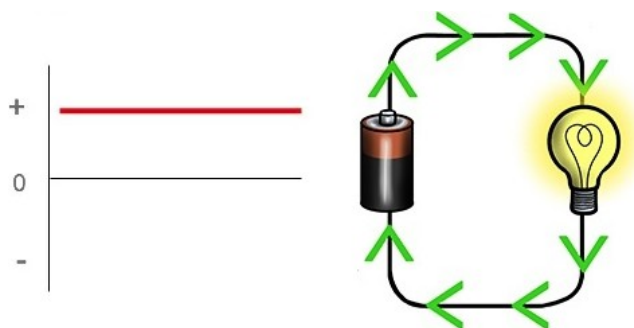
From my point of view, you have seen that it takes a positive feeling or will to evolve, i.e. to create plus, minus, plus, minus, plus. Otherwise, a cell would remain a cell, plain and simple. But everything moves, even if you don't notice it. Always this movement from plus to minus and from minus to plus.

Where else do we see this movement?

In electricity. First of all, direct current or DC. Why is it called that? Because the cells that generate the current come directly from the

positive pole to the negative pole. After a chemical process, these cells recharge and the process starts again.

Again, there is that attraction force and that force creates movement and thanks to that movement, the particles rubbing against each other create millions of tiny sparks that then produce energy. You can compare it to a balloon that you rub against your head and it produces sparks.



The premise is the same, the amount of energy is of course less with the balloon. So you can say that direct current is only positively charged, but never negatively charged. The negative part is the chemical process. But because of this, this chemical reaction, as we see in a battery, is limited. When the battery is empty, the positive energy stops.

Positive particles stick to negative particles. The same happens in the creation of humans and the universe. After repulsion, positive and negative particles are created again. So we can say that within a battery, a kind of creation takes place and there is also an end point to the ramifications of this creation. For this battery

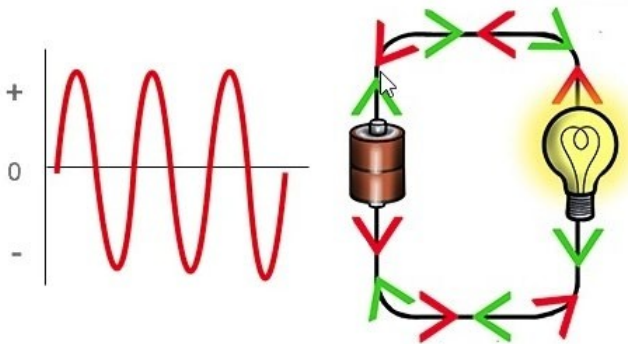
empties itself. If you want to know in detail how it works, just google how a battery works.

You also have alternating current. Known as AC.

What is the difference between direct current and alternating current?

In a battery, there is a plus and a minus pole, so energy moves from plus to minus and back to plus through this chemical process. In alternating current, the poles are constantly changing.

In our case, we are talking about polarity changing fifty times per seconde (50 Hz). So plus becomes minus and minus becomes plus. This happens 50 times in one second and this cycle repeats endlessly.



Again, if you want to know in detail how it works, Google: simple explanation of how AC works. For the links I am about to create, you only need to know the basics.

What do you know about matter?

It only takes one cell and two particles of equal charge to create this repulsive energy. You saw it in the creation of man

and the universe. It is the same principle of repulsion and attraction.

For example, how is a piece of metal made? A metal cell charged with plus and minus is set in motion by human action. Doubling of polarity then occurs again, creating a repulsive energy that starts to attract other metal cells that do exactly the same. This happens in a pool of molten metal. All these metal cells are held together in a form until there is no more room. So again, this involves millions of cells that attract and repel each other. Moreover, they all stick around this first cell. This first cell, just like in the wiper current, changes polarity. Moreover, it then literally attracts particles, positive or negative, with every chemistry by constantly changing polarity. So the metal has to be hot to be treated. The perception of the liquid is simply the attraction and repulsion of all these distributed cells around the core. The heat comes from the movement, i.e. the energy created by the friction of the cells against each other. In an ideal environment, the metal would remain in liquid form, as in a volcano, for example.

Here there is an intervention of an external factor by the will of a man who wants a piece of carbide. This external factor becomes the pouring of water to cool down the metal. Will this stop the process? Yes, it will stop cell division. The nucleus will also stop changing polarity. Eventually, only opposite poles will attract each other, and thus stick together, creating the metal block.

Same as when you want to go from AC to DC. This is my general perception of how metal is on the earth's surface. Because of these external factors, such as air temperature, metal can be here on the

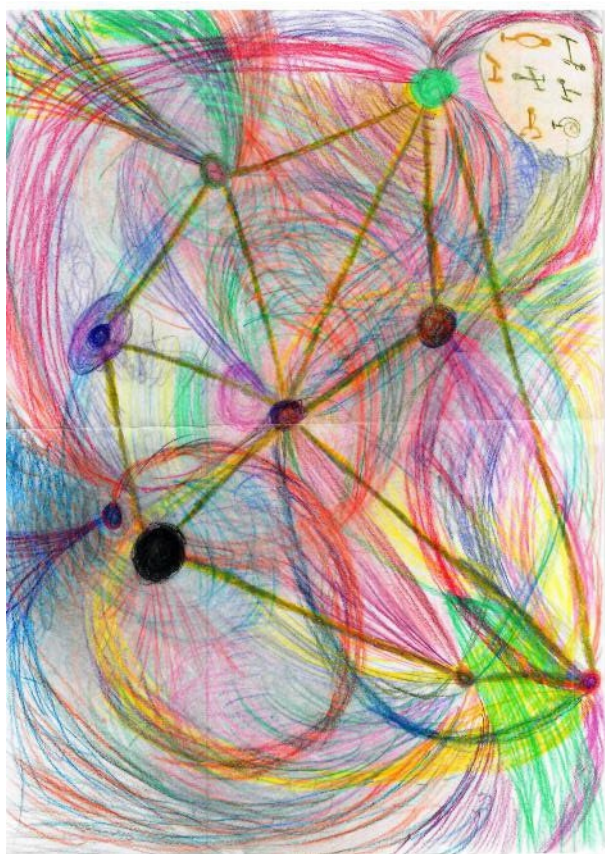
Earth's surface will only harden or be present in cooled form. Only in hot environments will it be present in liquid form. Such as in volcanoes or under the earth's crust or due to human influence.

To summarise: you have my story of plus and minus repelling and attracting each other. This creates movement. To create matter, you need this energy and a beginning cell, nucleus or whatever you want to call it. Through the movement of repulsion and attraction, particles start dancing around an initial cell. They are attracted and repelled at a certain speed called frequency. The speed of this dance depends on the material it is made of. So you can go from a slow rhythm to a dancing rhythm. Depending on the environment, this material can exist in a certain state, for example liquid, gas or solid.

One interesting fact I found: in principle, matter and energy are identical. So matter can also be created from energy. You start with a lot of energy, which is then converted into a little matter. How much energy is needed for this? For this, I refer you to Einstein's formula: $E = mc^2$. Notice that you see the opposite of what I explain here. I assume we already had one cell of matter. Here we start from zero cells (minus) and make new matter (minus) thanks to energy (plus). Why minus? Because, in my perception, matter does not move. A block of metal cannot fly away. To find out more, google: Where does matter come from. Now you understand what Urban's skit says. That there was nothing at all! Everything started from energy. Whereas in physics, everything started from a point. It's strange how words can change the course of a story. But in reality, the story is the same.

I cannot say this enough. It is my perception of how I would explain something in order to understand it. So it is quite possible that a

other finds it incorrect or incomplete. That is normal, that is their perception and that is okay. Everyone sees it in a different way and explains it in a different way. What I do is explain something in a context that can be explained with plus or minus. Even if I use different words, I always give the same explanation, plus and, or minus. Test this with examples from your life, or rather experiences you have had. You will see, here too you will be surprised, or not.



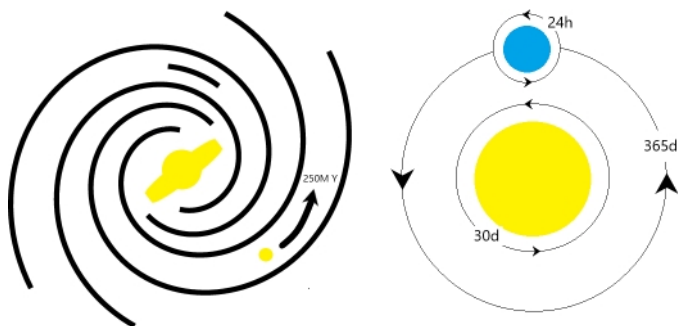
11. Electromagnetism and man versus the universe

After this purely theoretical topic on magnets and matter, I will move on to something more fun. I am mixing everything we have already seen. So you have imagined a nucleus of matter as an initial cell with my pluses and minuses. Energy then creates matter. This is according to our friend Einstein's formula.

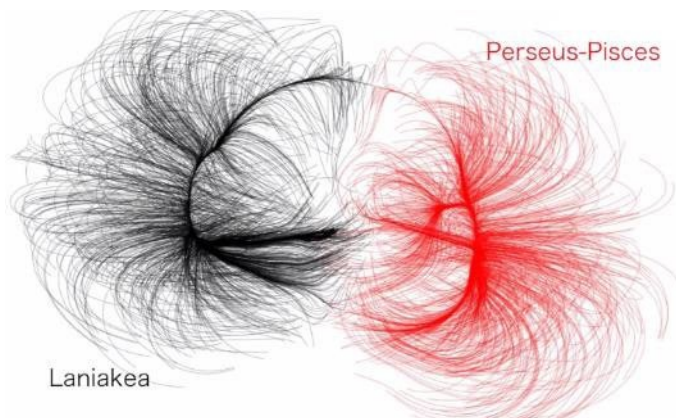
You have seen that life arises from an original cell filled with a plus and a minus. From this, by division, another cell then arises. This cell divides again and attracts.

Where does this primary energy, which triggers this movement, come from?

You know that everything is in motion. The earth revolves around itself in 24 hours and around the sun in 365 days. The sun revolves around itself in about 30 days. The solar system travels through the galaxy at a speed of about 800,000 km per hour and takes about 250 million years to orbit the Milky Way's central sun.



This means that the solar system has made about 18 complete orbits since its creation about 4.5 trillion years ago. Ha, ha, I would then say that humans are not as central to the universe as people may think. I go one step further. The Milky Way is also part of the Laniakea supercluster, which in turn revolves around another huge mass called the great attractor. That's all humanity knows at the moment.



I've said this before, but I like this idea: imagine if you had had a minus instead of a plus at the beginning of the creation of all this. Then everything would have been very different. At the time of the Big Bang, the first cell might as well have imploded instead of exploded. It is just one choice that would have brought about this change. Yet, imagine the opposite of this. The bigger the original idea, the harder it is to imagine all this. I come back to the solar system. It is already big enough.

Which celestial body was there first?

Do you think it's the sun? You can check if you want. According to one estimate, the sun would be 4.5 trillion years old. Funny as it is, we- t scientists estimate that Earth and Mars are also about 4.5 trillion

years old. So the solar system would be about 4.5 trillion years old. Standard truths believe this. Again, this is only the perception of a handful of scientists.

The big bang, i.e. this explosion, would have created everything at the same time. So the solar system would also have been created overnight. First there was nothing and then suddenly there was everything. Again, this is just an idea, an observation of some people. These ideas were repeated by a large mass of people. The reason why this was eventually accepted as standard truth.

In the solar system, however, the planets are different. Even the sun, which is the largest celestial body, has the same age as all other celestial bodies.

How is it possible that all celestial bodies have the same age?

You got it! Choices. Just as humans are unique, so are planets. Depending on the plus or minus choices they made, they evolved faster (plus) or slower (minus). Depending on their choices 4.5 trillion years ago, they became what they are today, and their usefulness was determined.

Scientists say, for example, that Mars had water before Earth and that Venus may have water in the future. All choices, relative to you, are made on a much larger scale. Again, there are outside influences.

What materials did they use in their creation?

You could say that certain choices of earth made human life possible, here and now. Or when the Big Bang took place, only certain materials were projected this way.

Moreover, you can find in the Mendeliev table which materials, from- from the original cell, arrived at your place. I repeat, materials we know.

On Mars, there may still be unknown substances that were spewed out 4.5 trillion years ago but never reached Earth. Thanks to this life cycle of Earth, there are now nearly eight billion people on Earth and none on Mars according to my observation.

Therefore, can the earth be considered human?

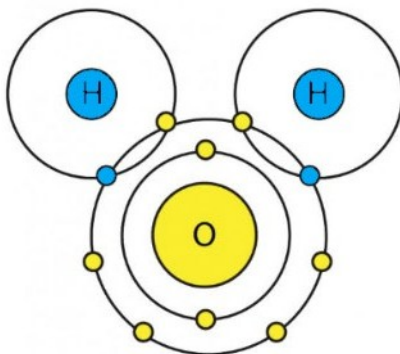
Man is in motion and constantly making choices. It is also influenced by the outside world. You can find traces of this in spirituality and antiquity. We talk about people seeing the earth as a living being. Gaïa is the first name that comes to mind, but there are more.

You could say that the earth was de- formed in a similar way. A positively and negatively charged cell of all matter you know (according to Mendeliev's table) that was attracted and repelled. A primary nucleus where matter began to fly and stick together, forming, for example: water and earth. The scale and matter are different, but the genesis is the same.

You can compare physics to religion. Physics, however, goes into detail and religion, tells a simple story that everyone understands. This is what I'm talking about: H₂O (a water molecule). The H and O cells are plus and the particles surrounding them are minus. Exactly the same process as the creation of the universe and the creation of a baby, but explained in a different way.

You could even compare some parts: you could think of the earth's crust as the skin, the centre of the nucleus as the primary cell

Where the expansion started, a volcano like a pimple on the skin. A mountain like a breast, etc.



In spirituality, the earth is even seen as female ♀ or ⊕ . Mars as male, by the Romans. Even the sign of Mars is masculine

♂. Then there is Venus and it is also feminine like the earth ♀. This is again a perception. Another sees something different or distinguishes the verge-

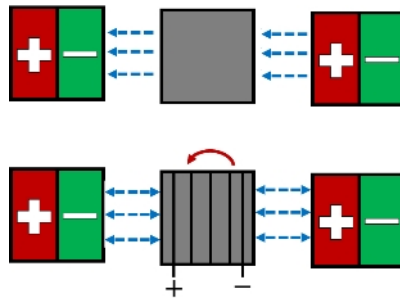
likeness at all. Again, this is not important. You take what you need.

Now you are adding physical magnetism to my story. You had already seen magnetism as a feeling, now it is seen as a physical concept. You have already established that the earth and man started from an original cell, particle, whatever you want to call it. In my dance of repulsion and attraction, the cells were divided. The energy then released created new cells. You learnt this from Einstein.

These elements were divided, repelled and attracted. Everything was created this way, both earth and man. In both cases with the help of external factors.

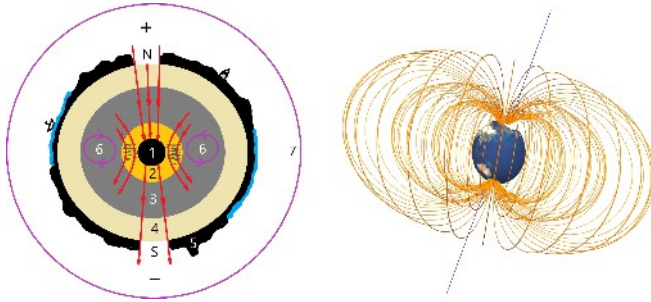
What do you know about an electromagnet?

You have a core rotating between two opposing magnetic poles. The speed of the nucleus is controlled by the energy put into it. More energy means more speed. The speed is also called the frequency. The frequency is the number of times the polarity changes per second. As the core moves, the polarity can therefore change. With a normal magnet, the polarity cannot change. This is again similar to AC and DC current. If you hold a metal core between two magnets, it just sticks to the two poles but cannot move.



What did I say about the earth and people? That this movement started with the first division of the plus and minus and that this movement created energy to make new cells! Now stick these two stories together. They are the same, aren't they? Again, they are built differently. Of different material and size. But the way they evolve or move is the same.

Similarly, you can explain how your skin sticks to you or how the earth remains a sphere or rather remains an oval. From within, matter literally keeps dancing around the core, around this original cell. A dance of attraction and repulsion with a certain speed, a certain frequency.



Legend:

1. Solid core, 2. Liquid core, 3. Mantle, 4. Lithosphere, 5. Earth's crust

But that is not all. There are also external factors. For the sun (plus), it is precisely space that pushes the earth back. Space (minus) makes sure everything stays in place. Because of the speed at which everything rotates, as established earlier. There is also an external force of repulsion and attraction. The sun is the largest mass in the solar system and everything revolves around it. It is also a balance between attraction and repulsion. Imagine what would happen if many pluses and minuses changed in the process. The Earth could go out of orbit or collapse.

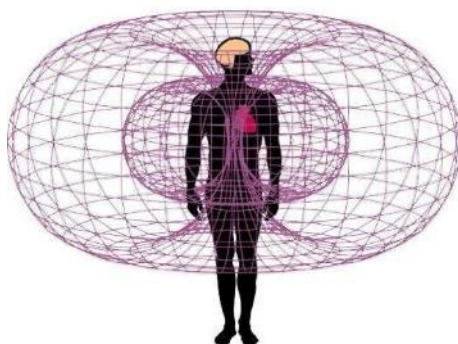
A wonderful film explains this eventuality in which the earth's electromagnet stops moving. It is the film: *The Core*. Or another (perceived) scenario in which Earth is threatened by an expanding sun. People then build engines on Earth and displace Earth from its solar system. *The Wandering Earth* is the title. All observations are possible and a single choice on our part or that of the earth could make the difference between order and chaos in the universe. In my perception, no such change has yet taken place.

What about humans? You could see that the way a baby is built is the same as the way an electromagnet is built, the same as the way the earth is built, and actually the same for everything else. Everything starts from the same premise, from a certain frequency of attraction and repulsion.

The pluses and minuses dance around this first cell and develop thanks to the energy created by this movement. Thus the fetus grows, organs are formed as for the earth, the mountains, the valleys, the sea, the sky. A beautiful balance between repulsion and attraction. If all goes well, it is due to choices and external factors. A child makes choices from birth, and the womb is the external factor that influences it.

Which organ is called the human core?

This is the heart. When it stops beating, the body stops functioning. In spirituality, this is the heart chakra or central chakra. You could say this is where your original cell lies.



Or as some say the soul or if you want to involve computer language: the power supply.

*Follow your heart. Listen to your
intuition.
If your heart stops, you are dead.*

There are many other examples of different perceptions. In the case of Earth, the location of the core is obvious, as it is much larger. Is this the case? The original nucleus attracted matter and repelled matter. Matter started from a cell of plus and minus. So does it float in the centre of the earth's core? Well balanced in the middle? Just because you can't see something doesn't mean it's not there. This too will become clear later. In my perception, the core contains the original cell. A cell filled with a positively and negatively charged part. A cell in motion. Like a cell feeding energy into it and keeping the whole process of division and attraction alive. Logic can then prove it and my feeling confirms it.

Again, perception, perception and perception. Because of my personal choices, I have come to this conclusion. My influences have pushed me in this direction.

There are many similarities here. The life of a human being, both biologically and spiritually, the life of the universe, religion, science, history, computers, medicine, simply on the basis of a 'plus' and a 'minus'. Or, a feeling expressing the 'plus' and the 'minus'. The story around it varies from theme to theme. Depending on perception, it changes with different words and its meaning or feeling. In other words, you have a red line with a different story around it, a different perception.



Of course, I will continue my research. Finally, as I said at the beginning: these are just examples. Not everyone will need all the examples. You can even read this book now and say it's all nonsense. Anything is possible. Again, this is my perception and mine alone. As everyone has their own perception of everything. But, still, there are too many coincidences, for everything to be a coincidence.



12. Electromagnetism and computer science

I briefly mentioned it just now. A comparison between an electromagnet and computers. Why am I doing this now? You'll find out when you read on. This is to keep the suspense going.

The basis of computer science: the binary language. A combination of zero and one that make up a language. This too is a coincidence. Zero has the meaning of nothing or minus and one has the meaning of unity, everything or plus. I sometimes feel like a parrot, repeating myself often. If you glue the zeros and ones together, you can create the next word:

Magnetism

01101101 01100001 01100111 01101110 01100101
0110100
01101001 0110011 01101101 01100101 00100000.

By making certain choices externally influenced by the user, the processor makes choices of zero or one. This choice then forms the word magnetism on your screen. The computer will literally convert what you type into binary. (So that it understands it), because that is its perception. It will then appear on your screen. This process is very fast. A computer chooses the most direct way to go from the keyboard to the screen. This allows it to process everything faster. Again, imagine that the computer looks like a human being. It might then choose a 1 instead of a 0. So again, changing a plus into a minus. In my example:

01101101 01100001 01000111 01101110 01100101
0110100
01101001 0110011 01101101 01100101 00100000

This will be the word 'maGnetism' with a capital G and here I have only changed the nineteenth 'one' to a 'zero'. Imagine that the computer can make different choices and that it can choose the words

70

you

typing on the keyboard changes. Fortunately, this is not the case. In this respect, you could say that the computer is the best version of man.

In my experience, I don't see it that way. A computer has no feelings. A computer only has logic. Indeed, that is what it is made for. Computers are good at logic. Humans are good at a mixture of logic and feelings, as I am doing now. Or pure feeling, as some men- sen think.

Several films have been made about AI (artificial intelligence). That is, intelligent computers that express feelings. I think of Wall-E or I robot. In them, you see these robots making choices that humans would also make. Like in the binary example. They go as far as turning one into zero, just as a human would turn plus into minus.

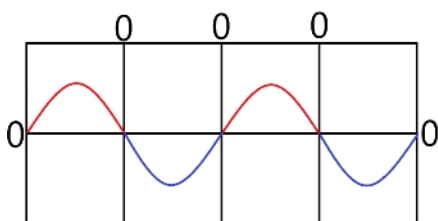
*If I want to make a choice in life, I
have to make the right choices.*

I often hear people say this. No, actually not; bad choices and good choices are both equally valuable choices. The problem is that we have been taught again that a bad choice is negative. Depending on what you choose, you end up in the opposite place to the choice you made in your head. The positives lead you to the negatives and the negatives lead back to the positives.

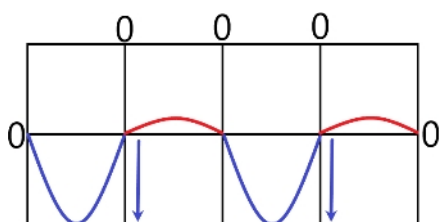
A change in the binary can be interpreted by the computer as totally different and you get a different result on your screen. You can play with this if you google text to binary converter. Then see what results give some changes from zero to one or one to zero. Then project a change you see in your life or in the

universe could make. Then imagine how changing a few pluses or minuses could change your life.

Imagine if you were like a computer, that you could go directly from A to Z. Would your life be so easy then? Would you have fun? No. By taking these detours, you learn every time. If you do something negative or do it with a negative feeling, it results in a positive feeling. Simple, but I prefer to stay in that negative feeling or positive feeling for a long time. After that, I make the right choice. So plus, minus, plus, minus - that would be the easiest way.

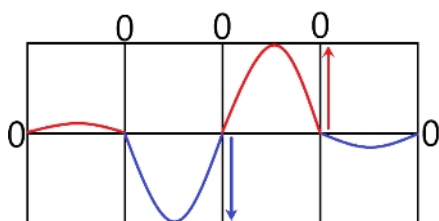


I repeat here again: by choosing a negative path and making the choice to stay in the negative, you do not see that you have experienced anything positive. The word choice is positive because it is a beweging. You don't see it and you could say that the mass or impact of the word, at that moment, is less than the impact of the overall feeling. Yet you have crossed over to the positive. Example: you are in a negative amplitude (minus), you make a choice (plus) and you immediately return to a negative amplitude. The weight of a negative decision seems heavier than a positive decision.



In reality, it's a perception. You think change is hard, that you will never make it and that your life is too hard! But in wer- reality, without knowing it, you have been in the positive. Only the external feeling was too negative for you to perceive it. Your brain is a mixture of logic and feeling. When you mix logic and feeling, everything depends on their balance. Which way will your next choice go? How big will the choice be?

In reality, this is just an idea, a perception. Logically, plus, plus equals minus, minus, but your choices and external factors can unbalance this. Remember, it's all in your head. It's all just calculations. In reality, if you want, you can change the dominant feeling by changing one choice. But this is what seems difficult: wanting to change it.



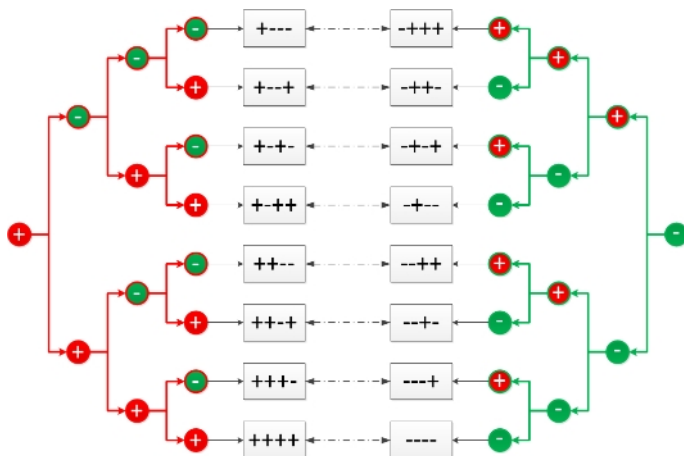
Why do logic (plus) and feeling (minus) do this? Because a computer has no feeling and always reproduces exactly what you say on your keyboard

types. Which is always correct. It is the keyboard user who can make a mistake, not the computer itself.

So a feeling can distort logic. This is sometimes called human error. Here it is not about your feelings or your mind, but their balance. Again, you are human and you are here to gain experience, absorb knowledge, fall and get up again. The reason you make so many choices every day is part of the experience of being born and dying here.

Why do you make so many choices?

For that alpha and omega. I had said it before. At creation, there was a polarity in this cell that knows everything, the plus. All the choices of everything and everyone. Yours is also in this cell. That being so, there is a polarity, which knows nothing, the minus, a blank sheet of paper. A sheet that you can fill in with your choices. Your life path began with nothing. Elsewhere, a life path began with all that is.



Later I will also talk about this. Because if you use logic, then you will say, that when you started with nothing, that this inverted world started with; everything that is. Moreover, you can conclude that they

doing everything the opposite of you. Elsewhere, there will also be a life path doing the exact opposite of you. On the other hand, they are also starting to attract each other. Where do all these science fiction and fantasy stories and films come from? In a way, I think this information comes from the upside-down world. But that's for later.

Now I keep both feet on the ground. For now, we stay in computing. 100% logical, but influenced by a person's balance of logics and feelings. This percentage of the total is then displayed on your screen. If the person is not balanced, the computer will not correct. The computer will display exactly what the user typed. Seeing where AI technology is going, you can imagine that in some time, the computer will correct the user. However, we are not there yet.

Why make a computer to look like a human?

You can simply compare certain components and their usefulness. The processor is the brain of the computer. Without the processor, the machine does not work. Then the hard disk where everything is stored for the long term. RAM memory is used to store software for the short term.

Finally, the most important thing: the computer power supply which is the heart of the computer. Without power, the computer will not work. There are many more examples, but these are the most obvious ones. So why create such a similarity between humans and computers?

If I use logic and look at the evolution of AI (artificial intelligence) today, it is quite possible that within a short period of time a

computer can perform the tasks of a human. The computer does the calculations, the human goes back to basics:

Learning to live again

The story of the film Moonfall is a good example of what can happen. In this film, we see what would go wrong. But things could also go right. Again, it is the writer's choice to create a negative version of this option.

Another possibility is to create a robot with a huge hard disk on which you can store all your information. All your choices are copied and you simply connect to this robot. So this robot, becomes a version of you with your consciousness. The film iRobot, Chappie and actually Avatar are good examples. In Avatar, however, they use biotechnology.

The possibilities are vast and can easily be realised through choices made. As with everything, this is my perception at the time. It is equally possible that something will happen that will disable all technology. This is another topic I will write about soon. That a solar flare with oppositely charged particles turns off all electronics! Or rather, the whole movement between plus and minus would stop.



13. A network of magnetic fields and their influence

In the previous chapter, I talked about binary language. There, you could replace the zero with a minus and the one with a plus. Now I'm going to ask you to close your eyes for a moment after reading this chapter.

Everything you see is matter. So I'm talking about everything tangible. Everything that is. Then imagine all the materials that can have a magnetic field and affect your magnetic field.

Now close your eyes and do it for a while. What do you imagine?

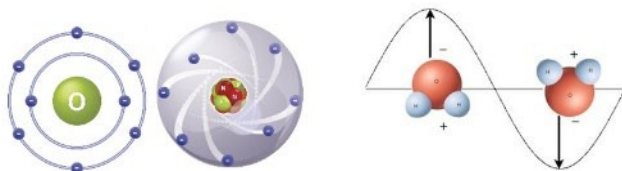
You start with a complete list of electrical devices. If I'm lucky, you add trees, flowers and other nature creatures. In reality, everything tangible has a magnetic field. I am really talking about everything here. Not a single exception.

Everything that is not tangible also has a magnetic field, but in reverse. For example: air, you cannot see it, cannot touch it, and yet it is there. Moreover, on Mendeliev's table, it is represented by O_2 or oxygen. Again, it is a nucleus around which two atoms or cells revolve.

Are this nucleus and these atoms visible?

No, but air exists and it has been scientifically established. Same story here. Tangible or not, everything has a magnetic field. Even if it is defined by a different entity, the principle of the magnetic field remains the same. Cells attract and repel each other. I give the example here of oxygen (O_2) and water (H_2O). See how everything fits into the story. To make a mass of air

the molecules have to attract each other. Of course, they must also repel each other, to make new molecules, which will in turn bond back together.



Take a closer look at this. You have already seen that to create something tangible, you need a primary cell. This is then attracted and repelled. This happens with a certain frequency. As a result, the matter dances around this primary cell. If the movement stops, all the cells disintegrate. Only the original cell then remains.

*Without magnetism you wouldn't
be-*

Nothing would exist. If this movement, this dance did not exist, you would be back to creation: in the beginning there was nothing, nothing at all. Yes, the original cell would be there with that plus and minus, but that's all. It would be immobile and do nothing. Remember, this is just a perception created by logic and feeling.

You can see that even a pen, a piece of fabric or dust you see swirling in the air has a magnetic field. On the other hand, there is an additional aspect. As you have also seen, the bigger the material size of a thing, the bigger the attraction and the bigger the influence of the magnetic field on another piece of matter. I repeat that the sun is not the greatest influence. The sun is the most logical influence for you, because you see it. But remember that every

star you see could also be a sun. So you can already get an idea of the influence you have from outside.

Also from within, if you know what I mean. Just because you don't see something doesn't mean it's not there. Microscopic magnetic fields changing the magnetic fields of your cells one by one. Does this sound familiar? I think the media has done enough lately to make an elephant out of a micro-organism. Sarcastically speaking.

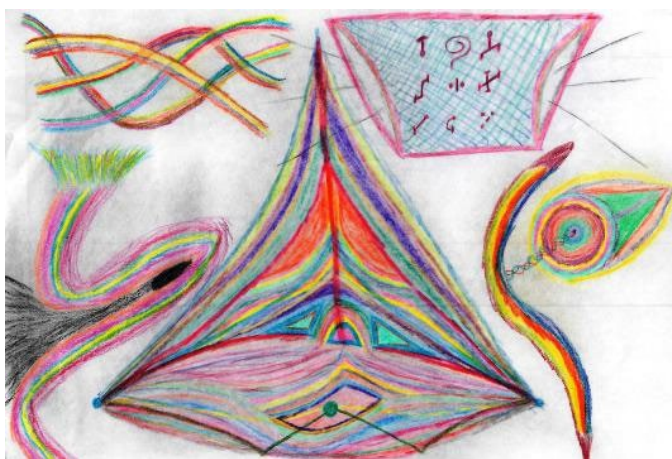
This web of pluses and minuses is also seen in the film Matrix. Neo is blind, but can see exactly where he is. He literally sees the energy that lies between the movement of the plus and the minus. In fact, he sees the soul of matter. Just google the following excerpt: Blind Neo sees the city of machines.



So you see here that the outside influence is actually more important than you thought. You have all the influences that your senses perceive, but you also have those influences that you cannot perceive. Those for which you need instruments, to be able to see them. For this very reason, to make visible what is invisible. The general rule then is that everything affects the pluses and minuses and their combination. The greater the density of matter, the more influence it has on you. But

also on smaller organisms. Again, the sun is not the biggest in-tribute. Just search on YouTube: Comparison of celestial bodies, to get an idea of the sun's actual size.

So honestly, you are not the centre of the universe. Put your ego aside, now that you know that. Sometimes I find it necessary to release my frustration, like now. Because it is my perception of the world, I don't hold back. I repeat that the meaning or feeling of a word is not what you are taught, but how you experience the feeling of the word.



14. The sun is like a human being

You now know that the sun is not your greatest influence. The most famous so far is The Great Attractor. How big is it? Big, huge, gigantic! Scientists try to estimate it, but have a lot of trouble doing so. You can find a lot of information about it via your friend Google. So, once again, it is the largest tangible mass we know of.

Now I am going to concern myself a little with the Milky Way. It is already quite large and, in fact, I am only going to extract the central sun from this Milky Way. So that sun is at the centre and our solar system revolves around it.

Yes, I know it is sometimes difficult to follow what I write, even I sometimes struggle with it. Explaining something simple and taking it out of the con- text, to explain something else, is not always easy to write. But oh well, I do my best.

The sun revolves around this central sun. Our sun, that yellow-red sphere you see from time to time.

*After rain comes sunshine, but
then rain again*

Again, minus, plus, minus applies. So again, you are dealing with the movement of repulsion and attraction. Otherwise, all these celestial bodies would not stay in their orbits.

What do you know about the sun?

It is the largest mass of matter in the solar system that, through attraction and repulsion, makes all celestial bodies such as planets and moons rotate around it. This is what the word gravity means. Does it go around in circles? Not really, rather an ellipse. It is easier to

use the word round and it is also easier to draw. As you have seen, energy is created by the sun's attraction and repulsion on the mass of the solar cell or soul. Now imagine that you are only talking about the sun's magnetic field. Combine this with binary, but with pluses and minuses. Put it like a grid around the sun. A sphere made up of all the pluses and minuses that are constantly changing polarity. The order of these pluses and minuses is not important. You can understand that the movement of these pluses and minuses is much more active than on Earth.

To give you an idea: the plus and minus dance at a frequency of 126.22 Hz. Earth's frequency is only 7.83 Hz. Big difference, right? But well, you can also feel this activity. The sun gives you warmth, energy. I use pluses and minuses to explain things that are considered difficult in the general truth. The joke is that I have never studied this. It is logic and feeling, combined with pluses and minuses. Nothing else. Like puzzle pieces that you put together step by step to get the whole picture.

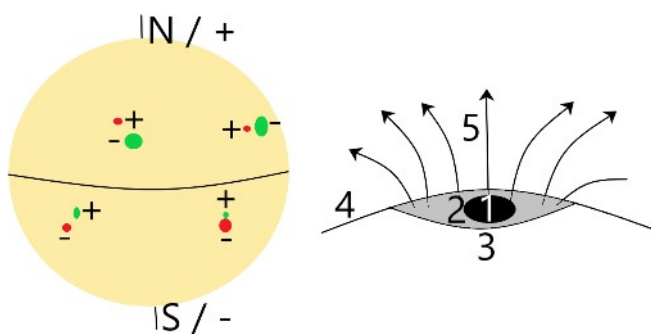
If you want to prove what I say: search, and you will find a truth from another that will please you. But perhaps with much more difficult words and probably many detours. Again, with the pluses and minuses, you can just ignore all the different stories that are actually about the same subject. Use this as a basis. Again, it is a choice, you can stick to the basics, as I am doing now, or you can go into detail and try to prove everything. Like a scientist would do. Both are necessary.

Creating a puzzle without seeing the end result is much harder than when you already know the end picture. So you have a large mass, with a large combination of plus and minus and a large speed of

polarity change. The sun attracts all matter smaller than itself and then spits it out.

You could compare it to a hoover and leaf blower in one. It sucks and blows almost simultaneously. So, depending on the matter being sucked in, the change from plus to minus and from minus to plus will be more or less rapid. You can imagine that any foreign object that is not the same as what the sun is made of will literally cause a reaction in the sun's magnetic field. Do you recognise this?

The sun also gets sick, so to speak. Any foreign body or object destabilises the balance of its magnetic field. Eventually, sunspots emerge. Sunspots of positive and negative polarity.



Legend:

1. Shadows, 2. Penumbra, 3. Sunspot, 4. Sun surface, 5. Magnetic fields

How does that relate to you?

You get sick when you have a foreign body inside you. When this imbalance becomes too great, you go to the doctor. For example: suppose a meteorite crashes into the sun. You can compare it to a splinter in your hand.

Why this equation? The mass or size of this meteorite is much smaller than the sun. The mass of the splinter is smaller than your hand- den.

What happens to your magnetic field when a splinter gets into your finger, or when a meteorite crashes into the sun is the same, but on a different scale. The meteorite has its own combination of pluses and minuses (refer to binary language for this, but with pluses and minuses). When a meteorite hits the sun or when a splinter of wood pierces your skin, the cells of the sun and your skin are pushed inwards. This means that the magnetic field that held the cells together takes on the polarity of the splinter or meteorite.

In other words, around the impact point there is a combination of plus and minus that is foreign to the human body or the body of the sun.

So what does the sun do or what does your body do?

The sun will digest this meteorite and convert it into energy. It will literally change the combinations of plus and minus around the wound. Because you don't yet know how to do this, you will have to remove this splinter manually.

The crater of the magnetic field will be left in the sun as well as in your body. In other words, healing will not happen immediately. The next step is healing. It will take roughly the same combination of plus and minus to return your cells and those of the sun to their original state.

Note that original is not the right word. Because the site of a wound will never have exactly the same number of cells or combinations of plus and minus as before.

As a result, in most cases, scarring occurs due to the up- hopping of new cells that have filled the gap. What happens to the sun? A sunspot appears. You could call it the crime scene, where the wound was but has not yet fully healed. This is because it is still charged with the combination of the meteorite and on-filled with many negatively (minus) or positively (plus) charged particles that represent the hole. The sun then starts making new cells from where it was hit, to heal its 'wound'.

This movement or friction creates energy. If too much energy- is released, a solar flare is created. It is literally a combination of plus and minus foreign to the sun, ejected from the sun. You can think of it as the soul of that meteorite or, less poetically, as vomit. In short, the sun spits out this excess energy.

Then the sun starts making new cells at the edge of its wound. If it were a simple rock, it would have ge- nezen after this solar flare. But it is usually larger objects that hit the sun, so this process repeats itself often. Compare this story to your splinter. You have removed the splinter, and around the point of impact, there is also a combination of plus and minus bodies. A bunch of minuses or plus- sen representing the hole where the splinter was. Now it is like the sun, but on a smaller scale. A small amount of 'fluid' comes out of the wound. These are the remains of dead cells. Those that were hit when the splinter entered the finger. These res- ts are literally pushed out by the process of cell division and cell production. The body wants to heal this wound. It wants to restore its original structure and for that it goes to work immediately.

So the energy created by the attraction (plus) and division (minus) of the cells causes this fluid to come out. Or better

said, you can see a droplet fluid there. The released energy, though very small, is still there.

If you want, you can make a comparison again: the- same process takes place for you as for the celestial bodies. Remove only the story and the words and use only the words plus or minus, so you can explain something difficult in a few simple words.

Try it yourself, using an example from nature: a woodpecker knocks against a tree, damaging the bark of the tree. It goes exactly the same way. When the woodpecker is gone, the tree repairs its bark. It is an automatic process. The tree has its own magnetic field. It is alive and will want to continue living or evolving. Will the place where the woodpecker struck be the same as before? No, but the wound will heal.

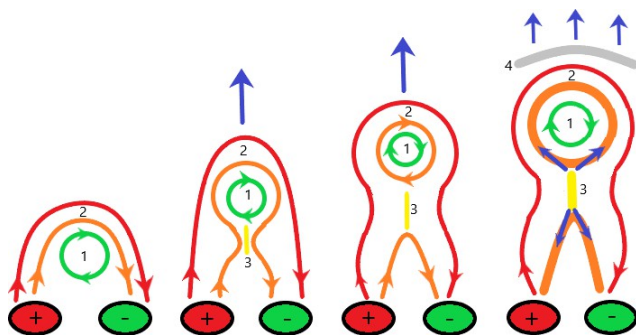
Again, you can see the connection between everything that is. The same story can be applied to people, trees, the sun and in fact everything. The-same process, but with different words. You have learnt that this is far from you. That you have to study for a long time to know this. That you almost have to be a scientist to understand it all. Actually no, if it is not your choice to learn the words defined by the masses, don't digress and explain it in a simple manner that can be understood by everyone. An AI could easily do all that translation from easy words to difficult words. But in the end, everything is exactly the same, only your perception and choices are different.

15. The bigger it is, the more impact it has.

As you can see in physics, a larger object will always have more influence on a smaller object.

Why do large crowds have more influence?

I come back to my plus and minus. You have already seen that everything that is, i.e. everything that exists, has a certain code, like a binary language. This code consists of a whole series of pluses and minuses, whose tracking order depends on the choices made since the beginning of existence. But also from the beginning of the creation of the universe. Every time a solar flare is created, you can see it as an arc of energy, filled with identified or unidentified cells that remain active thanks to this created energy.

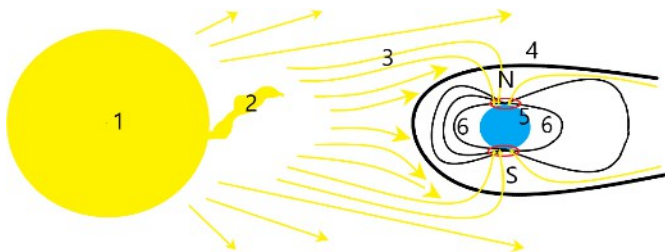


Legend:

*Magnetic field of the filament, 2. Magnetic field anchored in the sun,
3. Electric currents, 4. Shock wave*

The sun literally spits out all foreign substances from its body. Just like you do when you are sick. The solar flare takes about an hour to reach Earth. You can imagine how fast it gets to

the earth is catapulted. Earth has protective layers: its magnetic field does most of the work. The layers in the atmosphere, such as the ionosphere, then retain some of the leftovers from the plus and minus combinations. Two or three days later, you then have solar winds bo- ven the Earth. You can compare them to the pus that comes out of the wound after a solar flare. This is also charged with positive and negative particles, and races around the earth. This also corresponds to the northern lights you can see. They are usually visible only towards the poles, but sometimes you can see them much lower.



Legend:

- 1. Sun, 2. solar flare, 3. solar winds, 4. magnetic shield, 5. auroral oval, 6. magnetic fields.*

Why am I telling you all this? I hope you've already understood that just because you can't see something doesn't mean it doesn't exist. You need a microscope for microbes and a magnetometer for magnetic particles. With these, you can measure the field strength in certain places on earth.

During a violent solar flare, you can understand that the protective layers around the earth are not enough. In fact, you also have some holes in this protective layer, the most famous of which is the ozone layer. So the other layers are not the same thickness everywhere. An eruption has a

enormous force. It will strike everywhere to test the defences in these layers.

*Charged particles end up here on
Earth.*

What are these charged particles? Combinations of plus and minus charged particles. Like your splinter, a foreign body, but this time not tangible. The magnetometer detects them and translates them into a value that the brain understands.

You can already imagine what comes next. All these combinations of positive and negative particles affect everything that is, everything that has a magnetic field. Everything visible attracts the invisible and everything invisible attracts the visible. Again, the attraction of opposites.

Then it depends on the choices you actually made in your life. And also the choices your ancestors made right up to the beginning of creation. All these choices determine the effect these particles will have on you personally. As with everything, it is a unique experience.

*What happens as with any foreign object whose
influence is greater than that of humans?*

This one changes the code of your magnetic field. Like an invisible wound. Think of chemotherapy, which is also meant to restore your magnetic field, to remove foreign bodies or foreign combinations from your body. But it won't work for everyone. It will depend on the combinations in your own magnetic field.

I repeat: I am neither a medical specialist nor a scientist. I type these words by logical reasoning and by feeling. Take it or leave it. This is my truth and it does not have to be yours. It is not fiction.

It is just that sometimes certain links to certain topics are avoided because they are considered negative by the masses. I bring these taboos into the light.

You are being irradiated by the sun, what's going on?

First of all, the earth absorbs the biggest shock. Google air layers of the earth if you want more information on this. These layers act as a filter. But like everything else, they are subject to outside influences. For instance, they can be weakened by pollution, so that foreign particles (splinters) reach the ground and affect everything, really everything!

You already know that everything that exists, everything you can grasp, has a magnetic field. You also know that matter can be created from energy. Imagine all these combinations of plus and minus coming down on the earth, on people, animals, nature, everything. And, literally begin to mix with the cells here on earth.

What are these combinations doing out of thin air?

They mix information from humans and particles from the other celestial bodies. What happens next depends on the choices you make. Again, some choices are in your control, others are not. Your cells mutate, but so do the organisms inside you. By mutate, I mean changes in the polarities in the magnetic field.

Because the sun has been very active in recent years, cells mutate a lot. Or, magnetically, the sun sends you a lot of new combinations

of 'plus' and 'minus'. Your body may or may not handle them. But because the influence is so great, your body accepts them as the norm.

The reason is also that this happens not once, but repeatedly. Later, I will explain why this is happening now. Again, you can make a comparison with your life path. Your choices are affected by outside influences. Depending on how big these are, they are taken as standards. In a sense, you evolve. Your cells receive new information, new combinations they didn't have before.

Why is it important for the body to receive updates?

You know that cells that feel threatened by their environment go into defence mode. In other words, as long as the splinter is not removed, the wound cannot heal. Only when the cell feels safe again will it start multiplying again. Imagine you have a splinter and remove it. But very soon after, you get another one, then another and another. It literally doesn't stop for a long time. What does the body do then? It starts taking on the new outside influence by default. It adopts the cell's default defence mode for a long time.

Does it remind you of anything? Does it sound familiar? The good old corona virus that got so much media attention. With the flu, you know what symptoms you are going to get. The flu is known because these critters and their behaviour are known. Now do you think that only you and all people would suffer from the sun's activity? No, as I said at the beginning, everything is affected. From the biggest to the smallest li- chaam. A glacier, an elephant, a human being, a flower, an ant, a microbe..., in other words everything that is. Everything is affected.

What struck me about the coronavirus was that no one could predict fixed symptoms exactly as with other diseases. Then I started making connections with the sun. You are bombarded with new information, new combinations. It's like a germ is constantly attacking you, but a different germ each time. The change that took place was different each time and it followed each other in quick succession.

Well, mind you, what was said during this circus was also true, from a general point of view. A virus mutated and affected you. Some people survived this change of combinations, others did not.

Changing your way of thinking is normal and part of the cycle of life. If you give up the selfish view of your existence, you can see that it is all part of evolution. Some bodies or vessels are not adapted to what lies ahead, that is, to the evolution of the universe. Therefore, everything must be far- others, without exception!

But oh well, getting out of a self-pitying programme, which is constantly reiterated, in all languages and for so many generations, is not to be unlearned with- one. Again, take it or leave it. I only show what others refuse to see.

Now comes the fun part. Check out publicly available solar data on NASA's website. Google space weather dashboard or search spaceweatherlive.com. Then compare the dates when each- one got sick almost simultaneously, but never with the same symptoms. Then compare the dates of solar flares, plus a few days, to give the cells time to mutate, you will be amazed at the precision between these two events.

A little anecdote: from this space weather is also predicted. Lately, they have also been struggling to make accurate predictions. This is because they don't take new influences into account. The sun is literally not behaving as it used to. As a result, the computer models give a distorted picture.

So why so many different symptoms?

As I said, it depends on the choices you have made, but also on the choices that are in your DNA, in your cells. I said earlier that everyone is born with a certain disability. Both physically and mentally. The depth of this disability depends on the choices your ancestors made, but also on your choices since birth. The question is actually how many past choices have you been able to resolve? How much karma do you have left, says Buddhism.

Depending on that, you may or may not have had certain symptoms during this strong solar activity. Which, by the way, is still active. I will talk about that later.

You could check whether or not the symptoms you had during your illness could be related to your ancestors. That's hard to say, if you don't know how far back you go. The sun's radiation has literally exposed weak spots in your magnetic field.

Should you start doing something now that you know this?

Yes and no: No, but notice and accept them, as with all karma. The sun literally makes you stronger. So let it do its work without disturbing it.

Yes, you can also start changing your life, actively, if that is your choice. Depending on your level of disability, you have suffered plus or minus.

Does this also seem a more logical explanation to you than the explanations given by the media? To me it does. The reason why the vaccine works in some people and not in others can also be explained this way. A vaccine, like everything else, has a certain combination of plus and minus in its magnetic field. Depending on this combination, your body's magnetic field will respond to it or not. I will list the most common combinations so you understand what I mean.

If the combination is correct, it is accepted and the magnetic fields attract each other. In this case, the vaccine had no effect because the necessary information was already there. You may have some minor complaints because the combination of the vaccine will very rarely be 100% of your combination. You can conclude that if you didn't know what I write here, it would look like the vaccine did its job, when in fact it worked as a placebo. As it were, you already had the information you needed to adapt to the evolution of the universe.

Another combination is that you took the vaccine but got sick. Here you see that your body saw the vaccine as a foreign body, like a splinter, and did its best to get rid of it. Again, this depends on your combinations of plus and minus and the vaccine. To what extent do they attract and repel each other.

Another common case, but one that did not make the headlines because it was not sensational. Namely, that you didn't take the vaccine and didn't get sick. Literally, your disability was your asset. You were missing a certain combination of plus and minus, and it was complemented by the combination of the sun. Because of the choices made since creation, this was possible.

Then there are those who have returned home, who have regained energy.



Here we can say that their handicap was too great. That the choices they had made in the past had been too bad physically! And it doesn't matter if the vaccine had an impact. Their bodies were ge-
residentially too weak. The combinations of plus and minus were too different. The body rejected them with all its might! Again, nothing could be done about it. It was their choice and that of their ancestors. This may seem shocking, yet it is true. Why don't I say they died? I will come back to this in more detail later. It has to do with the general meaning of the word.

Finally, my personal choice: I didn't take the vaccine because I didn't think it was necessary. I got sick for a good month. Then I recovered and got well again. It was as if I had gone through the cycle of sinus form. I accepted that my body was no longer fit, that it had disabilities and that it could stop working if I pushed it too far! So I accepted the situation, as it was, without worrying about what was going on around me. The physical pain was there, yes. But mentally, I was prepared for every eventuality.

Expect the unexpected. According to medicine, pain is just a signal from the body that something is changing, and this is passed on to the brain as an ener- gy pulse. This is why I am writing now. I have been looking for this red line for several years. I wouldn't have found it if I hadn't made all these choices. Yet you see here that there are many possibilities of cause and effect. Possible choices of plus and minus.

This topic has made many people think, and sometimes they feel the need to explore it in detail before going any further. With logic and feeling, you will be able to explain everything in an understandable way.

16. Tools for understanding key external influences.

The sun has the greatest influence of anything in the solar system. Simply because it has the largest mass. But also because it produces more energy than you do. You could say its soul is bigger. This influence on you can be positive or negative, like everything else.

Depending on the choices you have made on your life path so far.

How do you know what is happening to the sun? There are tools you can find at sites including:

Spaceweatherlive.com

Swpc.noaa.gov

Swe.ssa.esa.int

Search these sites for space weather. These are the ones I currently use, but there are certainly others. On these sites, you will find the far-schist data.

What do these sites have in common?

The influence the sun and other cosmic elements have on the earth and other planets within the solar system.

First, the website spaceweatherlive.com. Two figures are important: the KP index and solar activity. I have already mentioned that first a solar flare forms and a few hours later there is the solar wind. In the solar activity, you can see the status of solar flares. Which sunspots are aimed at Earth and which wounds that will spew out a solar flare.

Once the sun has spewed, the effects will be felt on Earth about an hour later.



Second, the KP index reflects the intensity of the solar wind. The shock wave, if you can call it that, of that solar flare. So that starts about an hour after the solar flare and continues for two or three days after the solar flare.

Usually, you can only tell after two or three days how magnetically charged the debris spewed out by the sun was.

So you have the flame. Look at this flame in the context of an earthquake, as the first shock. Then the wind as the aftershock of the earthquake. And finally the debris left behind.

Only that you can't always perceive any of this with your senses. But you can with your feelings or with these tools. That's what they are there for.

Solar flares are divided into classes B, C, M and X, followed by a number. The larger the letter and numbers, the higher the intensity. More explanation on the website. I am interested in the M and X class solar flares.

These have the greatest impact and also cause physical symptoms on the body within an hour.



What do you know about a solar flare?

It is a combination of 'plus' and 'minus' foreign to the Sun's magnetic field. Like any foreign body, it is ejected. You could say it spits out the microbe. This combination of plus and minus arrives on Earth within an hour. First of all, it depends on the location. Where will be the epicentre of this solar flare and how big will be the impact zone around it. And, as mentioned earlier, how thick is the protective layer? What consequences will it have today? Interruption of radio reception, failure of GPS reception or failure of electronics in general. It could be anything where energy flows. This sun spews these combinations of plus and minus at you. The heavier particles that are more dangerous to the body are largely filtered by the atmospheric layers, in the air if you want to call it otherwise. Each layer ensures that particles are held back like a sieve. Like a sieve, particles always reach you.

The best known are the UV rays. The ones that make you tan. But in reality, magnetic particles from the sun overheat your cells there too. If you like, you could say that the sun puts you in an oven, to cook you. So with such a solar flare and especially with the debris that follows, there are combinations of 'plus' and 'minus' that affect the body to a greater or lesser extent. You might think of your hair growing faster when there is sunlight. Or, that the micro-organisms inside you also mutate, like microbes and viruses.

What are the most common symptoms you will experience during a major solar flare?

Sleepy, grumpy or the opposite, energetic or happy. Again, it depends on the previous choices. You notice this because you suddenly have a spike in this symptom. And, they will suddenly disappear the next day, to suddenly reappear a day or two later. Then, the next day, everything is back to normal.

Again plus, minus, plus, minus or minus, plus, minus, plus.

Here too, as with coronavirus, symptoms vary. But, you can check those out here if it's your choice. If you get sick, compare the solar data. Was there a solar event or not? Change your point of view. See a doctor if in doubt. But, don't go out of laziness.

*Get to know your body in relation to
the whole universe you live in.
And, not just according to what
you are told.*

The largest recorded solar flare is the 'Carrington Event'. It completely shut down the North American power grid at the time. It was on 1 September 1859. The solar flare was followed by a CME (coronal mass expulsion) and then a geomagnetic storm.

What is a CME?

Nothing more than ejected debris. All combinations of plus and minus that do not come from the sun's original structure. Take the example of the meteorite crashing into the sun. Then you get the digested version of that meteorite, in the form of magnetically charged particles. Because in the meantime, that meteorite has been converted into

energy thanks to the movements created by the attraction and repulsion inside the sun.

You can also see it in your body. When you eat something, it has an energy value. That part breaks down and goes into your body, like salts, sugars, fats and so on. I won't explain the rest in full colour. But, the rest gets disposed of during your visits to the toilet. This is my version of human solar activity, if you will. Besides, you can think of your excrement as the debris. But, the latter, much better digested by the sun.

Another comparison, since we are talking about excrement: you compare the sun's non-tangible energy, with the tangible manure you produce. Again, you just need to change the viewpoint.

Another possible phenomenon is that you are suddenly in a different mood an hour after the flame starts. Usually angry or sad, but again it depends on the person. Again, this will manifest as an angry, sad, happy or other outburst, which happens suddenly and for no reason. And, this too disappears after a day, and then suddenly reappears.

This is not an exact science. It is something I observe daily in myself and in others around me. Compare this to what happens to you or the stories of your family or friends.

Another thing I can say about weather forecasts is that the forecasts are not very accurate anymore. From this data from the sun, the weather is predicted.

Data comes from NOAA's satellites and magnetometers, among others. In the United States, the National Oceanic and Atmospheric Administration is the agency that deals with meteorology and oceanography. Computer models are created from past and present data to predict the weather.

How do they make weather forecasts?

I have already said that if a cell feels threatened, it goes into defence mode and if it feels good, it multiplies. The same applies to the earth. Earth and the sun each have a magnetic field larger than the size of their material surface. Call them antennae. When a solar flare occurs, it also has its own magnetic field. From the moment the earth perceives it. It detects a certain combination of positive and negative particles.

These combinations will in turn exert a huge influence, so that the Earth goes into defence mode. In other words, there will be additional layers above the layers of the atmosphere. Here I am talking about cloud layers.

The satellite therefore tries to predict from which sunspot, facing Earth, a solar flare will emerge. When it will emerge from the sunspot. And, if it matches where the clouds are forming, they can then predict whether it will be an ordinary shower, or a storm.

A storm often forms at the location where the solar flare has its epicentre. The size of the storm around the epicentre depends on the size of the solar flare. At the point of impact, it will be violently regenerate or very windy. And, gently further away from the epicentre. You can see here that such predictions are difficult to calculate, even

for a computer. Many factors that can deviate from the standard model. An excellent example of this defence mechanism of Earth occurs in the TV series Doctor Who. Season eight, episode ten In the forest of the night where you see that one day the whole planet is full of trees and the next day they are gone again. Then you see a huge solar flare pass over the earth. So the trees, like the clouds, defend the earth from the impact of the solar flare. A wonderful episode, if you ask me.

Now do you also understand why you have more and more big storms? The more solar activity (plus), the worse the weather (minus). But it's a lot more focused and faster than it used to be. Think about what happened at Pukkelpop in 2011 (a music festival in Flanders). Then compare the sun data. You will see that every year, in this period between mid- and late August, solar activity is most important.

A small side note: Spirituality also mentions strong solar and cosmic activity. Not as strong solar activity, but as a portal. Like the Leo portal every year around 8 August. These galactic activation portals are linked to the Mayan calendar. Who in turn also follow the sinusoidal cycle of the universe. The Mayans already knew that the sun had its own life cycle that returned every year. So a nice link between science and spirituality.



The strength of solar flares also changes gradually. You can see this in the sine wave. In the sun's life cycle, it now reaches a positive amplitude: the stronger the solar flares become (plus), the more the earth defends itself (minus).

To return to the Carrington event: You can see here that in a major event, the solar wind, becomes a storm and reaches Earth much faster. In this Carrington event, it took it 17.6 hours to travel 150 million km, instead of the normal 48 to 72 hours. On 1 September, while Carrington was sketching the sunspots, he was blinded by a sudden flash of light. Carrington described it as a white flash of light. The event lasted for about five minutes.

Meanwhile, the power grid has been upgraded and secured so it won't happen again. You also know that this is just a big 'what if'. As I have often said, you cannot project into the future, because the future does not exist. You can only make probabilities. In spirituality, they talk about a coming solar flash, which will literally reset the brain. It will erase all hard drives, as it were. So this one will also make your body evolve into crystal bodies. I don't know yet whether this will happen or not.

Personally, I believe in it, given what I have experienced in recent years on all grounds and what the sun is doing scientifically. Again, logic and feeling.

Back to the sun. As I mentioned earlier, you are left with the magnetically charged solar debris or literally the sun's excrement. These are sorted according to the KP classification. From one to negative.

How charged are the debris particles moving across the planet and can they affect you?

Today, solar flares are measured by a satellite, while solar winds and their debris are measured by ground-based magnetometers at various locations around the world. The following measurement points are shown on spaceweatherlive.com: Kiruna (Sweden), Stackplot (Europe), CANMOS (Canada) and Hobart (Australia). There are more. Suppose the impact point of the solar flare is in Belgium, then those in Sweden and several in Europe would be agitated. Those in Canada and Australia would do little or nothing at all.

The KP index thus provides a global average. The KP index does not focus on any particular place.

What does solar scrap do?

It is a bit like a solar flare itself, but with some natural phenomena added. Because a solar flare is more of a flash and solar debris is more of an event that lasts a few days, these magnetically charged particles rub against the Earth's magnetic field for longer. This creates the northern lights.

I mentioned this a while ago, but specifically it is as follows: depending on the amount of debris or magnetically charged particles and their intensity, the KP meter is activated. From KP4, you can say there is a clear visual aurora. If it is a large solar flare M5 or higher, there is a phenomenon that the aurora is not only visible around the Arctic Circle, as usual. But also further down, as far as the Netherlands and sometimes even Belgium. The colour also changes according to the intensity. Green is weak, orange is medium and red is intense. More technical information about the colours can be found on Google: colours of the Northern Lights.

What does it do to your body?

If I look at my own body, when a solar flare is spewed out. Then suddenly I have a surge (plus) of energy. A few days later, I have a dip (minus). This goes on for two or three days. Beware, this can also be completely reversed. As with alternating current, the same action can also have the opposite effect. Therefore, when a solar flare strikes, you can suddenly feel good or bad.

Moreover, I am sensitive to magnetic fields. Because of one or more choices on my life path since creation. I feel magnetic fields. The good thing about the information from the satellite or other measuring devices is that the information always arrives 10 to 15 minutes after the event. The thing is that the information always arrives 10 to 15 minutes after the solar flare has occurred. At the exact moment of the solar flare, I don't know if anything has been spewed out. I feel a change in my body or mind. Usually it's very sub-til, like an energy surge, or other times I suddenly have to go to sleep, or I suddenly have a feeling of anger that comes out of nowhere and other symptoms, like backache or headache for a day or two. It comes and goes so subtly that you usually don't notice it.

Normally when you have this, you take a painkiller and the pain goes away. If your back hurts, you see a physiotherapist. Not many people ask this question:

If I don't take a pill now, will it go away?

Believe it or not, it disappears again after one or two days. Each time, the pain is in a different place. Each time, the information coming through the flame is different. So each time a different combination of plus and minus. Like a microbe affects a different part of your body. In this

context I see it more as an upgrade or change. Overall, something positive (plus). It literally highlights your physical weaknesses (minus). So you can work on that, if you want to. In actuality, again, you don't have to do anything, if it's not your choice.

All your choices, positive or negative, make you who you are. Including your physical choices. And to continue my story: 10 to 15 minutes later, I get a notification via the space weather live app that a solar nebula has gone off. So I say oh, there's another one, I felt it coming. Again, this is not real science as you know it. However, it is based on logic, feeling and self-observation.

For you, of course, the situation will be different. You will have had to make the same choices in life as I have, to understand the logic and feeling behind them. In other words, you must have certain combinations of pluses and minuses in your DNA that are specific to this aspect. It costs you nothing to try this in your own life. Who knows, you might be surprised that it fits into your life too. The other tools, which I want to talk about, can be found at:

Sosrff.tsu.ru

Vlf.it (Cumiana)

Here you will find, among other things, the Schumann resonance counter or ELF sonogram. I have already shown you that a satellite is used to measure solar flares. Solar winds are measured by magnetometers on Earth. These measure magnetically charged particles flying over the earth. Then you have the Schumann Resonance which measures the magnetic particles in the layers of the atmosphere. You can find more technical explanations if you google What is Schumann Resonance or electromagnetic low frequencies. You can go to the Schumann Institute's website first:

SchumannInstitute.co.uk

There is also one on radiation measurement. You can find the technical explanation here. This counter was designed to predict the location of lightning strikes or magnetic particle discharges in the layers of the atmosphere. Today, it is also used to explain changes and enhancements in the body. And even in medicine to heal cells. This is why the Schumann Institute was founded.

So you see I am talking about the same thing, the energy moving between plus and minus, affecting the planet and everyone on it. I also said earlier that the plus and minus in an electromagnet change at a certain rate.

You have also seen that everything in existence contains an electromagnet, in the broadest sense of the word. Different materials, so different ways of measuring.

Without this movement, matter simply could not be standing, you could not grasp something. Depending on external factors, an object will appear solid or in motion. Like the temperature of the earth versus the solid state of metal.

To return to the Schumann resonance. Nikolai Tesla first discovered it in 1900, then W. Schumann in 1952, who then established with Herbert Köning in 1954 that the earth's resonance is 7.83 Hz, which was subsequently confirmed by several scientists.

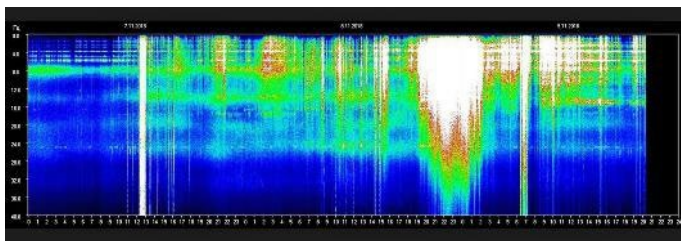


Nikolai Tesla

10/07/1856 - 07/01/1943

This basically means that as a human being, you are influenced by all kinds of homogeneous frequencies. Whereas you should have a frequency of 7.83 Hz in your body. That would make you one with nature, one with the earth. Just look at the frequency of a television. A television has a frequency of 50 Hz to 60 Hz or more. You can find more information by typing health effects of electromagnetic fields into our friend google. So in an ideal world, this is the frequency the earth should have. If you want to know more about the technical or spiritual side of things, there is plenty of information on that. In my context, it is enough to know that it exists. Both stories, spiritual and technical, have the same message, but they are expressed in different terms.

Finally, you can conclude from both that this magnetic energy affects your body and mind. On the graph are colours:



Blue: corresponds to normal activity, Green: corresponds to light activity, White and red correspond to intense activity. White is positive and red is negative.

I won't go into detail here, but from my personal experiences in recent years, I conclude that when it comes to blue and green, I miss outside influences.

I live, but on my own energy, like a battery. During these periods, I go into automatic mode. I am present, but keep my energy to myself. I also talk much less than.

With the white spikes, I have a lot of energy and with the red spikes or red edges combined with the white, I feel very bad. So I would conclude that the white ones, are updates.

New combinations that come into the body and energise you. And, the red, rather the karma being pulled to the surface and into the spotlight, to be treated well.

A small note. The Schumann resonance graph is measured in Russia. The time zone is Omsk. In winter you subtract 5 hours and in summer 4 hours. So if you wake up at night for any reason, you can see if there was activity.

As with the solar flare and KP, you always get the information a few minutes after it happens. Stop, be quiet in your mind and start feeling what you feel before you look at it.

How am I feeling right now?

Otherwise, if you look first and feel later, it may have been influenced by what you saw on the graph. Like a solar flare, it is a sudden change in your body. A sudden pain or mood change. They last as long as you can see white or red colours, regardless of the pattern. You can find lots of explanations about this on Google: How to read Schumann resonance cards. Each one has its own story, but the general picture is the same. See how you feel. Form your own opinion.

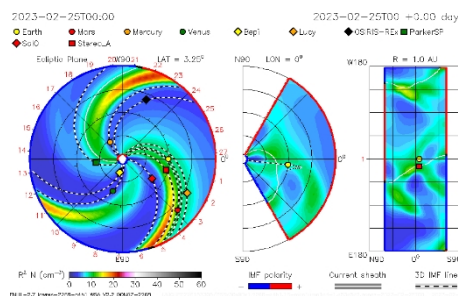
All these tools are just aids to find information that you already feel. The majority of us, no longer dwell on, feel or know how to feel.

Like tarot cards or crystals, or whatever, they help the mind to receive the right answers and make the right choices. But ultimately, you decide whether you follow them or not. In the beginning, I followed everything, I used all the tools I had. To prove to my brain, that what I felt corresponded to what exists in the physical world. But over time, after repeating and repeating, I came to my own conclusions about what still helps me and what doesn't. In the end, I trusted only my gut, which turned out to be this wonderful blend of logic and feeling. The balance between yin and yang.

Therefore, yes, use these tools as long as you don't believe them. As long as your brain says that your feelings are not right. That logic or learned values are the only right values! From the moment you feel that something is not right, it is your instinct knocking on the door to tell you

asking if you want to open up. Then it is up to you to decide whether you want to listen to this intuition or not.

I have already mentioned that the sun is not the only influence, now look at the graph: WSA-Enlil Solar Wind Prediction On this graph here you can see when a shock wave will hit the earth, but also with what force. The middle sphere is the sun and the yellow sphere is the earth. Usually you see a wave starting from the centre in a certain direction. If you see it heading towards the earth, you can assume that a solar flare has occurred and that winds and space debris are now on their way to you. The date and time are then predicted on this graph.



It is also common for a wave to come from a direction other than the sun. This is an example of another star or the central sun also spewing out some. Imagine that such a solar flare, to still have energy and hit you, is not really a small solar flare, but rather a big one, with many influences.

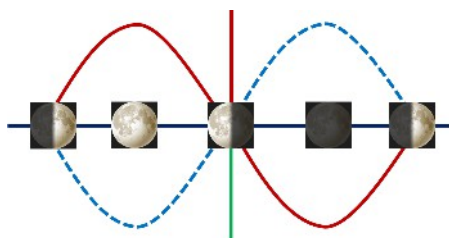
How do you notice being influenced by another star?

The magnetometers are doing their job and you can see a high KP index. But the big difference is that there have been no major solar flares in the past two or three days. Then you know that these magnetically charged particles are not coming from our sun, but from another star. You feel

than 'different' from normal in your body. Without going further into this. Moreover, I reiterate that everything I have said is my perception. However, I am only translating what I feel. It is funny how I see in these solar data how I feel. I move with them. Random or not, I repeat: it is my perception.

I have been talking about the sun and stars from the beginning. But, like the sun, any material object, larger in mass, has a great influence on you. Between you and the sun are bodies bigger than you. So I think primarily of the moon, then the other planets and their moons. So I don't know if it is the same for you, but every full moon and new moon I feel the same. The day before the full moon and the day of the full moon, I am full of energy. The next two days I am miserable as hell. After that, I am very tired for three more days. With the new moon, it is reversed. When it is new moon, I am tired, and the next few days I get a lot of energy.

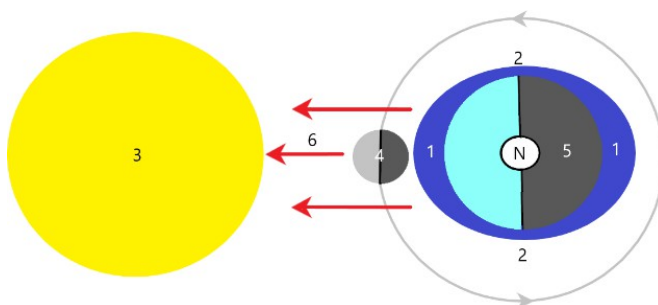
So again, the plus to the minus and then from minus to plus. Again, there are similarities.



On the other hand, I have found that, like alternating current, it also changes direction. From one month to the next it can change or from one person to another it can be the opposite of what you feel. My wife, who is the opposite of me in many ways, feels the opposite of what I feel. As

I am good family at the full moon, then she is bad family and vice versa at the new moon.

Look at ebb and flow. Look at what the moon does to water. The moon attracts water and pushes it away. This happens several times a day. And when it is high tide, when the moon is full, the water level is always higher.



Legend:

- 1. High tide, 2. low tide, 3. sun, 4. moon, 5. earth, 6. double attraction of water (moon and sun)*

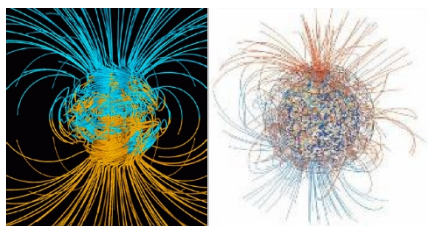
Consequently, it is so normal that it affects you. You are made up of more than 70% water. The same water that is in the sea or rivers. The only thing that prevents water from being extracted from your body is your personal magnetic field and skin layers.

Imagine, during a full moon, the water being so affected. Under what strain your personal magnetic field is. If it is near or far from you, it pulls or pushes your magnetic field in a very intense way, so you feel it well in your gut. But if you don't care about that, your life goes on as usual and if you have pain, you just go to a doctor, who will give you a pill. Or give you a list of your symptoms, which you already know. Then you have the influence of

the planets. This is what the horoscope is based on. The planets in your field of vision, or rather, the planets you see now, will exert a certain influence on your body and mind. This is because they are all in your field of vision right now and their magnetic field has a certain repulsive and attractive energy on you, as people on Earth. In spirituality, it is said that certain planets have a certain gender. Mars is a warrior, a man, so a minus. Venus is a goddess, a woman, therefore a plus. Again, why, one person said: ah these planets will be so called from now on. This was then repeated and repeated during several generations. Today, it is taken for granted. Again, imagine the interaction between magnetic fields and the fact that there are large and small fields. But they all collide, regardless of their size, attracting and repelling each other.

Again, there is not much scientific evidence. I searched for a picture of the solar system and the interaction magnetic fields have with each other. Even that I could not find. All I found was a simple depiction of the magnetic field of the earth and the sun. You can see the chaos it represents.

I think even scientists struggle to explain or rather represent this. With logic and feeling, you can imagine this situation. For example: compare how you feel when it is high tide and low tide.



17. The external influence on your thoughts

I told you about the physical aspect, but as far as I know, your brain, i.e. your thoughts, are also in your body. Now see what influence the sun has had on your mental state. I have already mentioned that most people take far too many detours to reach a decision. The 'what ifs'. Literally for some, these calculations go on and on. The reason again depends on their choices. I told you about flaws that can deviate from personal truths. That is until the combination of choices becomes too great.

You have also seen what it does to a cell: it goes into defence mode when threatened. The brain is made up of cells. However, it converts this simple information from the cells into something tangible. If you feel threatened, you go into defence mode. This is what the her-sence does. So it simply executes the primary information from the cells. Conversely, if you feel good, you will reproduce. This is a different story. But, you see the comparison with a cell. It is all about primary information. A certain combination in the coding of pluses and minuses that is always present. It is a choice made at creation, when few choices have been made.

What did the incarceration do to me?

He made me pull the handbrake. During the first detention, I worked at home, like many others. Moreover, I had not yet fallen ill. But then I came across an aspect of work that I liked. Namely, helping people get out of their endless thoughts. Incarceration opened my eyes. It made me think about what I wanted to do in the coming years. So I left behind my well-paying job in IT, my security, my comfort zone, everything I had learned, everything that was important in life. From one day to the next. For me, something clicked in my brain: I had to stop

With going so fast. I needed to stop taking so many detours to get where I needed to be. Just doing what I love and nothing else.

Your brain cells have also received this new information. The depth again depends on the choices you make. In the distance between personal values and the default values you follow. Everyone is unique. This is confirmed even in school and in the medical world.

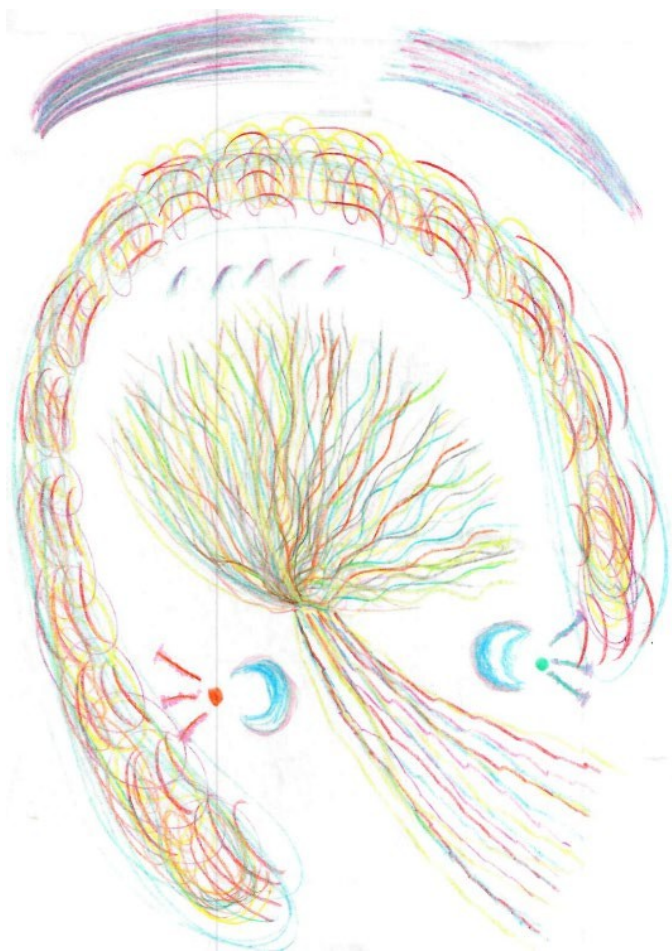
Why can't you live within these standard rules and still do what you want to do?

What really makes you happy. It is a difficult configuration for some people because that default programming, to do what you are told, has been around for generations. That outside influence may remain, as far as I'm concerned. But not in the current version. As they say in IT. Some updates need to be installed. The operating system is a bit outdated.

Another anecdote is that Windows 11, as it may or may not be installed on your computer now, still runs on DOS (1979) and Windows NT (1993). This is literally the original Windows 11 cell, but it just got a new look around it.

You can compare this data with your default values or current laws. Many of these have their origins in the beginning of the century, so to speak, and what has changed? Only the words have changed, but the feeling behind them has remained the same. I really believe that everything will go right automatically. If you follow logic and feeling, you can deduce that everyone, no matter what, has received the new cosmic information. The sun's influence affects everything and everyone. Do you remember that? Again, the question is whether to do anything now.

No. This reading has already created an influence. It will lead to something or nothing in each individual.



18. Calculation of time and choice

I was just talking about all those calculations you make in your head every day, all those detours. That's what this chapter is about. In spirituality, you are told to live in the now and that this makes life easier. But what is behind all this? What is time? First, get out the word book:

One: sequence of moments between before and after

Two: a particular point in a sequence of moments Three: part of the sequence of moments.

We can't really conclude anything here, can we? But see what we can do with this: sequence of moments between before and after. Here, before and after face each other. Before, minus and after, plus. Far-according a succession of moments. It has a sense of movement. That brings you to before and after. So the movement of plus and minus or minus and plus indicates a certain direction. Yes, that fits my story. But I will continue.

Add two: particular point in a sequence of moments. So time is a particular point, a particular present moment in this movement of plus and minus. Okay, that fits in too.

Three now: part of the sequence of moments. Time is the only part of this movement between plus and minus. Yes, okay, that fits too. You can make a perfectly logical connection between the meaning of the word and my story. Dissect it anyway.

Time, like everything else: is a word with a certain meaning that you herse- nally understand. It is learned and passed down from generation to generation. Scientists say that time is linear, and that this

provable. Good for them. This is also a perception of science press, who will do anything to maintain their truth. If you need this because your brain cannot grasp the concept of time, this proof of linear time easily explains, what time is. One day, however, a person started using the meaning of time. So it was just one person's perception and this perception evolved, like everything else, into what time is today. Like time on the clock and days, months and years, etc. But, it remains a perception that makes things you can't understand easy.

What is real time?

I explained how a computer goes directly from A to Z, without making detours. It can quickly translate the movement of your fingers on the keyboard into letters that appear on your screen. But do you do the same? No, you make detours, consciously or unconsciously. Moreover, you make choices that may or may not complicate your life. So you are constantly making them and, if you are paying attention, you are constantly playing with time. It usually starts with: What if ...:

*What if I had done this yesterday or
what if I did this tomorrow.
This is literally time.*

A particular moment in your choices. Thanks to this, I can show you logically that time does not really exist and is just an acquired perception. You are doing calculations in your head all day.

First, the past: What if I had chosen a plus yesterday instead of a minus, or If I had chosen this study path, things would be very different now. You do this consciously or unconsciously throughout the day. Then the future, the same story, but in reverse: What if I choose plus instead of minus now, where will I end up? Or What if my child walks the streets

crossing and a car passes by, what will happen? Will that car keep going fast? Will that car run him over? Or will a car come at all? This example occurs when you have children.

You literally do the math of all the worst choices in your head. This in addition to other external influences from society. Few people do the arithmetic:

*Everything will be fine, I don't
need to worry.*

The biggest mass is the biggest influence. But, as I also said, you ultimately decide which state of mind you want to stay in.

Now a certain frustration that is still very active in me. So, excuse me for that. Stop these useless calculations. It is on-possible to change the past in your life. They are choices between plus and minus, made by you or by the ancestors, since the beginning of everything. You can't change that! So why mention them every time?

And what is the point of making choices for the future, near or far? Do you have a crystal ball you can look into to see what will happen? No. Right now, you only have one choice and that is literally the choice between a positive or negative decision. The decision you make, in the next second.

As I have now chosen to express my frustration. I might as well not have done that. Which also shows that I am learning, to take fewer detours myself. But, I am definitely still evolving in my own process or perception. You can say yourself that as long as you have a

opinion on or analyse something, you always take detours on your learning path. Is that a bad thing? No. I repeat that everyone has their own path. You can influence another person's path or rather influence the choices of plus and minus, but that person himself makes the decision. This can happen simultaneously in a positive or negative way.

Because of the choices I have made so far, I would conclude that I am an architect of sorts. On the other hand, I show people other plans of unique house types. But I don't draw on those plans the details of what, say, a cupboard or a table should look like. So I just show them that there are other house models, which don't fit our contemporary choices, but which are houses nonetheless.

Then, if they want to keep their current table or cabinet design, they can discuss it with an interior designer who specialises in it. If you want to clear your head, plan less, make less lasting decisions. Remember that what you decide will affect the polarity of the decision.

For example: if you want to take out a loan from the bank. You assume, before- that you get it, that it won't work out. You tell yourself it's not the right time, etc. But then you get to the bank and you get the loan, without asking too many questions. The truth is that you made all these calculations for nothing. They have put you in a bad mood, stressed you out. All this is also felt by the banker.

Moreover, this is a simply written example. But also look at how many calculations of plus and minus have been made in your head. Whereas here you could also have just said we'll see or just

could not have said anything. Then just go and see what comes up.

Literally living in the present.

Now, time, in the design of a calendar and a diary. All this is also a perception that makes life easy and difficult at the same time.

Who invented the calendar?

Looking at this, the name Julius Caesar appears several times. But, I remember the Mayans also had calendars. Again, it is not very clear. Therefore, the closest version of your calendar as it is now came from Julius Caesar. Okay, now you know that and now what? Because of his decision to make a calendar, you do more time calculations. Calculations that turn a 'plus' into a 'minus' and see where that leads ... Because of him, you plan a future that you assume is the same as now. Because of his choice, you go into a negative spiral because you look too much into the past to know what could have been better. But, as I said. Neither can be changed. Only the choice of the next plus or minus can be chosen. But then again, there is nothing Julius Caesar can do about that. It is your choices that count here. If you stop looking at a calendar today or tomorrow, or look at your watch all the time. Or change your understanding of the word 'time'. For instance, with:

*There was a day when this
happened, or not.*

*One day in the future, this will
happen, or not.*

So it is your choice. It's a bit like quitting smoking or kicking off a particular addiction. You can say you are going to quit overnight, or you can say you are going to gradually get rid of the habit. Again, you will be influenced by the masses, i.e. the external factors to just use the calendar and clock that everyone else uses. But, it's still up to you whether you want to do it.

For now, I think: Yes, it is good to know that time does not really exist. Like everything else, it is evolution and evolution is always going on. But I take the middle ground and use both.

Therefore, at the same time, what the general truths say and what I believe. Look, evolution doesn't stand still, it moves, so you know it may or may not change again. It doesn't matter how long it takes.

A small note: is that the calendar is based on about thirty days. The sun takes thirty days to rotate on its axis. Coincidence or not? This is what I found: The month is determined by the moon's passage around the earth but at the same time, the sun rotates on its axis at the same speed. The mass of the sun is greater than that of the moon, yet the speed is the same. It's funny how similar this is! As if a combination of plus and minus is the same, in both celestial bodies. Different observations, yet the same rhythm.

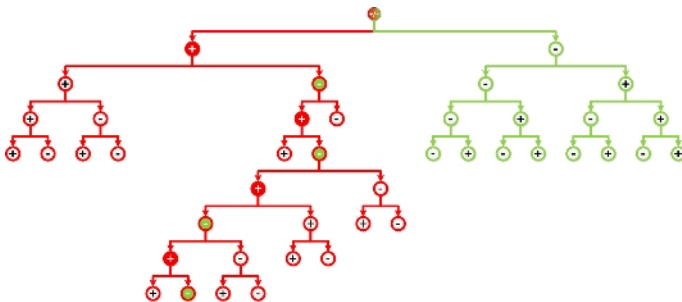
So time is also inscribed in my history of plus and minus, but especially in the reactions to these decisions: if I choose plus or minus what happens? If I choose this, what happens if I choose plus or minus. And, if at any point in my life journey I had chosen plus instead of minus, what would the next decision look like? Something positive or something negative? You won't have to do these calculations again if you remember this:

With a plus, a minus automatically follows

With a minus, a plus automatically follows

It's simple, isn't it? You don't have to calculate it, if that's your choice. But, as an outside influence, I tell you these calculations are useless. You fill your head with so many calculations that this temporary memory will soon be full. Whereas you could have used it for something useful and pleasant for you. Again, take it or leave it.

Just a note: do you notice how fast these useless calculations are done? Much faster than a computer, right? You are literally doing plus or minus calculations all the time: What if I do this, what will happen, and if I make this choice, where will it go? Maybe you've heard of the term multiverse or parallel world. If you see what you are doing here. Every time you make a choice, you only take one path, plus or minus.



But, in your mind you have also calculated the other side with what if, so- that you can say it is also created, but your perception follows a certain direction and does not see the other side. This choice is

created in your brain, however. So if you look at all the choices that have been made so far since the beginning of the universe, I can perse imagine a web of choice worlds that have been calculated by each of us, but which have never been visited and will never be visited in your perception of the conscious world. I let go of the subject for now.

It's a fun subject for me, because if you use logic and feeling, you can actually prove it. It's not a matter of seeing first, then believing, but actually:

First believe and then see.

What you see again depends on your choices and outside influence. I have already explained many things with my pluses and minuses. These range from mundane pursuits to so-called difficult subjects requiring so-called years of study. And, mind you, I say this because it was my choice not to specialise.

Depending on the choices you have made, it makes sense to go into detail. Everyone is unique, everyone has their own specific use on the road from minus to plus or rather from alpha to omega. Again, I will come back to this point later.



19. Cell regeneration versus your perception

Most of us are constantly making these 'what if' calculations. Suppose I go to plus, then what? But, I think minus is better in the end now. You make these choices consciously or unconsciously and so you create a picture of the past and future for yourself. There are also certain calculations you make or don't make on a daily basis that go against all logic and reason.

So take the example of taking medicine. I have already mentioned the difference between the effects of a vaccine and those of the sun or other external influences. In everyday life, however, we see illogical approaches. While medicine is a science and normality is supposed to be logical. It is an exact science, doctors sometimes say. I will now add an example of something that many people take and that I also take at certain times.

Ibuprofen and paracetamol. A painkiller, a fever reducer. We ne- men a lot of it. Why do we take a lot of it? Because it's easy, I hear many people say. Because it makes the fever and pain disappear almost immediately. Yes, of course it helps, I agree.

Does it make sense to take medicine?

Yes and no. Yes, because taking a pill is taught to you. Because since the first tribes, there has always been a healer. Look at the Indians, for example. So you can assume that this is programmed deep into your cellular memory. In fact, there will be a combination of plus and minus that says it is good to get treated by a doctor or to take medicine. Start thinking now. First of all, if the sun has a foreign body, with the energy it has and the constant movement of attraction and repulsion, it can make that foreign

body convert it into energy and spit it out. Then the sunspot disappears and wounds are healed, so to speak.

You can see this in yourself too. Suppose you have no outside influence. Then you are in a perfectly sterile room and yet here you are getting injured. A cut, for example. After a while, you see that the wound heals by itself. Magical, isn't it?

Few people wonder whether a wound will heal or not. Above all, you usually clean them with water or alcohol and cover them or not, depending on your choices and the type of wound. But really, if you look at it closely, you mimic this sterile room, so the wound heals quickly.

However, the issue here is the external influence the word 'time' has on you. Are you doing anything extra in the healing process? No, it depends on external factors like: are you going to injure yourself in the same place or are you going to contaminate the wound. Will the wounds heal or not? It's the same with paracetamol or ibuprofen, for example.

When will they be taken?

As long as you have pain or a fever. But what exactly is fever? A fever is when your body is fighting something. A foreign body in your li-chaam. A strange encoding of plus and minus affecting your body's magnetic field.

Because it then creates another attraction and repulsion. Literally, the microbe then tries to find a place to nestle and multiply. This interaction, the movement between attraction and repulsion, between the microbe and your cells begins to create energy that turns on the furnace in your body. Why turn on this oven? Because

there will be casualties during this battle between the microbe and your cells. Both on the side of your cells and on the side of the microbe.

And how do you get rid of these victims properly? By getting them out through the cells. By vaporising them or converting them into energy. Just like the sun does, as you saw earlier.

Your body is largely made up of water. Many people know this. But few know that a cell has a voltage of 0.07 volts. And that you have about 50 trillion cells. Therefore, your body can produce 3.5 trillion volts when needed. But, only a very small part of this voltage is used to heat the body if needed. Do you now also grasp how your magnetic field is kept in shape? So what happens when the water heats up? The water starts to evaporate. Imagine your skin is a wet towel. You put it on the ver- warm and the water evaporates. Doesn't that make sense when you think about it? So with the body, you can think of a tsunami forming and taking all the dirt with it. The image is a bit exaggerated, but you either understand me or you don't.

In my story of plus and minus, you can think of this as all the victims of all the rejections between equal poles that have existed. Thus, an internal wound develops elsewhere in your body. A hole in your magnetic field. A hole in which combinations are missing. Like a splinter hole. So the battle continues, all victims are drained and removed. Therefore, either the microbe or the cells of your body win. And, no plus or minus combination is left to grow back.

Now, depending on who has the most influence, the choice from then on is also different. Imagine your cells win. The temperature drops because the victims have been drained and you are better again. The internal wounds have healed, thanks to the production of new cells from

the kinetic energy. Of course, again the force of attraction and repulsion. After all this, your magnetic field is back to normal. As it should be with the right combination of plus and minus attracting each other.

So why are you taking paracetamol?

Can't the body take care of itself? Yes and no. It heals itself- itself. I was talking about a sterile room. The ideal situation, with no influence from outside. If you were Adam and Eve, it might still work. But meanwhile, thanks to those choices of plus and minus and the choices of your ancestors, you have created a room that is no longer sterile.

You are handicapped compared to Adam and Eve. However, I mentioned that man has long been aware of the use of medicine drugs. First in a simple form and now in a slightly more difficult form. Medicines also evolve from minus to plus. So it looks like an influence from outside. On the other hand, it has been said time and again that medicines are good and, like everything else, they have their purpose.

I was also talking about your disability or rather the disabilities we all carry. So you are no longer a copy of the God cell so to speak. So you have many combinations of choices in your DNA this day, in your cell memory. Many of these choices have been positive. Whereas they don't have to be. I remind you that you are here to experiment, to see where a particular choice goes, and so to fill in the blank between alpha and omega.

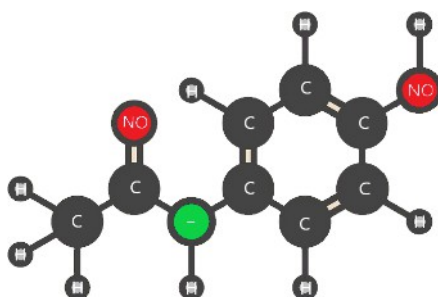
Then you see here that the limitations you have, and those detours in your mind, and other external factors, make the body not know how to heal itself. Your brain is constantly making calculations. That brain has forgotten that there is also a combination of plus and minus

that sustains the body. However, you no longer dwell on the fact that a body heals itself. That when you fall, the wounds heal themselves!

That when you have a fever, it goes away after a while! That after something negative or perceived as negative, something positive always comes in return! No, you take a pill that makes you feel better a few hours later. Now the body gets lazy and will always wait for that information from the pill instead of healing itself.

What do you actually do when you take a pill?

Like everything else, a pill has a primary cell and matter revolves around it. This is what makes the pill what it is. But I repeat: drugs have a harder primary cell than the primary cell I use in my story.



Paracetamol: C_{H89} NO₂

As with metal, man is an external influence that fuses the different materials together until they revolve around this primary cell and form a 'whole'. Or, as with metal, that they become a solid block. This pill or solid block is again a combination of plus and minus, which has a certain combination of plus and minus, you could say. Again, you could say that each pill is unique. It will never have as much plus or minus as another pill. But there will always be a predominant

polarity are. Even if, for example, it is only one plus or one minus that is different. That's why you swallow this pill. Again a foreign body comes in with a different combination of plus and minus, and at the same time there is then a microbe attacking the body. I have said that your body is no longer perfect. You can assume that there are holes in your defences even before the microbe attacks. Or a combination of plus and minus that deviates from what it should be. But still in perfect balance to be what they should be in the big picture that is your body.

Compare with the earth here. The earth is not the same everywhere. You have mountains, seas, the earth's crust is not the same thickness everywhere. But all this is in balance. An ideal planet would only be plus, minus, plus, minus, but let's face it, it would be boring if there was no variation. However, you can see from the logic that there is such a combination of choices elsewhere. That there is a perception that, since the beginning of creation, follows the choices plus, minus, plus, minus, plus, minus.

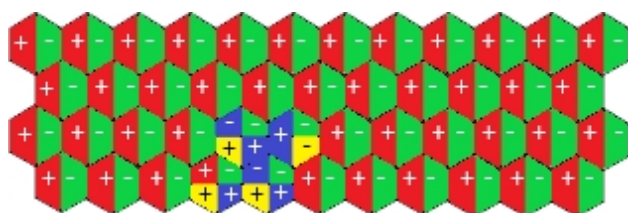
I digress... You can see now that the examples are endless. But, so this was about my perception, i.e. my choices, and therefore choices that affect me like general truths. So what does a pill do? Fill the holes (minus) or, if you like, heal the wounds or imperfections. The microbe that then attacks gets the same or an opposite pole and is thus repelled or attracted. You can imagine the struggle. Three parties in an ideal world. Your cells, the microbe and a pill. Each with its own combination of plus and minus, fighting with each other.

A pill can be an ally, but sometimes also an enemy. For instance, you can think of the pill as a battery. You swallow it and it does its job for a certain amount of time. Your body receives certain combinations of plus and minus

that fill in your imperfections. But of course, it will also attack those imperfections.

How long does a pill work?

A few hours. After that, the battery is empty. The pill army is tired and retreats. So in my story, you get extra defence (plus) and extra attackers (minus). If you are lucky, the time the pill was active was enough. But in some cases, the microbe still has many active combinations and goes on the attack.

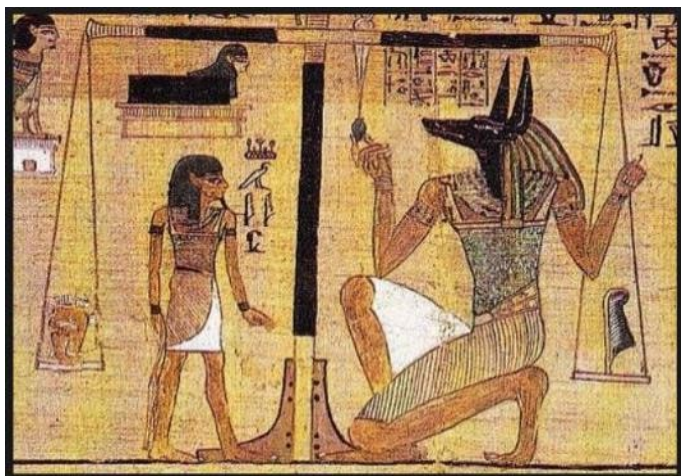


Legend:

Plus and minus: a healthy cell, mix of plus and minus: the microbe

With this example, you can even see that you can compare a war (minus) with a disease (minus). So with plus and minus. Attack (minus) and defend (plus), retreat (minus) or advance (plus). But if the pill no longer works and the germ is still active, you have a choice. Because see, that's the problem with pills. They are only a temporary army. As soon as the pill stops working, that information disappears from your body. This, of course, is a temporary fix. You always assume that your body has everything it needs to sustain itself. Therefore, it is always in an ideal world. In a world where plus and minus have the same weight. An excellent example that just came to my mind is: The Scales of Anubis. The story goes that a recently deceased person had to put his heart in one of the scales and on the other side the feather of Maât. If his heart weighed as much as the feather, he could go to paradise in the afterlife. But if it

was heavier, he would be sent to hell. Adding to my story of plus and minus: you have the ideal combination of plus, less, plus, minus. If your heart comes close to this combination, you go To heaven (plus). If you have taken too many detours, you have to go to hell (minus). Or rather, you return to earth, for another round, so that this time you make the right choices. Karma-sharing, in other words.



My perception is not that of an ideal world. Therefore, your body does not currently have access to this ideal world. At least, that is what you think.

What happens if you have a more serious illness?

Usually, you get treatment in the form of pills. You then have to take the same kind of pill for a long time. So the same information, the same combination is always given to your body. Does an ally always come along to help you or not? No, because sometimes allies let you down in the heat of the moment. But, you assume as a result that every time you take such a pill, there will be extra

are attackers and defenders. Every time there is a break between pills, there is a kind of time-out to see if the virus or whatever keeps attacking or not. You take a pill (plus), you get extra defenders (plus) and extra attackers (minus), the pill disappears (minus), the body verifies again and attacks itself. You take another pill, again with extra defenders and attackers (plus). This continues until your pill wears off (minus). You now see here a sequence of plus and minus. The same combination is repeated until your brain knows it by heart. Until this combination is, as it were, ingrained in your cells. In some cases, again depending on your previous choices, the pill will have done its job and your body's cells will remember this combination of plus and minus.

By the time your cells see this specific code of the virus, your body will have the exact combination to defend your body and attack the virus. Remember, this is not the ideal world. In most cases, the body will not remember and you will have to take more pills to get that combination back. It is hard to say whether taking pills is helpful or not. It depends on the choices made for you in particular since creation. The created perception is, you have to take the pills to survive. Whereas if you do the math, that the world is in even- wicht, it will only ensure that 50% of the world's population needs them. 50% of the bodies will de- pile the information in a pill, and 50% will not.

*The problem is that people are
afraid to die.*

You see your life as the most important thing in the universe. While at the universal level, your life is just a small piece of mechanism. You literally do not dare your body and the cycle of life

more to trust. You can find out more about this if you look up Bruce Lipton's work. And no, he is not the one who commercialised the tea, Lipton. But he is someone who looks for the possibilities that a person can restore his body himself, just by thinking about it. Re-learning that your body can regenerate itself. That is also very interesting. It's about changing one choice and setting aside your fear, allowing your life to be yours again. Now if you read everything I've written, you may or may not think it's impossible. But stop for now and take a few steps back and look at the whole picture: if that is your choice. I repeat: it is your choice to test all this out, to trust nature completely and, above all, to stop being afraid, of the concept that is death. So look, whatever you do in your life, the 80 years or so you have been here on Earth will not matter on a universal level. If you trust modern medicine and use medicine, there will always be people who don't believe in it.

This is proof that there is always some kind of equilibrium. All combinations of choices are made at that time. So in the vast combination, many people will have different pluses and minuses. The truth, whether you believe in it or not, is irrelevant. You just do what you came here to do: experiment so that a combination is tested in the combinations from alpha to omega. From minus to plus.

This is where I struggle to put into words what I mean. For some people, life is precious, for others it is not. That is just a thought. A perception of things. One is here for a purpose and one is doing what one came here for, even if one thinks otherwise. Your thinking and the cycle of life are very different. So you may think that your life is the most mediocre that exists, but in fact you have come here to experience this mediocre life. So that this choice is ticked off the

list of choices to be made! So that no one else has to make this particular choice again! Again in detail: only one combination will be made here.

But you will only see the big picture. And the big picture only shows people dying of serious diseases. So the drugs are needed. That's your learned perception. Which you have learnt from century to century. However, you fail to see that every disease is unique. Even if the doctors put a label on the disease, the cells will be unique. The micro-organism causing the shit is unique. I conclude that the way of healing is therefore unique. This explains why some people heal and others don't. It is just a matter of having the right combination.

I would say: a human has to test this combination, namely dying of a serious disease, but also a human has to test to get out of it. You understand that, again, there will always be two choices. That outside influence becomes very important here! If one believes only in medicine, the influence will be huge and one will not be able to test the other side.

Will everyone die then?

Yes, the body is born and dies, even if you don't get sick. That is a normal cycle that has been going on since the beginning of everything.

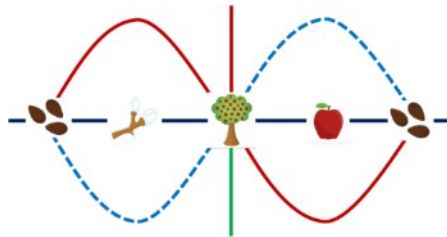
Does it hurt emotionally?

Yes, because external influence wants it, people currently believe it. But in the end, it is just a chemical reaction in your brain. Anyway, I will go deeper into the subject of death later. For now, I'll let you process that. Remember, this is my personal perception. The purpose of what I write is to show you the other side of the cue-six you usually make.

20. World problems versus logic and sentiment

Let me now turn to two topics of topical interest. Food waste and water scarcity. In reality, both are the same. Again, these are just perceptions. Words with a meaning given by a large mass, and repeated over the years. A story of choice between good and bad, between plus and minus and the external influence that changes perceptions. To begin with, I look at food waste. Again, you will see that I keep repeating myself. But with a different story.

I'll start with the example of an apple. Why do I choose apples? Because- that I like to eat apples and live in an apple region. So it's a bit of an outside influence. But again, it's not bad, it's just my perception.



This is how I plant the seed of an apple in the ground. You can compare the seed to the first cell. Positively and negatively charged. Yet another unit, than two magnets, but exactly the same process. The first cell contains new life, and at the same time all the information needed to make an apple. Here we go again. The seed splits (minus), opens, buds form (plus), buds open (minus), leaves form (plus), a stem emerges from above

(plus), roots from below (minus), etc. until a tree emerges that gave an apple in autumn.

The funny thing is that if you google apple cycles, you get a lot of results with children's drawings. So this cycle was learned when you were a child. However, most people have forgotten the true meaning of this cycle. But in the meantime, the cycle has been influenced over the years. For example: much or little rain, good or bad soil, etc.

Now I am going to look at the words food waste. This is a good begin, the dictionary doesn't even have an explanation for this word. So I'll take Wikipedia's definition: Food waste is the loss or discarding of food generally intended for human consumption. But, since a second source is always interesting, so I briefly typed what does food waste mean into Google: food waste is the act of throwing away food intended for human consumption.

Both definitions say the same thing, but with different words. Take the example of an apple. So literally put: an apple fell from the tree, if I don't eat it, it is food waste. Because the apple is meant to be eaten by people. Okay, so the apple falls from the tree, into my hands and then onto the ground or into the bin, whatever. The apple is thrown away. The apple is now affected by humans. See what happens to the apple. The apple stays on the ground for a long time. After a while, it starts rotting and decomposing. Like a battery, without any external influence or chemical reaction in the case of the battery, it stops offering power. In other words, its internal movement stops. The same applies to the apple. It rots and begins to decompose. It becomes food for the soil. Similarly, the cellular information (the combination of plus and minus that made the apple what it is) then enters the soil. Depending on the choices and outside influence

a new apple tree grows out. And the whole process starts on-new.

Are we talking about food waste here?

Yes, if you literally see the meaning of the word. You threw the apple on the ground instead of eating it. Because according to the definition, you had to eat it as a human being.

Now, no. In terms of the cycle of nature, nothing special happened here. The apple was born and died. In between, it had a short life, but always a life of plus and minus - like everything else in this universe. Man has had an influence, yes, but the cycle has not been under- broken. It has only taken a diversion. That is why man is causing detours again this day. Has man prevented nature from taking its course? No, man has not made a decision at all.

*An influence you can have yes, but
not a decision.*

Now see what happens to the apple if the man does not intervene. You start with the apple tree and the apple. What comes before it is the same.

The apple stays down and nobody picks it. Therefore, the tree wastes food. The apple should have fallen into man's hand and man should have eaten it. Do you understand how stupid I am saying this?

What happens automatically when it is autumn?

The apple falls from the tree. Poof. Now it's easy, it's like vroe- ger. The rotten apple decays, becomes food for the soil, the DNA information goes into the soil, etc. Mmm, it's strange, it sounds the- same. That's because it's the same circle of life. The circle of le- ven applies to everything. Even with planets, with suns, with apples, with

earthworms, by a pen, by a piece of metal, by a human, anything.... The path the apple took depends on influences and, to some extent, on its own choices. So it doesn't matter what choices or influences happened in the meantime, or how many detours happened in the meantime. Because that was the apple's life path. That is what makes the apple what it is today. With the necessary combinations of plus and minus.

Another choice may change its colour, for example. Like a human, an apple is unique and never 100% identical. The same goes for a biro and a piece of metal. At best, you can have a 99% match. The possibility of the ideal apple exists, but there is only one apple that is 50% plus and 50% minus exact. Which is an exact ko- pie of the first cell when the first apple was made.

Another possible life path for the apple. Suppose the apple is eaten by man. Man eats the apple, it digests in the stomach, along the intestines, and then yes, it ends up in the faeces. Which in turn goes into the sewer, which is then filtered in the sewage treatment plant. This pile of leftovers is used as compost or simply discarded elsewhere, it digests again and returns to the earth. Again, this is one possible scenario, there are many others. But here, too, you see the circle of life.

It also occurs with people. Imagine if I said we should stop wasting people. It sounds ridiculous, but it's just a word and a meaning. But if you study the whole story, as well as the history of a definition of a word, given by one person. And, you repeat it for years. Then you discover that what you have learned is actually a limitation. Something that doesn't tell the whole story. On the other hand, again, it cannot be part of your choice to hear the full story. Therefore, it literally doesn't matter.

Well, I use these examples to make you realise that many disasters are just words in your head. Like the fact that when an apple dies, another one is automatically born. Like people. It's all in the balance.

Will humans change anything in the circle of life?

No, nothing at all. Even if I throw a thousand apples in the bin, there will always be a reaction, a new apple will grow. So in man's ego, this is a huge problem. Turning a mosquito into an elephant.

One solution: distribute all food equally to all people and abolish the fact that you have to pay to eat something. No one pays a tree to make an apple. I have to pay a man to pick the apple. So that the man does not have to climb, the apples fall off the tree. See where the problem lies? Then again, that's just my perception. Finally, you are better off if you are the meaning of Swiss-land:

Neutral

However, you can empathise with someone else's choices, if that is your choice. But in the end, it doesn't matter. It is the person's choice, what they choose. Whether they want to throw away the apple or not. It will always be the plus or minus that the person chooses and depending on how much outside influence they have.

*The less influence there is, the
more free choice there is. The
fewer detours the person has to
make to achieve their goal.*

Remember that it is your very next choice that matters. Suppose you are, right now, at a crossroads: do you turn right or left? Do you eat the apple or throw it away? That choice is present in this moment. It is your only choice. If you look in both directions in front of you right now, in this moment. Then in that moment, the diversions in the life of the apple happens. Just one choice or the other. After that, there is no choice. The cycle of life continues. Because that choice cannot be made yet. You cannot see into the future. You assume something, but you don't know until the time for that choice has come. This free choice can be made only after you have made other decisions. When free will is active, the automatic cycle of the universe automatically takes over.

When you take off your blinders, you see that everything is the same and that food waste is just a given. Whether you throw food in the bin or not because it is past its date or not. It doesn't matter, food- sel always dies eventually, whether you do anything about it or not. Then it goes back to the beginning. Again, if it is your choice to detour and defend the definition of a word. Then so be it. Finally, even if you are an ultra non-wasteful person, and you eat expired food or food that the shops no longer want, or food that is denatured. It doesn't matter, they all start and end the same way. You can also find this in religion: Ash Wednesday:

*Remember, human, that you are
dust and will return to dust.*

You remain the same no matter how many detours you take. You are made of a minus and you will return to a minus (by crossing a plus, of course). This applies to everything.

Of course, depending on mass and other factors, it takes a little longer than for a human. For a planet, it takes longer to become dust again. But, the beginning is right. There was only one primary particle. An apple starts and ends the same way, regardless of the circumstances.

Now another example: this summer, I heard many farmers in my area complaining. About the water shortage. That we should waste less! That there is no more water in the rivers, etc.

Perfect, now look at the life path of water. Everyone learned this in physics class in school. It is even basic, but in evolution from children to adults, it has been forgotten:

Water on earth is present:

In solid form: ice cream

In liquid form: water

In gaseous form: water

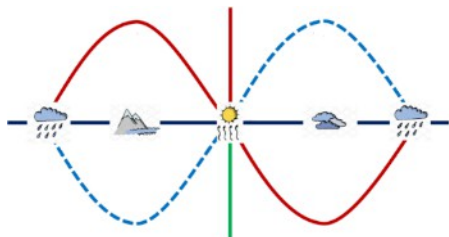
vapour

In my example, I start with water in liquid form. We might as well have started with ice.

But oh well, I turn on my tap. It goes down the drain. It gets purified etc and ends up in the river and the sea. Meanwhile, when it's hot, water evaporates from liquid to gas.

It rises into the air because the combinations of plus and minus are smaller than the earth's pull. Water in gaseous form sits in the air and forms clouds that then fall as water, i.e. rain. Rain can remain rain, but if the outside influence is cold, it becomes ice.

So part remains ice, part remains gas and part remains liquid. The part that remains liquid then flows through pipes back to my tap and out of my tap again. So, did you understand what I meant?



Is there water wastage in the water cycle?

No, I turned on my tap and left it on. Whatever I do, whether I turn it on or leave it off, the water here on earth remains the same in quantity. Only the ratio of water, ice or gas can change. But the quantity remains the same. It doesn't matter what I do. It is not like a hole suddenly appears in the ground or in the sky and water, in whatever form, escapes from it.

Again the circle of life. Remember water you are water and you will return as water, it would then become. The dictionary meaning of water is: liquid that in its pure state has no colour or taste, covering much of the earth. Then the word ice: frozen water and finally the word water vapour: wa- ter that is not liquid, but gaseous.

*It is and always will be water,
whatever definition you
use.*

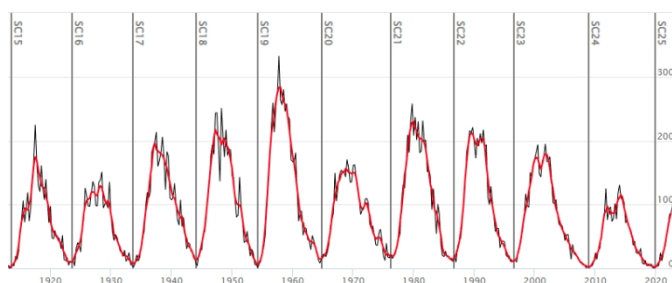
So if I leave my tap on for a long time plus or minus, it remains the same. The amount of water, in any form, does not change. This is an example of a word that has a limited meaning. Note that the word water shortage does not exist in the dictionary. You already have

the definition of the word water and now the definition of the word too-short: a situation where there is a shortage of something. Another definition I found is: A water shortage is when the demand for water from all sectors cannot be fully met. Yes, there is a shortage of water in liquid form. But again, there are choices to be made. Instead of looking narrowly, step back and look a bit further.

Again, take the story of the sun. The sun evolves, moves with you, the sun is bigger, therefore it affects you more. It changes your magnetic field, your composition, it contributes to your evolution. But it also greatly affects water.

What happens to the water when it warms up?

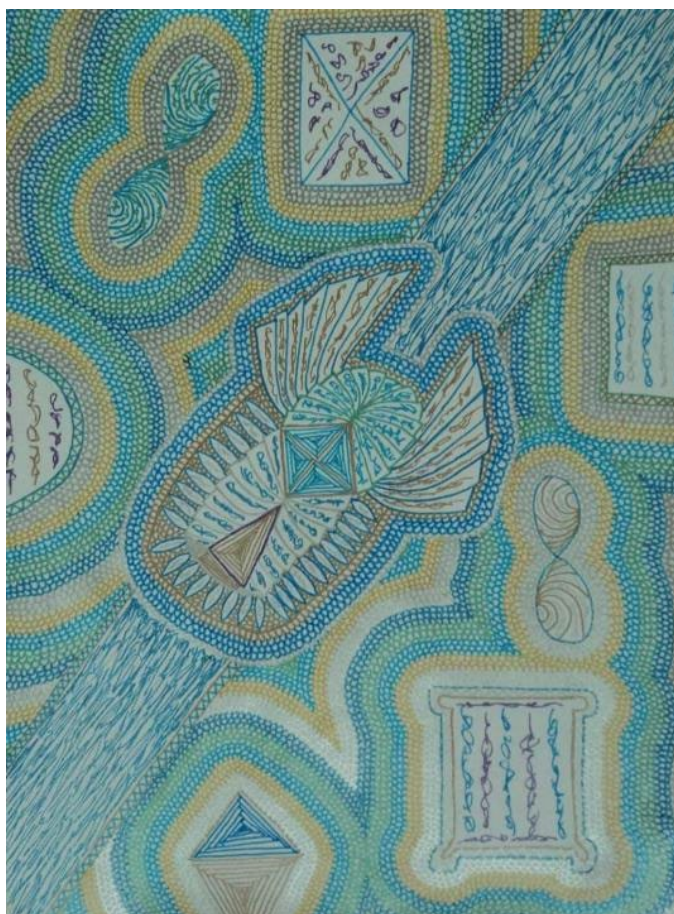
You saw with the fever what happens. It evaporates, it literally becomes hydrogen. So why is there less water in liquid form now? Because- that the sun has the greatest influence in the solar system. The sun, like everything else, also makes choices between plus and minus. It also follows a certain orbit and ages. At different rates. For all these reasons, I can tell you that from 2025 to 2027, the sun will reach a plus in its life. That the sun will reach an exact peak! It is about every 10 years that the sun peaks. The last time was in July 2000, before that in June 1989, before that in November 1979, and so on. It is a natural glow, it is the life cycle of the sun.



Just for fun, I did a quick Google search for July 2000 drought or July 2000 heat and got this first search result: Heat and drought in the past worst in 2000 years or Temperature exceeds historic limit of 40°C. What is happening now is quite normal. It's just a movement, an evolution. You can imagine what I am saying now. So, for this problem, why don't we make a pill? Society loves pills, so why don't we make one for this human disease? You know that water in gaseous and saline form is most abundant today. And, the technology already exists to make gas liquid again. And the data that the sun evolves is public, so anyone can know that the ratio of gas to liquid changes every 10 years or so. See Google: how to change water from gas to liquid.

So why is this technology not included in the standard values? It's as simple as that. The standard values, which started around the turn of the century, have been redrafted in recent years. The discussions about the causes of water scarcity are still going on. So instead of using logic and feelings, people prefer to use alternative solutions to solve this problem. So you see how quickly the world changes, when a big positive decision has to be taken. It takes a few decades for such an idea to be implemented. But if it is a negative decision, like what happened during the coronavirus story, then everything can move fast. I won't go into details in this discussion, but I think you understand what I mean here.

Because as I said, these are just two possibilities that exist. The technology exists, but due to the external influence of the economy, the technology is still too expensive.



The same applies to the argument that there is too much salt water compared to fresh water. The technology already exists to turn salt water into fresh water, but it is still too expensive.

There are still discussions about this too. See Google: how to turn salt water into fresh water. Global warming... Yes, exactly the-same. Just as you go from child to adult, the sun also goes from child to adult, it grows much more every moment. Just as you have ups and downs, the sun also has one every 10 years. It goes from minus to plus, then from plus to minus, then to plus, etc. You remember that, don't you?

Now, mind you, there is a nuance. The sun's cycle remains the same from plus to minus, but don't forget that the sun also ages. It evolves with each cycle as you do every year. In other words, during the sun's positive years, the earth gets warmer. And, during the sun's negative years, the earth cools down. This is the logical evolution.

Note that the sun plays only a small role in the universe. The solar nest system is only a small particle and is not the centre of the universe as standard values would sometimes have you believe. The fact that climate change is currently taking place in this part of the universe is a minor problem. That compared to a negative taking place elsewhere at the same time. That with a much greater mass or magnitude. In your brain it seems huge, but in reality it is tiny.

Now post what you know about water scarcity or global warming in my story. Your biggest influence is the sun. The sun heats water and other substances in liquid form, and they become gas (hydrogen and nitrogen dust). But, when your sun, after 2027, drops back, the intensity of the heat decreases and the sun returns to its lowest point. Then

the gas turns back into water. Pure logic with a dash of common sense. And, if you need proof, you can always look up the climate data, years when the sun is in its negative amplitude. What is above falls, what is below rises. After the sun comes the rain and after the rain comes the sun. This happens every 10 years. This can also be found on NOAA's website or on spaceweatherlive.com.

Will each cycle be the same as the previous 10 years?

No, absolutely not. It varies depending on choices and influences. It is not linear and goes from colder to warmer or warmer to colder. It is unique and has a unique pattern, but always with ups and downs. The depth of these lows or the steepness of the highs vary.

But again, you can create a pill that acts as a buffer. But before that, the world must first determine together what the causes and influences of global warming are, and that may take a long time.

If you want to put it in my narrative. How long does it take before all the different combinations of 'plus' and 'minus' (i.e. the scientists engaged in them) reach a certain neutrality, so that all the combinations of 'plus' and 'minus' start attracting each other. (So how long will it take for the scientists to realise that their truth is not the ultimate truth, but that the combination of te- generated truths form a 'whole' and thus a solution to all those problems, such as global warming)?

There are other things, non-water related, that cause a little bit of the drought. For example, why does the Netherlands suffer less from drought than Belgium? Firstly, because of keeping the canals open. In the Netherlands, they maintain the canals and

there is always water in and around many cities. In Belgium, they don't maintain them or they fill them with earth and let the water go round and round instead of letting nature do its work. There is water only in the rivers and canals that are maintained. A farmer cannot simply water his field by pumping water from the canals. Because then these canals will be empty.

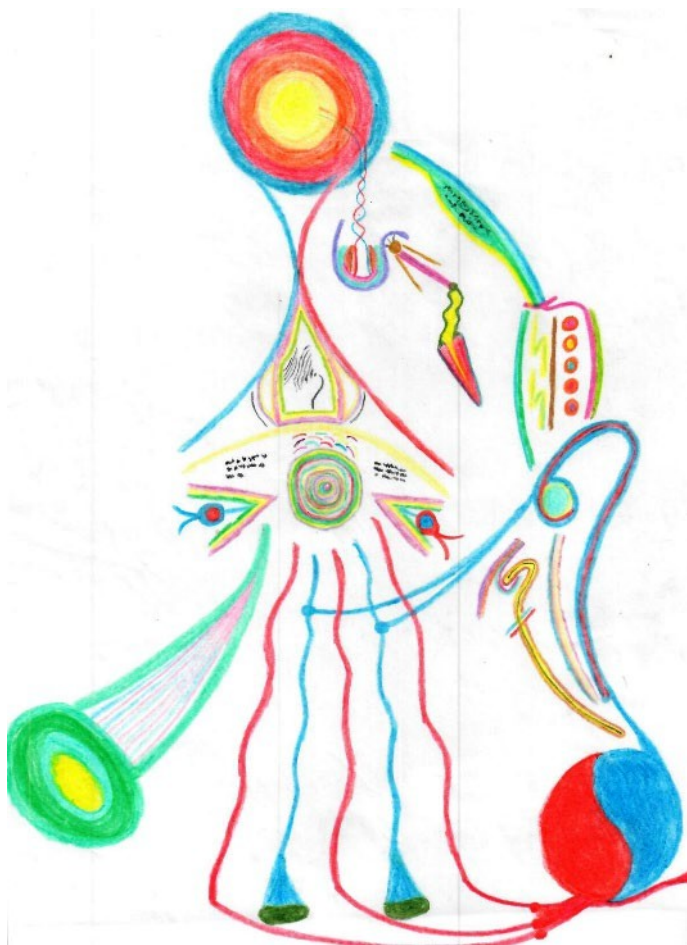
In the Netherlands, they are filled with fresh water when a river has high tide. Flanders, then geographically at about the same altitude as the Netherlands, suffers from a water shortage, especially compared to Wallonia and the Netherlands. And they have more nature and maintain their canals better. So this is only a small example of a negative impact. So there are only a few 'pluses' that are 'minuses' and a few 'minuses' that should be 'pluses'. But, again- again, it has its purpose. If this were not the case, people would never be able to tell the difference between countries. They would not be able to learn from their negative experiences.

Consequently, they would not be able to go from minus to plus or from plus to minus.

The same applies here, but at the level of general values. The choices made are not important. Even if my perception of the whole differs from the default values. It is always a choice that one accepts or not. A politician makes a difference in that moment by changing a choice. When will this happen? I don't have a crystal ball and it doesn't matter. Indeed, it may never happen if this is the path that fits into Belgium's default values.

Because of this, I could go on about many other topics that would break your head. But here I choose not to get too attached to it. Even though it annoys me a bit. On the other hand, you can

also see here what I write now, what my influences and choices in life are. But, listen, if you're interested in a particular topic, try dissecting it yourself or contact me and we'll do it together.



21. Neutrality

What I have written so far is my perception and it differs honourably from the general and learned perception. This is because I have chosen to keep my vision as broad as possible. Even though most people will now roll their eyes. All that matters is:

*Be completely neutral, don't cling
to ideas or truths.*

All truths are true and false at the same time. A guru, a teacher, a master, a scientist... whatever name (title) you give him/her, can tell you something that partially or completely agrees with your choices. You can even assume that science is simultaneously right and wrong. The guru is then the science or scientist, who believes he/she has proven something. Depending on your choices, this proof may or may not be enough to convince you to assume its truth.

This is where the general truth resurfaces. The truth passed down through the ages and accepted by many as the ultimate truth. If the general influence is great, then even if you don't understand the formula, you will be influenced to accept it anyway. So if you think science is the ultimate truth, you can see that it is not. It is just one observation among many.

If in history religion had been understood as general truth. Then you would have linked the word science to the Bible and Biblical texts. Or if, for example, you had food as the general truth through the ages. A cookbook would then be the Bible with all the ultimate truths. And, mathematics would have the same status as spirituality, within your perception.

*Who decides that science and other general truths
are now correct and generally accepted as the
ultimate truth?*

Masses, of course. The greater the mass of an object or, in this case, a group of people, the greater its influence.

To maintain this neutrality and be truly open to everyone, I think it is better to start from the principle that everything is simultaneously good and bad.

*Don't judge others. You don't like
others to judge you either.*

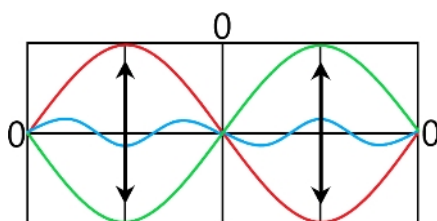
Don't dwell on one or more truths, but simply- accept them all as they are now. Beware, if you have preferences now, because of the choices you have made. There is nothing wrong with that. But, be open to the fact that your truth may not resonate with someone else's choices. Don't argue about whether something is right or wrong. Just accept that another person's perception is right for them. Just as your perception of everything is right for you. This, I believe, is a possible path to world peace. Also a possibility of progress. Take one idea and add other ideas to it. Don't argue whether it fits or not, but combine all perceptions sa- men. Even if they are not accepted today. For example, change what is currently non-fictional to fictional and what is fictional to non-fictional.

Will this change overnight?

No, there will always be 'diehards' (Gauls) who will oppose the invader. This is normal, as it is also a personal choice. But if you yourself, reading this now, start, that will be a start. That is already a person more open to evolution or change.

Again, be careful not to fall into the trap of an opposite observation. You are now on the sine at zero. You can follow your sine path or stay in your position.

But you can also stay pretty neutral. Because that's exactly what attracts you then. So, do you remember that? On the other hand, chances are that that opposite perception will reject your ideas.

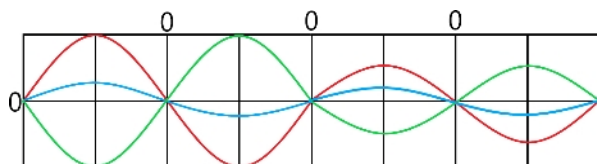


Then break the circle and don't respond. At this point, literally let go of your opinion. An opinion is your perception of everything, so let it go. And remain silent, for example. Stay positive about the other person's perception. This will ensure that the other person who was expecting a negative reaction from you will now get a neutral reaction. So you see in the sine you get as a reaction, an equally positive reaction that will follow. Even if you don't expect it now.

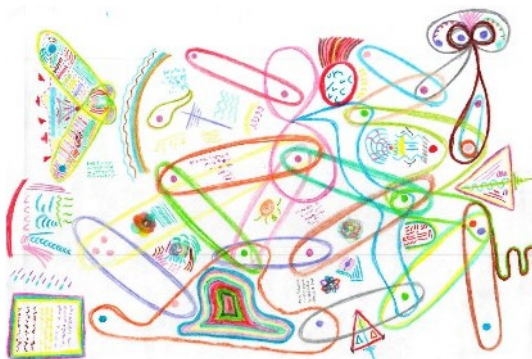
Which has more mass? Accepting some ideas about mass or accepting all ideas? Even if they don't fit your perception?

I couldn't be clearer: Omega or all. Here is my plus of the be- gin back. Let's make a combination of all truths. You come to perceive all that is because you accept everything. Moreover, you are open to everything without judging. You do this with a positive attitude. Imagine that another person's idea or truth does not match your current perception, but at a later time

well. You don't know that. Instead of feeling like you have to push that truth away and your ego takes a hit, as it were, you now have a sense of neutrality. You can come back to this person later in a positive way. And you won't have to do much to accept his idea. There is also a good chance that with this positive in- stance, you will take action to turn his minus into plus. Because at the last meeting, he felt you refused to listen to him or accept his truth. Yet he feels honoured that you now accept his idea as part of your personal perceptions, your personal truths. Whereas from your point of view, you never really supported or accepted him. So you remained neutral, between your ideas and his. Isn't that wonderful?



It opens up the possibility of testing this in other people. So this is my science right now, my proven truth. Even in the eyes of a scientist, it will be labelled pseudoscience or some other weird label. But again, to each his own.



22. The sense of neutrality is compromised

I am talking about neutrality here, but there is some influence. Namely being positive or negative or having a good or bad influence. Now, if you want to be completely neutral, you will also have to be able to accept emotions as neutral. I don't mean to say that you should switch off your emotions. Rather, I am saying:

Accept all emotions without giving them polarity.

By this I mean that you will have to accept, for example, the following: Joy and sadness should be regarded as equal. Not as a positive or negative feeling. As a whole. No sadness without happiness, no happiness without sadness. It is like this starting cell.

On the other hand, from a scientific point of view, you can consider that emotions are just a chemical reaction in the brain. That same brain has determined what is plus or minus. If you can keep a feeling neutral, you take away any influence the feeling might have on the other person. Of course, this is not the easiest task, but it is possible. Your brain is completely programmable. You choose to do it or not.



23. Neutrality puts the pieces together

So you assume that everyone still has their own unique perception. The majority would be neutral towards the minorities instead of everyone judging everyone else. Act to tip the scales the other way. Neutrality becomes the biggest influence instead of judging the other person's perception.

Imagine a puzzle with many pieces. You don't know where to start. You can look at the box to see how it will end. Most people start by putting down the edges. As you put the pieces together, line up the edges and the centre based on the colours and shapes in the picture. You are happy that this has already been done, but you understand that it is still a lot of work. So what do you do? You realise that this is a puzzle you won't be able to complete on your own.

Then invite some people who you know have experience with puzzles. They put in the missing pieces of the puzzle. However you are no longer alone, you still haven't got enough distance to finish the puzzle. Fortunately, the new people themselves know people who like puzzles. Nevertheless, some people like making 3D puzzles or working with a much smaller number of puzzle pieces. However, that doesn't interest you. You want to see the puzzle put together, you want to look at the end result. More and more people join forces to put the puzzle pieces together, some very diligently, others less so. After a while, the puzzle, begins to take shape and the end result is near.

Will you achieve this during your lifetime? No, probably not. Most of all, you need people who share your passion. It takes a lot of courage to put together a puzzle with so many pieces. There are not only

needed people with a lot of experience with puzzles and the ability to put many puzzle pieces together. But even someone who could only put one piece together was useful, because he or she could put that one piece that the others had not seen. Everyone will have some understanding of how a puzzle piece is put together. But, again, not everyone is a puzzle expert. Still, each puzzle piece is important to reach the final solution. On some puzzle pieces, you can recognise part of the design on the box. This makes the professional puzzler say: I didn't see that one. Everyone contributes to this goal. Even if they have different passions, they are curious about the end result. But for that, you have to be open to the fact that there are people who don't know how to puzzle. The expert did not look at the picture from the same point of view, because these people too will contribute to the placement of a piece.

In the ideal world, the masses should have a more optimistic attitude instead of a pessimistic one! So having a negative holding towards everything that is different or outside their perception, change it to a positive one. Anything that falls within your perception is attracted to you. You always learn more about the things that interest you and make you curious. But if it is an idea that goes against what you know or think, it is more difficult. So you protect your perception with all your might. Imagine it's a person who doesn't like puzzles. That same person can find the missing pieces or make the missing link because he has an opposite perception of everything. Wouldn't that be amazing? Very few people take that route. That's how you are taught. You have to choose between right and wrong. Or, you have a choice between light and dark. But, if you choose darkness, you don't belong to the masses.

So in my puzzle story, an expert might say to someone who knows nothing about puzzles: No, you can't help, you know nothing about

puzzles. But that person with different ideas put together the pieces of the puzzle that the puzzle expert did not see. Collaboration is the key to finding the solution, no matter how far you have come in your life and no matter how long it has taken you to come to this experience of putting a puzzle together.

The plus and minus are connected.

I know what you are going to say: what you say is impossible in this maat- pij. I have the same opinion as you on that. It won't happen on the spot. Besides, it doesn't have to. If you read this book, after every book you read already say:

*I am open to what I read, even if
I cannot believe or prove it now.*

This is a start. Every person who says yes is one more person. The number of people who respond positively is important to have more influence and cross the 50% threshold.

If the sun were smaller than the earth, it would orbit the earth until the sun was 51% of its size and the earth 49%. After that, the earth goes around the sun again. If you stay at 50%, no mass is the largest and everything stops or if you want to add all this to my story: equal forces arise because each side thinks its vision or perception is the best. So you need that imbalance to get there. I repeat that:

*It is enough to turn a minus into a
plus*

I am not asking for extremes, just 1%. That is why you need people who deviate from the general truth and tell others their vision. But also people who believe in a general truth, who give a vision to those who want to go further into it.

With mutual respect for each other's opinions. They then form plus, minus-three and minus, plus, depending on which side you look at. Thus, they attract each other and form a whole. Therefore, my idea of the ideal world is that there is movement towards unity. Still on a small scale, but moving.

As a result, the masses are still in the negative. Yet people are gradually beginning to understand that they can also choose the path of the positive.

Even if I say the coronavirus story was a big mistake, I have to admit to myself that this crisis has helped people relax. Both literally and figuratively, in their lives and in the decisions they have made and might make now.

I also notice this progression with vaccines: before, the great masses, without thinking, just took the vaccine, without wondering about the consequences. They accept vaccines because they have been taught to believe in them.

But then many discover they get sick anyway. But they take the second vaccine anyway. But then they get sick again, and they no longer blindly follow the general truth, they assess whether this vaccine is necessary for them and start thinking.

Does this fit with the choices I have already made in my life?

This is how the masses are slowly developing. Has it already become a majority viewpoint? It is difficult to answer this question because I cannot read minds. And, what I am writing here is just one way. Many other combinations are possible.

Each combination of two elements brings out a different percentage of the total mass. The two are balanced together even though they are not equal.



What do you think? Is there an imbalance in the world?

Yes, absolutely. Yin and Yang are not equal, but they remain Yin and Yang. They have two different points of view. The birth rate and the death rate are not equal, even if we think they are. It is not balanced, yet the Earth continues to exist.

Does the relationship between Yin and Yang last? No, it always changes, sometimes Yin is more important than Yang, and sometimes Yang is stronger than Yin. So are Yin and Yang never in perfect balance, with each 50%? Yes, when the equilibrium changes from Yin to Yang or from Yang to Yin, it is equally balanced.

For a short time, you can see the ideal world, also called Utopia. You have to make sure you keep this balance as close to 50 per cent as possible. Even if it now seems possible or not.

24. The death of the biological body

You have already seen how it all started, and it is almost the same with how humans are created. What is different is your perception. You give a different name to something that works in the same way. But by putting yourself at the centre of the universe, only your story matters. What brought you here, what is, is of no use to you. So you see how much humans have changed over the years.

I know what you are going to say: I am interested in my origins. That is possible. On the other hand, I am talking about the image I have of the people around me. However, they just live their own lives as best they can until they die. So they don't care about how the universe works.

It takes too long to understand how everything works.

I hear them say. But one day they die and regret not enjoying their lives more.

How can you live better?

By doing what is asked of you? Being born, growing up, working, growing old and dying. In short, this is the general truth, which has great influence on you. For the most part, this is enough. This is what you have learned, it is embedded in your memory. It is in the grey area of this learned path that you do your best. You always regret not living a fuller life.

Again, a sinusoidal movement of plus and minus, and especially the influence of an external factor on your life. This negative influence limits you and you fail to see the good moments of your life. You

remembers only the main points. And then you lie on your deathbed wishing you had more years to do things differently.

If you look at how the universe was born and how you were born. Can I tell you that you choose how you want to spend this last moment in this perception. It always ends well and the sequel is neutral.

What does a sigh mean?

In this case, the last sigh. A sigh is when you say to yourself: it's over, I can rest. If you consult your dictionary, you'll find a nice explanation:

Audible exhalation or longing for something

When you sigh, sink into the seat and let everyone in the room hear it. Everyone can hear it: It was good, now I am going to rest on the sofa and do what I want to do. Watch TV, read a book, sleep, it can be anything. This is your time and no one else can take it away from you. You mull over all sorts of things, right before this moment of total rest. Now that you've cleared your brain, it's over. Isn't this the most touching moment of the day?

And yet death is seen as something negative and birth as something positive. But this is just a general perception. You can also reverse the polarity, as I did recently. With your feelings and by not doing what people expect of you.

An example, taken from my life, is my father's funeral. At the funeral, someone said there wasn't much crying, and that has always scarred me. At a funeral, you have to be sad. While

the one who took his last breath is now happier than you. It's ironical, isn't it? What you are supposed to do at a funeral is come in black, because you are grieving.

You are not supposed to laugh a lot, as you might shock others. This is how you are supposed to behave. These are the rules, you either follow them or you don't.

Doesn't this negative atmosphere stem from jealousy?

He is at peace now, I am sad because I cannot sit on this seat forever.

Will you miss the person?

This is expected of you. You also have to cry to express your displeasure. You have to show to the outside world that you are sad. Otherwise, it shocks people that you haven't cried.

Moreover, you won't be able to give him/her hugs, talk to him/her, have fun, etc., then. The word 'you' is widely used for another person's farewell party. I'm going to miss him so much! Shouldn't he be at the forefront and not you?

Whatever your reasons. He is happy and at peace now. So you don't think much about that. You think more about your own death, what you might lose if you die too, your grief, etc. He no longer has to make his calculations of choices in his head. He is then no longer afraid of the past or the future. In your perception of time, everything has stopped for him. Everything has started again in a different way.

The whole grieving process is basically a combination of plus and minus that succeed each other. This is under the influence of a negative influence. Start examining your choices in your life. Have you done the right thing or

no? 'If only I had been with him more often'. The 'what if' is used again.

Is it possible to change the past?

Will it change anything if you ask yourself a thousand and one questions about whether a choice was right or wrong?

No, you mean it, but it doesn't matter. So he is gone from your life, which means he will never come back. Isn't it that you are powerless or limited? There are tools to help you manage this process. You can also go to a psychologist, who will explain to you how you should feel. Then religion will tell you to remember him and that he is with God. Whether he is reincarnated or not, there is an experience for everyone.

It's about you and your unhappiness, not the person who died. Nothing more than you. The deceased now has eternal peace or a better life than you.

Isn't that unfair that he gets to rest in peace and you don't?

It's just a feeling. You might as well have looked at the other side: I am still enjoying life and this person can no longer do so. As you have seen, on the theme of neutrality, there is currently no balance. You can choose to be influenced by the truth or not, and you can choose to move towards reality or away from it. Right now, the general meaning of the word die is negative. It is truth or general perception.

I know I repeat myself sometimes, that's because it's important. Remember that your brain remembers information better when it is repeated. When I repeat certain phrases, I emphasise whether something is a

common or an individual perception. Having raised the subject of death, how can you deal with this reality?

How can the grieving process be made easier?

It is entirely in your hands.

What is your preferred option? Is it better to be unhappy for a long time or happy for a long time? Do you think the deceased would want you to continue suffering with yourself, or to enjoy the years you still have here on earth? It comes down to that.

But you are in a negative mood because the overall influence is negative. Why is that? Because of those hidden choices. Those choices you can't see because of the atmosphere around you.

Earlier, I mentioned the examples of changing jobs and love affairs. You are then in a general positive or negative state. You don't notice when you change polarity. It is your happiness, and you will do anything to keep it. Even if you have to go through a difficult time. The influence you are in, which is very positive, will crush the negative. With death, it is exactly the same, but in the opposite way. At that point, the larger masses see it as negative, because they start thinking they are alone and that they will never again get that good feeling that person gave them.

True, but how do you know what tomorrow will feel like? Do you know what will happen? I don't. Besides, you can decide at any moment, no matter how strong the influence, what you feel and when you feel it. Another example is the earth's gravity. You are attracted by the gravity of a mass greater than

you, and this keeps you from flying. But even if your feet stay on the ground, nothing and no one can stop you from jumping. Detach yourself from this influence. You also choose the length of your jump according to your ability.

For a short period, change the polarity of some combinations of plus and minus. If you do this for several short periods of time, the accumulated influence will be opposite. The brain will learn that jumping is fun. It is when you are in a negative mood, say to yourself, He is dead and feel a sense of loss, that the grieving process begins. The overall influence is that missing a person is negative.

But you choose to remember him. You remember that re-imagining of your wonderful holiday together. You jump in the air and go against the general mood. I won't be able to have a holiday like that again, you say, as gravity pulls you down. You fall back into the negative. Because it is, you express: 'You won't be able to have a holiday as good as this one again.' No, it is true, this holiday is unique.

But, who says you won't meet new friends. This vacation may be very similar in atmosphere to how it was with him then. On the other hand, I'm not in a position to tell you what's coming, you already knew that! Having said that, each time you make a small leap in the positive. So you have a chance, even if it is less than the one you had with the deceased. Then there's the next: oh no, now I already have to go on leave or with someone I have less to do with. Back on the ground. It's always up to you what you do with it.

Are you doing something positive or just complaining? It's always the same story:

*Choose what you are attracted
to, but you always attract the
opposite of what you want.*

Even if you don't notice it. The minus is accentuated in the case of death. So you are immersed in a negative bath. If you like staying in this bath, this choice is a move. However, you can also remove a finger from the negative bath. This gesture will symbolise a positive act. Then, that finger is put back into the negative bath. This is the first choice you could make.

The second choice could be that you are still in the negative bath (minus). This time, you step out of the bath because you have cramp and therefore need to go to the toilet. So you make the move to get out of this negative bath (plus). You also make the decision to step out of the bath to go to the toilet. For a certain time, you are no longer under the negative influence of this bath. But you step out of the bath and it is cold (minus). However, these cramps disappear because you were able to go to the toilet (plus). Then you get back into your negative bath (minus). By this time, however, the water has turned cold. Still, you may decide to get out of the bath or add more hot water to extend your negative bath.

This is just one of the possibilities I use to make something clear to you. There are other possibilities. Here I show that I use a hot bath as something bad and going to the toilet (throwing something away) as something good. I don't rely on the definition of words, I use them according to what I perceive.

Does this mean that from this day forward I will always consider a hot bath as something pathetic? No, I now choose to use it as the opposite signifier.

What can you conclude from this? You are always in control of how you want to see death and how long it will take you to get out of this negativity. Again, just decide overnight that enough is enough and you will recreate new memories. Different from the ones you had? Yes, that's true, but always positive experiences, maybe even more positive than the ones you had when you were with the deceased. You don't know that, you don't have a crystal ball. These are just choices that happen in your head. And, depending on the influence, more negative or positive calculations will be made. But, again, for every negative thought, there is always a possible opposite positive thought, even if you don't see it right away. So choose even what you feel.

*Don't listen to others who tell you
to stand strong.*

Again, unless it is your choice to follow the masses. That is also a choice, but not mine.

Another example I give is: you have had a road accident. Many people tell you to get back to driving your car as soon as possible. It's exactly the same. Go on with your life if you feel like it, even though outside influences will tell you to stay in bed and cry. I repeat it one last time: happiness or sadness or any emotion is just a chemical reaction in your li- chaam, which is in your own control. No one else is in control of it.

25. The energy body versus the biological body

In the previous chapter, I talked about death.

Will the deceased really disappear? The biological body no longer works. Why not?

Because the heart stops beating. Adding that to my story, the energy source stops creating a magnetic field. Because there is no more magnetic field, the cells stop attracting and repelling each other. The lack of movement means there is also no more energy to create new cells. You can also examine this with the pluses and minuses.

As long as this polarity changes, or rather as long as choices are made, there will be matter. This matter, as you have seen, is created by this energy. This energy has been permanently present since the first cell or particle started moving.

It is important not to forget creation:

*You have a cell, but you also had
this move*

As a result, the cell split. On the other hand, it moved forward. This will evolve from nothing to something. That's where I found what I was looking for. In spirituality, they talk about your true self, your energetic body, your soul, etc. Eventually, in science, they talk about it too. Even Einstein discusses it with his famous formula, and he is a scientist. Here you can see again that everything is the same, only in an another story.

This energy makes it possible to produce visible matter. Thanks to this energy, everything grows, evolves. From large bodies to the smallest object.

Yet you think your body is a part of you. I would rewrite it more as a vehicle to live the materialistic life. Without energy, there is no matter. But without matter, there is energy. The will to move will always be there. Even if you don't see it. Because energy is not perceptible by the senses. You can measure it by auxiliary means, but the body does not perceive it. Most people don't think about how your cells are put together or how all matter is connected. Yet it is present from the beginning of matter. If this energy had decided at creation not to set this one cell of matter in motion, things would look very different here. Then matter would have been confined to a cell and this energy to motion. But still, so in general perception:

Energy is the driving force

The pushing force of matter. Therefore, if you put this in a religious context, you could say it is the soul of your body. The soul of matter. But again, this is my perception, my image of it.

Does the soul then contain the full information of the uni- versum?

No, it is not the omega. Omega is the only cell that contains all the raw materials found in the universe. And, so the alpha is the vacuum that was needed to extract all those raw materials. I see the soul more as the zero line, the neutrality. It does not judge the direction of matter or what is going on. It only helps create a direction. If what you experience on earth is just a kind of experiment.

Then you could say that you came here precisely to experience the constraints. And, to have the choice of which limitation to take or not take. So, the soul is neutral and neutral is boring, so to speak. Then you come here on Earth for about 80 years to experience something. To not always know perfection, but also to feel what it is like to have these limitations. Who you think you are, in this case, is not who you really are.

You can think of it as starting with a blank hard disk at birth. No data, nothing in the brain. Then Windows is installed on it. So you need that as a base to build on this experience. Then, as with any computer, error messages appear and some programmes don't install properly. Or you rom-melt some with files in Windows Explorer. Then you delete some files with or without intention. So in the end, you work with a computer that has limitations. But will it ultimately matter how much power you need to use that computer? No. That computer will always need 230 volts to work. You can tell yourself that it cannot work without this energy. Without that energy, the processor won't work, in your case the brain.

Do you see this energy?

No. You either know it's there or it's not. You can experience it yourself when you put your fingers in the socket. But can you grasp it or see it? No. Yet it is the basis of all matter. Without energy, you have nothing. Energy is always there, even when you don't have a computer. Without this movement of attraction and repulsion, you have nothing. Then matter itself cannot exist. Then it dies or disintegrates.

May I then say that you are that energy?

Through this movement, you use this shell, this vehicle to move in the material world. With this biological body you collect

information about this material world. The alpha cell is merged with the omega cell! Into the cell that contains all the information about matter. This is science in its purest form. Simple isn't it? You create new combinations of choices. Choices between minus and plus. Combinations that didn't exist before. But now they do. You literally evolve, through your experiences, through your choices here on your life path, the omega cell. From a compact cell with only raw materials, to a complicated experiment, with countless new combinations. You can do this because you are neutral energy. What I mentioned earlier about what we could achieve as humanity, if we were all neutral and without judgement. That is exactly what it is, one layer higher. From the point of view that you are a being of energy.

Energy does not discriminate

It is unique, so it does not distinguish between good and bad. Energy goes everywhere, even if you resist it, etc. Matter does exactly the opposite.

The brain judges

It discriminates, complicates things. Moreover, you may or may not understand what I mean here. What you think you are is only part of the experience for which you came here. As an energetic being, you control this body and let it make certain decisions for as long as necessary. You are literally testing its limits. Limits you cannot experience in the role of energy beings. You see that in the role of material being, you are unique.

Each has its own combination of advantages and disadvantages. But from this story I am telling now, you notice that there is actually a unity too. A unity that holds everything together. By everything, I would say everything. So people, planets, everything material in the universe. Everything

Which is energy, everything that is movement. Anything where plus attracts minus and minus attracts plus.

In spirituality and religion, this is described as rebirth. Yes, rebirth in the sense that the soul goes into another material body and the experience begins again. In reality, you don't stop rebirth. You keep doing, what you have to do here. It is more about trying more combinations of plus and minus, creating unique paths and taking new branches that no one else takes. Trying combinations until you have gone too far with the limitations and leave this material body behind to step into a new body and move on, until all combinations have been tried.

It is the circle of life. This is also beautifully explained in the rhythmic song from The Lion King. You are born, you do your real work (not the one you do within society). You choose certain combinations of positive and negative experiences, the material body dies. And you start again on a totally different branch with different choices, until the material body dies again. Now if your soul is reborn in a human, an animal, a piece of metal or wherever. It is all the same. The cycle is the same for everything material.

Yes, there will be people who will say there is nothing after death. Yes, these people can't help it. It is the choice they have made. Look, there is a reason you start over with a blank hard disk every time. If you remembered everything that happened in the previous cycle, your hard disk or your brain would be full before you started your new cycle.

You would literally have an even harder time **d e a l i n g** with all those combinations of plus and minus. Again, I am not ruling out the possibility that this

actually happening. But in my perception of what is there now, that is not the case.

But yes, then you are born again. The energy flows again through the newly created cells and creates a new body. So the only constant is the energy that remains unchanged and ever-present. Let me return to this new cycle for a moment.

What Buddhist teachings call resurrection. I said that so that your brain is completely empty again, you no longer remember anything from your previous life. This is not quite correct. You can remember certain combinations of plus and minus. This is, as I said earlier, in the appearance of soul mates. You meet your soul mate and you feel instant attraction. Even if your brain thinks you don't know the person. You trust the person immediately and it is love at first sight.

*The fact that you see an
unknown corporeal li- chaam in
front of you does not mean that
this person is not re-knowable to
you.*

Remember, you are moving from biological body to biological li-cham each time. And, you start somewhere different each time. Imagine visually what I am about to say. So, for a moment, I am using the linear perception of time and space. You were born, let's say, in 1900. You lived in your material body until 1980. So you spent 80 years making choices. So combinations of plus and minus. Well, those 80 years you spent with your partner. Who in turn also made choices. As a result, a child was born who has the combination of both. So a certain combination of plus and minus. Draw this on paper, maybe it will help you imagine it. Moving on. By the way, you died in 1980 and

your baby died in jet year 2000, which is a bit young, but that's just one example. So this particular combination of plus and minus goes on. That child may or may not have had children. But the combination or the DNA material has continued. It is like energy going on. In reality, energy is never dead. You are reborn, say in 2022. With a blank memory, but still with the genetic information of your ancestors' choices.

So what is a soul mate?

Suppose you are reborn in the same branch, which has since expanded and made many more choices over the years, and at that moment you meet someone you don't physically know at all. But inside there is a feeling of: Yes, I know this person, even though I have never seen him or her before. Oh yes, you have been resurrected and you have started again. That exact feeling is, to put it in my story, a certain combination of plus and minus, which was yours and which you subconsciously recognised. A piece of the genetic code, a piece of the person's magnetic field, which you recognise and which attracts you. Even if your eyes and your brain don't believe it.

Small note: The word incest contains a code, a piece of primitive coding, that applies to everyone. So I can say that you are everyone's family and that you practice incest on a large scale. This idea came to me as I was writing this. Again, this is just a change in the meaning of the word.

You recognise the combination of plus and minus and feel attracted. A good film that explains this is: Infinite. You start a certain relationship with this person. Again, it depends on how much common positives and negatives attract each other. Therefore, they are soul mates. So it can be an almost perfect match, allowing you to start a love relationship, or just a friendship. Also here

it depends on the extent to which the pluses and minuses attract each other.

In spirituality, we sometimes speak of souls, families or soul groups. In doing so, it suffices to combine them in time and space, which are close to yours and which attract you. But, at the upper common layer, you always have energy as a red line. That invisible force that allows you to make that choice. Do you then commit mass incest? That depends on the position you take. If you have been able to follow this story, you will see that you are one unit with everything.

In the religious world, everyone is descended from Adam and Eve. And from a higher point, you are only the source, God. You are constant and neutral. Every human being is an entity. And, is spread across the material universe. Moreover, it is countless different puzzle pieces, which sometimes form a picture: energy, the soul. So I have explained the soul of all that is. Moreover, I repeat again what I have already said several times. This is my perception, my vision of life. This truth does not have to change your life. At least if you choose not to. It is just a certain path I have taken. With certain choices, with certain combinations of plus and minus. A path that is rarely taken, but it exists.

As an energy body, everyone is equal, without discrimination, without error, without inequality. Everything you consider negative in the general truths then doesn't exist. Again, I would say it is boring, but some people seek refuge in that peace, in that neutrality. And, it is that unity that attracts you. You know, as a material person, that everything can be neutral. Sometimes, though, you don't know how to do that. Especially not with so many people, all with different cues. Yet you feel drawn to it and the foundations of

general truths are built on it. Of course, the meaning is somewhat distorted in evolution.

Of course, the combinations of plus and minus are not as attractive as they used to be. But, then, all this is normal. It's part of it. Even if, as an energetic being, you want the biological body to achieve neutrality. Even if your inner voice and intuition tell you that there are many things that are not everything you see. That not everything happens as you choose!

It's normal. You come out of nowhere and go to everything. Everything, really everything. So also human beings. Everything that is energy, however, flows in one direction or another. Everything will conduct as much experience as possible in its preferred voice. To fill that omega cell, to fill that source, to fill that Egregore, to fill that cloud, whatever you want to call it.

That's why I keep repeating. You who are reading this right now. You choose what you want to do with it. But then there is the path of neutrality, a path every- one knows well. Forgotten by evolution, however. A path without weather. A path that flows like energy. A path that brings you happiness. A path that comes very close to your soul. This path exists. Even if you don't see it at the moment. But it does exist. It's just a choice you have to make. Even if you think your whole life has only one scenario. You have free will about your next choice. So you can decide right now whether you think you only have limitations and a life that is oh so difficult, or whether you want to start thinking that things can be different.

Also, I repeat, if you take that step to neutrality. Then you only need to know the combination of plus, minus, plus, minus. Then you also know what feeling follows. Which eliminates the need to make those calculations and allows you to focus on not judging. But only do it

if you are attracted to the idea. Curiosity makes it disappear. Remember, you don't have to be an expert in the field to contribute.

You could almost see an ending to the story here. It is a happy ending. So you are united and live in peace. However, this is not a Disney film and there is no They lived happily ever after.

As for Disney films, I can recommend watching the film Enchanted first and then the film Disenchanted. Then you will understand what I am talking about.

Your experience here. Your soul's mission in this material body is not meant to have an ending like and they lived happily ever after. You are here for limits, for lessons to be learnt. To fix the imperfections of the omega cell, if you want to put it another way. Also, your life is not meant to be perfect. But, you can choose to see it in a positive light and do the best you can, within the framework of the choices you have made for yourself.

End of story ...,



26. Most dreams are deceptive.

Marco Borsato, a Dutch singer, made a song about this. Is he right or wrong that dreams are deceiving? You'll find out. This is now one of my favourite themes. Why? Personally, I compare dreams to new toys. You will understand why. Everyone dreams. Sometimes you remember something when you wake up and sometimes not. It depends on how full your head is. With how many choices you have to juggle, think of it this way. It takes a lot of space in your brain to absorb the images of a dream. It's the same as a film on your computer. The longer the film or the better the resolution, the more space it takes up. That's how logical it is. Like a kind of memory picture, you usually only re-indulge in the last part of your dream. If you rush right after waking up, you can still describe what you see in this image of this dream. After that, the image usually disappears.

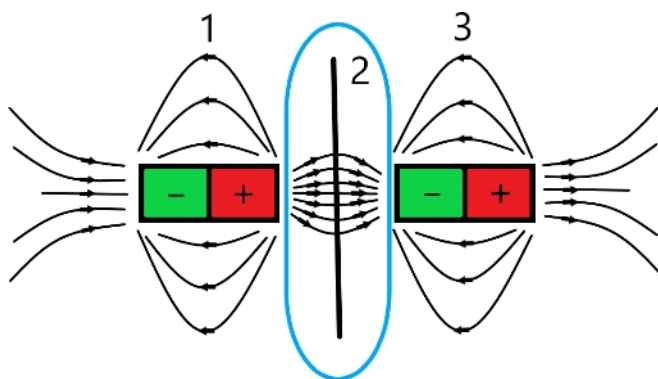
Okay, now put that in the context of how big movies are on your computer. What matters is the size of a dream. If it were to be stored, how much space would it take up in your brain? And, if you woke up and could recount your dream from beginning to end. Moreover, you would be able to remember the dream permanently. I only use logic and feeling here, nothing more. I tell the story without thinking, without making calculations.

Remember when I said that there are paths of choice beyond your perception? All the pluses and minuses that are near and opposite to your choices. So if you took the left path, another perception would go to the right. Or in your story, you took the minus path and the other perception took the plus path. Some in spirituality talk about people with the same frequency or the same guides guiding you. This fits perfectly with my story. They are other versions of yourself, but made a different choice from you. Who literally, in

instead of taking a big diversion, have taken the most logical path of plus and minus. Through these choices, they created their own world. Just as you have created your own world within your perception.

But then there is always a combination of plus and minus that attract each other. Divergent choices that, despite everything, seem to attract each other, without being consciously perceived.

Right now, I feel I have lost some people completely. Others might be able to follow along. It is an idea that is in the world of science fiction, yet it makes so much sense and fits perfectly into the puzzle picture.



Legend:

1. Awakening (conscious), 2. Between awakening and sleep, 3. Sleep (unconscious)

Look again at these mutually attractive pluses and minuses. They are everywhere. Opposites always attract each other. The law of magnetism in your perception.

*Dreams are unconscious, the
opposite of conscious, i.e. the
opposite of your perception.*

Well, when you are conscious, you see only your perception, your path of choice, from the beginning of creation to the present day. That's why you call science. If you are unconscious, you see the opposite perception. The choices you could have made. The what if choices and that is still from creation to today. So you call it, in your perception, science fiction. Can you follow then? Now I'm going to use paragraphs to make it clearer.

Now it gets a bit more difficult: there are dreams that you remember. The image you still have of that dream remains. Sometimes it is in detail. Again, it depends on the space in your brain.

I could not have done what I am writing now if there was no space in my brain, if I had not put my life on hold.

I keep exploring the dreams. Moreover, I myself find it difficult to put this into words, but I see the paths in an image. Still, I choose to explain this as simply as possible within the framework of my story of plus and minus.

Why is the complete file of your dream so big?

Why do you only have space for one picture? Because the dream has its own perception. Its own combination of plus and minus. It will never be 100% 'opposite' to your perception. Moreover, I put never (in brackets) because you have seen this before. It does have a choice, which is 100% opposite. As a result, it has

its own codification of choices. This means that if you had all these combinations of choices, since the separation of your perception and the perception of the dream. They would enter you the conscious side of your brain. There would be two different perceptions in your conscious side of your brain.

Do you recognise what I am saying here? It was labelled in your perception as schizophrenia or split personality. Two different perceptions, within consciousness, running side by side.

Instead of having a conscious perception while you are awake and an unconscious perception while you are asleep. You could also say that you are simultaneously experiencing reality and dreaming while you are awake. Now you understand why I said the word disability is just a word. This person in my story is another superhero with special powers. Films on this topic are: Split of Me, Myself & Irene.

I think such a person's brain is more developed than ours. Because their perception is different. Two different choice canons that perform the calculations of choice simultaneously or separately. This body has a great capacity, but you don't know how far it can go. If this person was placed in a positive and sustainable atmosphere, with his two choice pathways in his brain.

You could then have two different personalities who could walk the path of life from birth to death, which is perfectly consistent with your perception. But again, they get a negative perception and everything is done to make them normal again in the sense of the word normal to be normal, to function in this society. This proves that the

society is not yet ready for this. Society is not yet ready to accept people who are different.

But you can actually see that if you have positive support, your body would be able to make two or more different choices while you are conscious. You are using a very small part of your brain.

You have active perception when you are awake and passive perception when you are asleep. Even during the dream, you remember many things. While you are dreaming, it is as if you are living the dream consciously. At least that's the feeling I get when I'm just in between sleeping and waking. I don't know if you had the same impression, but time passes differently when you dream. I once dreamt something that lasted three weeks, but in fact in my experience lasted maybe only an hour. Scientists might explain to you that you can only dream for part of your sleep. For more information, see Google.

You could say that three weeks have passed in the non-linear time of dreaming and one hour in the linear time of being awake. And that is only during a very brief moment in the sleep cycle, right at that moment, between sleep and waking. If you're lucky also during the few seconds after conscious awakening.

Your brain cannot handle all that data it gets from that film, which is the dream. It takes a screenshot of the dream and copies the image to the part of the hard drive that stores things you consciously feel.

Do you do more things subconsciously than consciously?

Yes, that is the impression I get and look why: during the day, you are always making these calculations of choices, these what ifs. That's all

what you do. You worry about things that don't matter. Every night you sleep, nothing else. But you record your day and put everything into your permanent memory. Hop, your brain is empty again.

What follows is that there is room for a very different perception, a very different life path. Like moving from one magnetic field to another. Close to yours, of course, but certainly different. You could say that the film of this dream was played back in the temporal memory of your brain.

Therefore the part between the two magnetic fields. Or in a too-opposite perception of your conscious part of the brain. Because physically speaking. There is a certain flow of energy from plus or minus, and from minus to plus. It's like the alternating current. Which says that while you sleep, the brain undergoes exactly the opposite action.

*Conscious: energy moves from plus
to minus*

*Unconscious: energy moves from
minus to plus*

A kind of 'dark side' of the brain. A side that your conscious side will never see. But part of the brain nonetheless. Just like you can never see the back of the Moon from your point of view. But I digress. This is not the topic I want to discuss. You may or may not be able to see the lo- gica behind it.

How do I see dreams working?

One constant is energy. I have already shown you this. Energy is everywhere. Without energy, there is no choice. You can then see energy as a kind of network, which is then connected to matter. With

the biological

bodies of people, animals, nature, anything that is or can be perceived. Even if you cannot discern air, you use tools to perceive it.

You are, as it were, just a link in this network. A small dot in the overall network. Yet you are part of it. And you are, literally in my story, a long combination of plus and minus. But, like everything else, you have a beginning and an end. An alpha and an omega. So you can navigate this network between alpha and omega or between minus and plus.

Consciously doing this with what ifs, you create the past and the future. Remember what Einstein said. You can create matter out of energy. You are creating these worlds while you are awake. All these possibilities, all these choices, all these perceptions. Every time you make a choice calculation in your head, that energy in your brain creates a world.

Could you consciously see these worlds?

No, you are creating it now. Your memory is too stretched. Can you access this energy network when you are conscious? Yes, a split personality proves it. With positive support, it would be possible. If you separate your thoughts and feelings, in a kind of trance, half awake, half asleep, you could access the perceptions you create by making these choices.

These worlds or perceptions, you choose what you call them, are created outside your perception of what is normal. It then requires a time of sleep, or unconsciousness to enter these worlds. To literally use all the power of your empty brain to travel to these perceptions. To dream, in other words.

*You create the worlds of this
network during the day and you
visit them at night.*

You consume more energy at night because you transport your soul to another physical body. This also explains why you lose weight while sleeping. Matter, like sugar, is used as fuel and turned into energy, to transport your soul. The dream requires a large amount of energy to transport energy from one choice point to another choice point. Does this sound logical to you? To me it does, but that is because I have been resonating with logic and feeling for over a year now.

Watch the film: Inside Out for the process. This film simply explains how thoughts and feelings work. What happens next? Your brain accesses this energy network. And it then starts looking for a world that has a combination of plus and minus that is very close to your current combination, but in reverse. Your brain starts recording the film. You connect with the material body in this other perception and take control of a body, which is thus the best possible counterpart of the choice path you have chosen. When control is acquired, you do exactly the same as when you are conscious. You discover, you experiment, you make choices between plus and minus. You feed the parts of the network that are not perceptible to you. It is a bit like mixing the combinations of plus and minus, reversed, with your combinations. So you are temporarily reincarnated in another biological vessel.

Meanwhile, in your sleeping biological body, your brain registers everything. (Then my son wakes me up in my experience and the connection is broken.) This is because you go from unconscious to conscious

or going from sleep to awake. As soon as you are awake, the other half of your brain starts activating. It starts calculating again because it has learned that it needs to.

But in the meantime, you have pressed stop and the film is saved in your permanent memory. But that doesn't work. This film takes up too much space to be saved completely. There is too much computational work going on. What does your brain do? It stores your dream film in your subconscious and you store only an image or a fragment, as I mentioned earlier. In the film world, this is called a teaser. Only the last- st bit, you save the last minutes. If I tell you a list of things and ask you to repeat them again, well, you only remember the last one.

I hope you understood something from the story I just wrote. In short. What you do consciously, you also do unconsciously, but in reverse. Why do you do this? Because the conscious and the unconscious are also opposites. Like plus and minus, they attract each other back. Look, I find this hard to believe myself, because I can't prove it all at the moment. It's just logic and feeling mixed with perception of myself. As it is beyond your perception. I can only show you the logic and feeling behind it. That everything is connected and everything is in fact the same! Whether you see it or not, I can't help you with that. It is a choice you make.

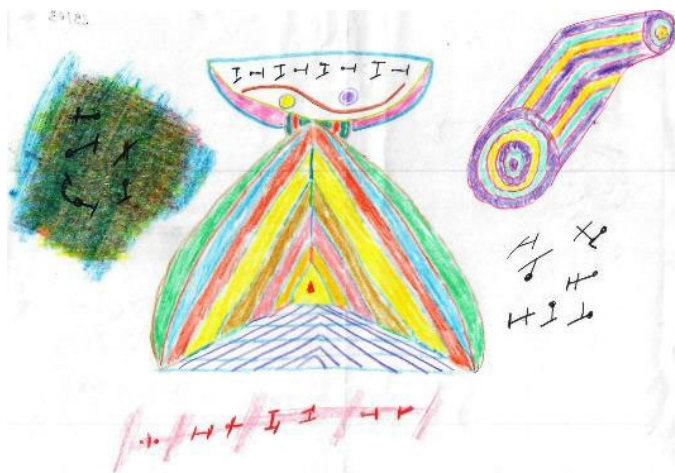
Like choosing religion one day and believing there is a god. It's the same thing. A mass of people believe (or have believed) the written texts from the Dead Sea, written one day by one person. For eons, millions of people have heard and read the texts. Just one man's vision, nothing more. I am also, as far as I know, still a simple man. If millions of people believe me, then this is now the new Bible. This is not limited to religion. But,

for all that is and is not. It sounds like megalomania, doesn't it? That's how the church was born.

I want to show that there is more here than meets the eye. It's like taking people's eye- flaps off. Will this story become popular? No idea, as far as I know I don't have a crystal ball. I now have more space in my brain to sort everything out and experiment.

Yes, materially I notice it works. The more I clear my head, stay neutral and let the thoughts flow. The more I remember dream trips, as I call them. Free journeys into unknown worlds with general truths other than your own. It's pretty good what I'm talking about here, isn't it?

And, again, it's not science as we know it. But it is fun and exciting, so why not give it a try?



27. Putting dreams into practice.

You may now think you are dreaming at random. Sometimes you do, and sometimes you don't. Sometimes you remember your dreams, and sometimes you don't. There is no real pattern, you might say. Yet I have found one, always in my perception. But this is not a forced process. What I have been doing for the last few years is completely automatic. So I don't think about it and don't try to understand the process. But again, I see a certain logic with a touch of feeling. Who would have thought, this mode also fits into my history of plus and minus.

Another coincidence that this is so?

For those who thought coincidences exist, this is not the case

You can achieve all this by simply repeating everything you do. And, most importantly, observe yourself. You teach your brain to do a multitude of things. But, again, you must first make space so that you can store the ideas. And, above all, don't want to prove it. Don't want to go into details, but stay on the surface. Wait for the unexpected.

First, observe what you see in your dreams: places, cities, decayed or otherwise, etc. Also, sometimes you yourself know where you are. The name of the city, country or place is mentioned. You know the name of the place, but it does not look the same, as in the way of the bewitching choice. (The world you are in when you are awake. I can't describe it any other way). So for some reason you know where you are, but what you see is totally different.

So the perception of the dream world is different from that of the waking world. With a word, or with a place, the meaning is 100% personal. You choose what it means, no one else does. The

brains know where you are because you dreamt about the place. This means that what you see is just a combination of plus and minus that are (almost) the same. But, as a result, in reverse direction. It's strange, isn't it? You remember the details of houses or a particular place. You remember shapes or other details. And yet, as soon as you wake up, the images disappear. By the way, I explain the re- den.

On these tours, you are almost never alone. There are often people around you. Usually you know who they are. Some you recognise, usually associating them with family members or friends. But some are complete strangers. In your dream, however, you trust them completely. It is as if you have known them for years. Again, combinations of plus and minus that are the- same, which your energy recognises.

One last thing I want to add: I don't know if you've ever had this, but in these journeys I start to feel the things I see too. The most commonly used sense in a dream is sight. You see all kinds of things, which you then absorb. You are usually a person just perceiving. The physical body, which you find yourself in, is self-acting. You, as energy, are just a visitor. But so in the beginning I was just seeing, until two or three years ago. With practice, I could add e.g. smells.

I remember two specific dreams. The first was the smell of roasted meat. A kind of barbecue. I remember seeing that meat roasting and smelling the smell. Now I hear you say it: the smell was there while you were asleep in the waking world. I don't think people barbe- cue at night. That smell was there in the world I was travelling in. Another way could be that I related what I saw to a smell I know in the waking world. Again, a precise combination of plus and minus.

I leave this choice open. This is my perception, and in my perception I smoke that meat.

Another dream was a city by a river. I remember that one more than a picture. I can still list many details. Even though I had this dream several months earlier. I will explain how later. So in this city, I was walking down a street, with all kinds of shops selling spices. You could compare it to a big bazaar in an Arab city. Small typical shops where they all sell local products. There, too, I saw these spices and smelled these spices. But not just one spice, but the different spices. I could tell them apart.

These are examples. Details that I remember. On the other hand, there are others. There are literally conscious, many images and even film clips, available from various dreams in my brain. They are pre-cies stored in my permanent memory and I can load them at will, as if I had experienced it in the conscious world. A kind of Netflix of the dream world.

Another observation is that you can walk around in this world and there is a script. What I mean by that is that you can make choices in your dream. The same as in the waking world. Pay attention to that the next time you dream, those choices are positive or negative. Exactly the same as you have noticed on your life path so far. You can choose whether to go into this danger or not, whether it will be a dream or a nightmare, etc. And, to go even further: it has nothing to do with the state of mind you fell asleep in. But rather with an independent choice within your journey. In other words, your choices in your dream are independent of the choices you make when you are awake. With that, you can very well see that they are actually two different life paths. Two different paths of choice. Yes, it is also possible that you

fell asleep sad and then had a sad dream. Yes, this is a possible path. But then your conscious choice path, at that moment, has the same choice as your unconscious choice path. Look again, this is my perception.

In the perception of medicine, they will probably put an another twist on it, and maybe prove it themselves with a formula or something. My formula is plus and minus. Much easier and, as you have seen so far, can be used anywhere. Unlike a scientific formula, where you usually have a separate formula for each subject. My choice is quick. It allows you to clear your head before adding other information you find interesting.

Let me say this in passing. Don't get the impression that I reject science and facts as they are. I don't. I am still fascinated by the facts as they are. I like to prove my brain right when something not tangible occurs to me. I still have a passion for computers and provable facts.

*Science is about questioning and
evolving everything.*

You are stuck with facts that were discovered so many years ago and have evolved in the meantime. What I am writing now is also research. The examples I use are proof for me that what I write can be linked to anything. Now it just needs to be accepted, by the majority of the masses. This is how it gets predicate scientific fact. This is how science works these days. One person says something, and the masses say: yes, yes, yes. Usually without even wanting to understand how the evidence was obtained. Then it is repeated many times and this truth is accepted as standard. I call this a sheep mentality. One person discovers something, throws it

in the group and it is accepted or not. That's science! Anyway, I also wanted to be able to prove what I said in the beginning.

But, overnight, I decided it was not necessary for me to prove everything. Other people make the choice for me to seek proof. The people who go into detail, the know-it-alls are passionate about it. So for them, it is the ideal manner. Again, I am just showing another way. I return to the world of dreams. In my experience, this is the path of choice. What interests me is that the choices made there have many opposite poles. You have consciously gone to the left and the dream world to the right. This choice will have been made, by a one-fold what if, but will not have been explored further, in your perception.

*You consciously chose left,
unconsciously you chose
right.*

This is how it can be explained. This reverse perception has persisted and was discovered by another physical body (an almost exact copy of you) that evolved this life path (this one from your perception coming). You are visiting a specific point in this reverse path in your dream. You are drawn to this point because it has many combinations that attract each other.

*So why is the world in my journey totally different
from the waking world?*

Simple. You know one choice can make a big difference. I'll just reiterate. At creation. If during the Big Bang there had been an implosion instead of an explosion. Then things would be very different here. Remember that you, as a person, are not the centre of the universe. You can think so if you choose, but in

reality, you are not. Your choices may have a 'bigger' or 'smaller' impact on your life path. But meanwhile, the universe also makes choices, which have a much bigger impact. Remember: the bigger the mass, the bigger the influence. I repeat: just because you think you have influence over someone doesn't mean you actually do. The brain simply believes it because the person has repeated it several times.

So just at the moment when your perception has made a tiny choice within your tiny life path, elsewhere a major influence may have chosen war over peace. Or even bigger, a star has died or been born. Or an entire inhabited planet has been vandalised without any action being taken. Again, of course, this is not your observation. But again in the context of what if: What if I press this button now and drop a nuclear bomb there. Do you understand what I mean? This has a huge impact on a global scale and could happen the moment you choose to move left or right.

Do you consciously notice anything?

No. But in your dream it is an exact contradiction. Two different life paths. Yours and that of a large crowd. This could explain why in your dream you know what city you are in and who the people around you are. You name them yourself. The combinations of plus and minus are almost all opposite and attract each other. Almost all of them, I might add. Not all combinations will be opposite. The scale will tilt sufficiently to the right or to the left so that you attract that life path.

I now want to look at an additional topic that, according to my story, also fits into this framework. Conscious, unconscious: are opposites in your perception. According to general truths, they mean the opposite of each other. This too was once determined and generally accepted by

a large mass. This is by repetition through the generations. You live here, aware of your soul and matter, energy and spirit. Energy is happy- vend and that energy is also called the soul, and from energy, matter then emerges, or you can call it your biological body. So far, can you follow me? I'm asking you a question here, but I know you can't answer.

The next step is that on your life path, you can only make two opposite choices at the same time. It is living in the present. It is only about the next choice you have now. If you think about a choice for the future, you can only calculate a choice. That's really all it is. You can then influence that future choice. But right now, you don't know what you will choose, in that future choice. For example: you write on your calendar that you are going to the cinema next week. With that, you calculate whether you will go to the cinema or not. When the choice moment arrives, you actually choose whether to go. The big influence was that you would go there. That's why you write it on your calendar. At the moment of choice. In the end, you decide not to go because you are tired or it is raining.

So you see that you can only control one moment in your life, and that is the present moment. No other. The others are calculations or what-ifs. So you always have only two opposite choices in the present moment. The word maybe is not a choice. It is like a what-if calculation. A future and present moment when you will actually make that choice.

So here you have a series of opposites: energy and matter, conscious and unconscious, choice A and choice Z, going to the cinema and not. I will now explain what I am referring to. First, the proposition. My thesis is that during a dream, you are in a physical body. Therefore, not your own, in

your perception, but another's. Why this statement? Again, logic and sentiment.

First, the conscious world. Your perception actually. What are actually facts? Energy is everywhere. Energy holds matter together. Without energy, there is no matter. Or rather not in the state as you know it. An invisible energy that holds matter together, you cannot see, but it is present in your body. Just like the rest of matter. If there is no energy in your body, your body disappears. You are dust, and to dust you will return.

Then you have logic and feelings. Logic is made in one half of your brain and feelings in the other. Again, you have the brain, which in turn is tangible. But you cannot perceive thoughts. We can say that feelings and thoughts are energy and, like the energy body, these are surrounded by matter. Namely, the brain. Now all opposites, or the pluses and minuses, attract each other and maintain balance, so to speak.

The unconscious. In a dream, you can perceive things. You see images. The details again depend on how often you have repeated the process of image recording in your brain. Apart from that, you do see images, but you also feel it and probably much more, if you offend more. Happiness, fear, sadness, anger, etc. everything is possible in a dream. So here you already see common characteristics that you also have consciously. Namely logic (what you see) and feeling (what you feel). You cannot perceive both. But they are definitely there. They are invisible and yet present. Invisible as energy and yet present.

I continue. Where there is energy, matter can be made. In other words. If you want to perceive feeling and logic. You need matter as a translator. The brain in this case. A left side and a right side.

Together, they make up the brain. If this brain were absent, I would not be able to type this now.

Therefore, I would never be able to turn energy into matter, to turn my thoughts into words. Or to convert my feelings into thoughts.

As I type this, I would just like to write a second proposal. Another choice path. Namely, the more scientific side. That the logical part of the brain, is the conscious side of your brain and the sentimental side is the unconscious! We will dissect that later and see where it leads.

Here is my perception behind it: When you dream, your energy moves to the most attractive mass. In other words, to a world with the most opposite combinations of plus and minus. I see it as data moving wirelessly. Your plus and minus combinations move through this wireless network to a router or, in your case, a materialistic body, which can receive the signal. A body that can understand and translate the signal. This is literally how the internet works.

You have your computer or your body. This is connected to the modem. The modem is connected to a server, which in turn is connected to another computer or body. That is where you get exactly the information you need. You store that information or not, depending on what you need. It is just a small part of the other computer's perception. I hope you can understand what I mean. Because I'm starting to get a sense of eureka here.

Another topic to slide into my story. Note that I use less and less plus and minus. I just use different

opposites that are in context. But, the positive or negative feeling behind the meaning of the word is the same. That's what you do in everyday life. You use a lot of opposites, but in fact you could always use plus or minus. Nevertheless, as everything evolves, so does my story. I will say it again here: it is my perception and it does not have to become your perception if it does not resonate with yours or rather does not attract you. I use logic and feeling. Coincidence or not, everything I have written processes the same story, plus and minus. (Coincidence does not exist, it is also just a calculation in the brain).

If I conclude here, it is that you have a main life, with an experience. This is the life you experience when you are awake. Then you have the opposite of awake. Namely when you are asleep. There you have different lives with different perceptions.

Oh yes, a dream is almost never the same. The place, the story, the personages change almost every time. This is also the case in the waking world. The place you are in will never be 100% the same. You also move from place to place. You also go on holiday to new places you have never visited before. But beware, you have only one observation at a time.

In other words, even if the conscious part of your brain is asleep at the time, your unconscious part can only have one perception at a time. You may end up having several dreams, with far different perceptions.

So why don't you have that during the day?

Simply because you have repeated, repeated and repeated that you only have one life. Be born, study, work, retire and die. If you could literally erase this chunk of software, it is

chances are that you would also perceive different perceptions during the times you are awake. Exactly, this is a split personality, the best example.

Proof that your brain can handle it. Admittedly not in the manner you are used to, so it doesn't fit the general truths. Society sees these individuals as deviations from normality. When in fact, like many disabilities, they have more advantages. Super-hero power. These people, like you when they sleep, can control multiple perceptions in succession. They are not as limited as you. If you look closely, they can also, like you, have only one perception simultaneously. So it will always be one personality or the other, never both at the same time. I don't think the brain can handle that (yet).

That's why I put this in my story now. Again, you have your energy flowing into a material body. So the energy, plus and the body, minus. So if the attraction is big enough, the energy body can attract another material body. So a body that has a big combination of opposite polarities.

You, as a human being, are in the normal world. You can only connect to these physical bodies and remember things at night, when the conscious part of the brain is switched off. Which in turn depends on how much storage space you have in your brain. Which in turn depends on how many calculations you do. I believe that even if you look at logic and feeling, you make these calculations of choices every night. Even if you don't, you don't remember. You make one or more trips every night. Depending on how much you have in your head, you re-invent more or less.

You could also say that normal people have split personalities at night. While so-called split

personality people do during the day. This is then made possible, because of this abnormality they have. Again, I have changed the polarity of what you have learned as something negative, as a disease, to something positive. And, just as a doctor would give all kinds of reasons why I should consider it negative, I also tell you the reasons why it can just as well be considered positive. Again, it is my choice to do it this way.

How can you see all this in the brain?

You have the left (minus) and right (plus) hemispheres of the brain, feeling and logical. Each has its polarity. So again plus or minus. They both have a magnetic field. They are mutually divided on the material plane. But, their magnetic field overlaps. You can call it a common field. In my story, I could call it neutrality or zero line. Depending on which side has more influence, this zero line will go left or right. But even if they are not in equilibrium, there will always be a common part.

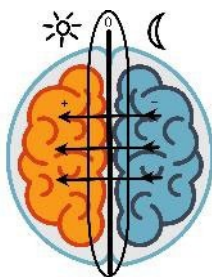
But depending on which side of this line, communal information is interpreted differently by the brain. Therefore, in a more sensitive or more logical way. When properly balanced, it becomes: 50% logic and 50% feeling.

Therefore 50% conscious and 50% unconscious. (This is still the ideal world, but to make the example clear I use it). Suppose you are in perfect balance. You sleep for 12 hours and you are awake for 12 hours. The night is then in the part, which I will now conveniently call the unconscious part of the brain. So that part that causes you to dream and experience a movie. This is so that it is translated from energy, to matter and then stored. In fact, your dream is completely stored in your subconscious. When you wake up again, or consciously, you want to remember the dream. But the whole dream is not

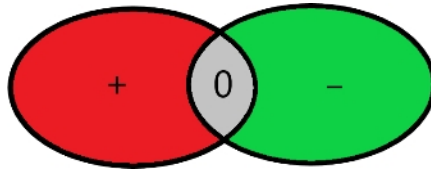
copied from your subconscious to your conscious. Why can't this happen? Again, you are in the conscious part of your brain. Therefore, the energy moves from right to left and left to right, depending on whether you wake up or go to sleep. Wirelessly of course, because the energy is not tangible.

So only a few images remain in your conscious memory. But right before you wake up, it is exactly as if you remember everything you dreamt. After a few seconds, it usually fades away. That moment when you consciously remember everything is that red line, the zero line.

Literally: the waves of the magnetic field of the subconscious crossing the waves of the conscious. The opposite of what a magnet does in the conscious. Normally energy goes from plus to minus, but here the energy goes from minus to plus. In the opposite direction of your perception.



You learnt it at school in maths. Two circles with a common denominator. It is the phase between sleeping and waking. Also covered in the difficult words in science. This is where a piece of information is transferred from the subconscious to the conscious. But, I repeat, according to the space left in conscious memory.



Just a little summary: you have the energy, which is everywhere as they actually say in Star Wars:

*The Force: it surrounds you, it
penetrates you, it binds the universe
together.*

Therefore, your pluses and minuses are in flux. That if you are awake or asleep now. Or if you are normal or abnormal. The process remains the same. But you have been taught to look more at the conscious side of life. Because that is how it has been taught through the ages.

If during evolution something would have made the choice to focus on the subconscious instead of the conscious. You would now have focused your aan- thought more, on the subconscious and not on the be- conscious. Chances are that while you are asleep, that experience is all about the conscious. And, when you are awake, unconscious. I say this to make the subject even easier.

I would love to continue this topic, but in my opinion I have given enough examples. There are other amusing topics I want to talk about.

28. The world upside down

A small topic I would like to address. You have seen that everything is te- genitive. Everything goes from plus to minus and from minus to plus. In your perception, evolution goes from minus to plus. From nothing to everything. From alpha to omega. We started from a space, where there was only one cell. That cell exploded and literally caused the univer- sum to expand from nothing to everything. But now you have seen that opposites attract. You have also seen that a small choice. The choice made in the moment can have great consequences for life. Furthermore, you have also seen that energy is everywhere and, like alternating current, it is constantly changing from plus to minus and from minus to plus, and so on.

So suppose that elsewhere in evolution. A plus everywhere changes to a minus. But, that this change would mean that in a couple with a child, the evolution of the child is opposite. In other words, the course of energy is the same. This is constant. So, the soul of the person is constant. But, the physical body is reversed. That person is born as an old person and dies as a baby, physically then. And so his brain evolves as energy. From using the brain of a baby, however, in the body of an old man, to using the brain of an old man in the li- cham of a baby.

There is a film, which addresses this issue: The Curious Case of Benjamin Button. Here you can see that it would actually be perfectly possible, in my story of plus and minus. Energy functions according to your perception, but matter becomes the opposite. And therefore attracts each other. Just for fun, I did a search on my friend Google: Benjamin Buttons in real life and you guessed it. In our

perception, it is therefore indeed possible what I said. The energy in this case from minus to plus, but the body from plus to minus.

I don't think many people are looking for the opportunities here. Besides, you are indeed limited and a superhero at the same time. I can't describe it any other way.

Now let me raise an equally related issue. In fact, contradictions always occur. It is topical, but the label used with transgender people also contains a contradiction. They are men who feel female and women who feel male. With all possible variations in between. For example, the neutral gender. Here the energy is equal again, from minus to plus. So it evolves. But the change is in the orientation.

Depending on whether the majority of chromosomes are of the plus or minus type, you will have a girl or a boy. (In the medical world, these are the X and Y chromosomes). I am referring to the fact that you are born with a certain body. But you feel like a woman and vice versa, of course. So your body follows the normal flow, but your brain has an opposite perception. In your feeling, you learn the opposite of what you should normally learn. While your logical side goes to the normal side. Therefore, the left side of your brain, the logical side, goes from minus to plus and your right side, your feeling side goes from plus to minus. Your logical side sees you growing up in a boy's body, but your other half feels the opposite, a woman.

Therefore, we say you are a woman trapped in a boy's li- cham. If you then have your body transformed into a woman's li- cham, physically and chemically, your polarity returns to the polarity you usually have. But you also know deep down that your logical

side will never see an all-female body. However, to some extent, beyond that zero line, it has enough impact that both sides of your brain are happy.

You may or may not see here that there are many choices. For instance, you can be a girl and choose to reshape your body, or you can choose to change only the chemical side, by taking hormones, or both. Or vice versa, of course. It is also possible that you are neutral, that you have feelings and a logical side, both of which are unhappy with your body. You then choose to deactivate one polarity. On the other hand, many variations are still possible, so it's best to look at your own choice path to see what combination you have.

Let me show my personal example: I have a man's body (minus). But, my sentimental side is more like a woman's (plus). Still, I choose to stay in a male body (minus). On the other hand, on the hormonal side, I have a multitude of female hormones (plus). My wife has just the opposite. In other words, she has a female li-chaam (plus) but her feeling side is more masculine (minus) and she has chosen to stay in a female body (plus), but on the hormonal side she has more male hormones (minus). You can perfectly see the contradictions here. You could say yourself that I and my wife, as a married couple, are also an anomaly. Because in the general perception, a man is supposed to be in a male body, feel male and have a majority of male hormones, and a woman is supposed to do the same but be female. That's what you think, what the 'norms' expect of you. And again, that perfect combination will exist and they will attract each other. However, as you can see, there are many variations.

Are you really an anomaly or disabled?

Yes and no. It depends on how many combinations of plus and minus are influenced by society, by the masses. You always have the final say on what you become, what you do, what you think, what you feel, etc. It is also your choice if you adopt the influence of society. It is also your choice whether you take on society's influence. Even if you think life is harder these days, it is your choice, your ultimate responsibility that this happens and that you take this path.

So, I repeat. It is your choice, if you have entered this negation- vere path in society. It's up to you to get out, if you feel you need to. One opposite choice is enough. One choice is enough to feel outside the general truths. Learned truths. The experience of life would be much more pleasant if its truths were adapted to everyone. But in your mind, you can already make the change and not worry about society's ideas, even though they affect you fully.



29. The structure of a story

So far, I have made several references to films in what I have written. You could say I have been influenced by films and the film genre to write all this. Because admittedly, sometimes it is pure science fiction. But I can tell you that it's actually the opposite. I have watched certain films at certain times in my life. And, these films only confirmed what I already knew. Since I watch films, I analyse them. I see things in the films that remind me of what I experienced recently. The same choices are just repeated. The same choices I have made in real life in the past. I also watch the films in the chronological order of my life. Like I put on the right film at the right time. That is, when a film comes out. But, I am not attracted to it, so I don't watch it. I watch it, say, a month later, and what do I see? The choices I made some time ago appear in the film. However, again, you could call it coincidence, but I now know that coincidence does not exist in my perception.

The magic of film

It really exists, though not in a form you think or vote. Rather in a form of attraction, as I said recently. You simply attract the messages and affirmations you need at that moment. Becoming aware of these messages can give you a sense of inner peace.

A confirmation that all is well and all is well!

So, in my story, the combination of plus and minus is simply re-hashed. You pull on, the combinations that help you heal the wounds of the

mind. And, you also now know that if you repeat something, you remember it better in your brain. You reassure yourself, in a way.

Or you can look at it this way: your soul confirms to your brain that everything is going according to plan, giving it a positive influence. But, mind you, films and music are my tools. For others, it may be a book, word of mouth or some other form of information transfer. If you looked at your life:

Which media are most useful to you?

First, analyse a film. It is the same for a book, for music, etc. Take the most famous films first. Those by Disney. Many people will have seen one. Take *Sleeping Beauty*, for example: a princess is born (plus), a witch comes and casts a curse on her, that when she is 16 she will prick herself on a spinning wheel and die (minus). The good fairies work to make her fall asleep instead of dying and only a real loving kiss will wake her up (plus). Daddy gets too scared and burns all the spinning wheels (minus). Meanwhile, the princess grows up with the good fairies in the forest and hides from the bad fairy (plus). Unaware of evil, she sings all the time and rejoices (plus). But, on her 16th birthday, a raven from the bad fairy finds the cottage where *Sleeping Beauty* lives (minus). The good fairies tell 'Sleeping Rose' who she really is and that her parents are the king and queen (plus). But then she is 16 and as a teenager she escapes and goes to the castle (minus). The parents are happy she is back (plus). However, the bad fairy lures her to a secret room and she pokes at the spinning wheel and falls asleep (minus). The prince captured by the bad fairy is freed by the good fairies (plus). However, the bad fairy is turned into a dragon (minus). Finally, she dies, by the prince's sword, and the prince rushes over to kiss *Sleeping Beauty*. They lived happily ever after (plus). So this was a short

summary of the story. If you dissect the whole story, you can see even more back and forth between plus and minus. Even though it is a summary, you can see the mood of the film, the positive or negative influence. In the beginning, the negative influence is under control. In the forest, the film is very positive, but just before the end, it becomes very negative and the end is an orgy of positivity.

So you can do that with any film. With Disney films, the structure is very smoked out. But with others, it is sometimes more subtle. But despite the subtlety, there is always a pattern of plus after minus and minus after plus. Pure magnetism or consistency of a story.

The same goes for the music. You start the song with a quiet stanza (minus), then move to the chorus (plus), then back to a stanza (minus). The intensity of the song goes back and forth for as long as the artist wants. And, at the end there is a very intense positive or negative ending. You will see this later in an example. The structure will be such that it pulls together and forms a whole, namely a song.

But first, I come back to the films. In all films, there is a sequence of pluses and minuses. Yes, but how does that help me? It's simple, bij-example: a book is a script written in the way life is put together. As if the universe is put together. The structure is the same as anything you've seen so far. The writer of the film also gets this information from elsewhere. And that's exactly where the link is.

Look at it in my story, every book is a reflection of the author's choices. A film script is exactly the same. The general truth labels it as fiction or non-fiction. But I label it as a mixture of conscious and unconscious. Does the screenplay or the book take place in his consciousness? Yes or no. It doesn't matter. That information

comes from somewhere else. You have seen that energy creates matter.

Whether the writer is thinking about something fictional at that moment or not is irrelevant! He is thinking about it. He moves the energy around in his brain and the brain then translates it into written language. That's where it stops for the writer. That's where it stops for a book. But so he has turned a thought (energy), meanwhile, into a book (matter).

Then many filmmakers start translating the written word into images and sound. Again, energy moves back. And energy, together with the brain, creates matter. The field of audiovisual. This is done with the help of actors who in turn read these written words and convert them into body language and speech. Just look at the after-titration to see how many people actually work on a film. Then you can imagine the energy shift that took place afterwards. There is a certain influence there too. Namely, the genre of the film. Is it a horror film, romantic, dramatic? You can find the major polarity of the film already with the genre. But the structure of the film will always attract each other. Plus, minus, plus, minus.

Let me come back to the writer for a moment. I'll take the example of Harry Potter. The books are written by J.K. Rowling.

How did she get the story?

Some people say she took it from her imagination. But I tell you it was a path of choice that was very close to her and attracted her, a kind of conscious dream. But, in the end, it fit perfectly. Look at what I discussed about dreams. Look at what I discussed about choice paths that are beyond your perception. Look at what spirituality and religion say about guides, angels, extraterrestrial beings, literally beings you don't believe are

exist. By thinking about them, you create them with energy. But does your brain engage with them? No. They are not part of your perception of the world. It is then easy to put them under a label. Just like with disabled people.

It is not a general truth, so it is not normal.

Or in the Harry Potter story, it is a fantasy. Now the energy has been turned into material, in the form of a book, and then into films. The funny thing is this: many people are attracted to Harry Potter. In particular, the combinations of 'plus' and 'minus' in this book attract a mass of people. So all those people who have followed the Harry Potter saga have that opposite combination of plus and minus. I would personally say this is a general truth.

An article from 2018, tells me that 500 million books have already been sold worldwide. Add to that the people, so far, and the people who have seen the films. You can imagine the totals of people. All these people have a combination in them, right in their DNA, that attracts them, to this story. It sounds crazy, what am I saying? But, it gets a fantasy label.

Look how many people believe in God. Basically the same thing. And then they are labelled as believers. The adventures of Harry Potter are used in schools. So there are new people being attracted to Harry Potter or learning about him every day. Yes, again, if I wanted to, I would go on and on about this. But surely you understand that the label 'fantasy' is so limiting. It's not about the word, but the meaning. In the Middle Ages, when the Church burned witches at the stake. They were accused of magic. Magic was described by the Church as the work of

Satan. These people were literally playing with the elements, accessing the choice paths of very ancient civilisations.

Whether it was in books or spoken language. These books and language were then burnt or confiscated by the church. Nevertheless, it was all called magic.

What happens in Harry Potter is little different from what I am telling you now. It is a perception, a path of choice, that actually happened, in your consciousness. The witches have existed exactly, even that within the al- mean truth.

This path of choice has been gagged by the Church. But, despite everything, it continues to exist. There are still magicians, druids, witches, etc. today. They are suppressed by the general truth, but they exist. So if the Harry Potter story is fantasy. Then who are all those people who still exist in the shadow of the general world?

Why is it that so many people are attracted to this fantasy?

Simply because it is in your basic DNA. A choice that, in your perception, was once made by an ancestor and passed on from generation to generation. And, in my experience, it goes way back. When so many people are drawn to this story, it can't be otherwise. This combination is deeply rooted.

So now I'm talking about the Witcher label. But, I could also be talking about Star Wars or Star Trek. Look how many people have seen these films and are literally drawn to space. And, travelling and living in space. By exploring space. Look at how spaceships are made. How they are

depicted. Millions of people have watched these films since then and the story doesn't stop. People keep watching them because they want that it is real. That the label science fiction is actually a choice path close to them! But, suppressed by the general truth. You could even say that space travel goes back even further than witches and wizards. Just look at the numbers.

Mind you, here you will not hear me say that what you see is an exact cue. It is always the perception of one particular person. But that person has influenced and continues to influence many people. And they don't have to learn it in school.

Space travel, witches and wizards, all these labels are literally in your DNA. They don't need to be taught, like maths or languages. People who have that combination in their cells do it automatically. Are drawn to it. Space travel, witches and wizards, that's still my perception. That's what attracts me.

Do you think I'm alone?

No, many people on earth are attracted to this. But so are countless other perceptions. The fact that so many people like space or witches does not mean that these are the only possibilities. Attraction is proof that the brain has forgotten this truth. Evolution has caused all this to be forgotten and then replaced by something scary.

But again, I go against what I just said. Namely the theme, romance. How many people watch romantic films? Again, there is a nice structure of plus and minus going on. But here too, people give the label of: non-existent, fiction or romance. While here, many men are attracted. Love and passion amplify. Even a fan of science fiction films will one day be attracted to a

romantic film. I speak from experience. And again, where does the writer of this film get his story from. It exists in his imagination. It is a choice sequence that escapes the writer's perception, but is one day in the perception of his ancestors.

I repeat again: a human being, since evolution, must have thought about this. That energy in the brain has converted it into matter, in whatever form, and has been passed on to the masses from generation to generation. Note again. Like everything else, it has been modified by the author's own influences. This is no longer the original narrative, because it was at this time that the first man converted energy into matter, by thinking about it.

Remember the game at the beginning? Children in a circle passing a sentence from mouth to ear. Exactly the same story. The story has evolved. In the meantime, the same choices have not been made. History is no longer pure. Like the Bible, like scientific writings, like everything. Everything evolves and keeps moving thanks to this energy. Yet everything that is was once energy.

The general truth is just sticking labels on what to consider real or not real. But remember. You, as an individual, always have the ultimate choice. You choose what is real or not. Or as I prefer to do: be neutral and accept all truths. Without judging too much. And here I hear you saying again: what have you been doing all this time? Isn't this judging general truths? Yes and no.

Yes, in general perception that may be the case. Because that is precisely what general truths do all the time. Criticise other truths that are not according to their rules. No, in my perception this is not the case. I have changed the context to highlight what mass truths do all the time. I am showing another point of life that the general truth does not show. Society lets you

see left and hide right. I show you the right and the left. You assert your point of view without considering the other person's opinion. Then at that point you have opposing views. What happens then? You attract each other. Who wins? The biggest mass. The truth that has the most influence.

I want to expand on this. There are also films or books, which flop. Movies that are literally not accepted by the world's population. So people may or may not watch them and forget the story. What happens here is part of your story. Unlike what I wrote about blockbusters, there are also films that become nothing. What the vast majority of people are not attracted to.

What are these avenues of choice?

There are innumerable choices. Some are close to general truths or, as you have seen, close to fundamental cues. These will be accepted by many people. Even if they are referred to as real or not real.

But you also have choice paths that are far from the general truths. The stories that flop are largely the result of a group of people who chose a certain combination of plus and minus during evolution. This is very different from the general masses. Even this book can flop because it brings standard values into the negative light. Yet it is also about their choices within their perceptions. But right now, these choices are not attracted by the masses. In space, I could compare it to the planet Niburu. This planet is believed by some to have been in the solar system in the past and sometimes returns to it. Why? Because this planet is said to have a different orbit from the planets in the solar system. Literally, the combinations of 'plus'

and 'minus' of this planet are different from those of most planets. The material composition could be different, causing the gravitational force to act in a different way. Or it could be a planet outside the spectrum of visibility. The point here too. It escapes general observation and is therefore considered an anomaly.

So does it not exist?

It will exist elsewhere or in some form. It has been transmitted by humans through energy in the brain. Will the belief that this planet exists among the masses be great? No. But there is, in there, the path of choice of some people. Look at this statement:

*Just because it does not exist now
does not mean it never existed or
never will.*

See what I mean? What we call fantasy today can be- be later (in a linear timeline) or part of your perception. It's exactly the same with spaceships. Look how detailed they are.

Who says our ancestors did not arrive in such ships?

That a choice has been made elsewhere since creation! Beyond your perception that led you to evolve here on Earth into what you are now. Or that now, thinking together, you create these vessels for the future to certain choices that will lead to space travel. This is what I mean by staying neutral. Again, no one knows the whole story from creation and no one has a crystal ball to see the future. Of course, until now Because who knows now exists perception where people can travel between perceptions. I think

but to the films Everything, Everywhere, Everything at Once or Doctor Strange in the Madness Multiverse. Films made of energy and turned into matter. And so, according to the perception of somnigen, they continue to exist. And, if you look at the dream story, my thesis from earlier, this thesis that nobody knows the full story, speaks to that. There is a possibility that it exists. Even if it seems unreal now.

See how general truths make me wonder.

Because of my influences and limitations, I cannot see the whole web of cues- six. Some choices are already described as totally impossible. Even if I am open-minded. Just look at how easily you can be influenced. That is why it is important here to consider everything as well as anything can exist! Of course, not within your personal choice. But within the limits of one's choice at a particular moment in the present. Don't forget the number of people walking around on Earth.... That's already a lot of different choices. And to that you can add everything that is matter, which also has a choice path, not always perceivable by our senses.

So, I repeat: you cannot map the web of choices of everything and everyone. Or can you now? Yes, again. Within your general perception, it will be impossible. If you dare to change perception, it will be. I now return to the movies, although the above explanation could also be described as science fiction.

Why do films flop?

The opposite reason why there are blockbusters. Films that flop are far removed from the current moment of general perception

and blockbusters are close to it. Or in my 'plus' and 'minus' proposition: The combination of 'plus' and 'minus' at the moment is very different from that of the general masses. Therefore, these productions, and like Planet Nibiru, do not appeal to the general public at the moment.

Look, with every perception that goes out to the general public, there are always people who will be attracted or repelled by the idea. Like now, what I write will be taken as a joke by some, but some will accept it. This in the present moment. Look at when Nikolai Tesla presented his inventions. He was literally mocked by the masses. In his present moment, the masses did not accept this.

It was beyond the choices of the majority of people. But, look how many of its inventions are coming out today! And so it is with everything that does not fit into general truths. Up to a certain point, when these general truths are eventually accepted, because at that point they become part of the choices of the great masses.

So yes, you can laugh at what I am writing now.

Who says this will not be or has not been a general truth?

Who says a film that flops now won't be considered a blockbuster later? As one of the best films ever made. Do you know what I mean? You can't know that now in your perception.

30. Hidden messages in a story

There are points on your life path that help you choose a direction. Sometimes you see them, and sometimes you don't. In my case, and therefore in my experience, there are also many messages in cinema and music. I've already mentioned that, but I'm going to talk more about it now. In a story, there is a sequence of events. It is the same structure as your life path. This is because the path of life is someone else's. This is why I repeat what I said at the beginning: it is an observation, a choice of the writer of the story. You attract these particular choices or combinations of plus and minus because they are very close to your life path, but in the opposite direction. So you took left at one point and the person who published the story took right. Your choices remained plus or minus or rather exactly the same.

I call them lighthouses.

OK, here's another difficult subject. I am deepening my perception. I haven't told this part yet, but I will do it now to explain it better. I believe that before your incarnation in this world, you made a choice about the life you wanted to live here and now.

*You are energy, God, and
without limits.*

You come to Earth in material form to experience these limitations. As energetic beings, you are only plus and minus. Nothing else. You have a combination of different pros and cons here.

Or view Earth as an amusement park. You have decided in advance which attractions you will do. The theme park map guides you and you draw your itinerary. Namely, your choices. Some attractions are

fun, others

not. Some attractions you do several times and some only once. Or in my film story: you write your own script in advance, your story. And you do your best to behave as in your script until the end of the film. A good example is the animated film Soul.

Stories are important for these reasons: faith, feeling and logic make me realise that there are many points of connection to life, to the universe.

I was talking about those beacons that remind you, that you are still going in the right direction. That you are doing the right rides, in the right tracking order. That you are still in the script you wrote! You see a beacon reminding you that you are doing the right thing or that you need to change direction. So again, the plus or minus is the left or right path. By crossing both, you reach your final destination, but one does not match the choices you have made.

Personally, the lighthouses, in the film and in the music, are moments of poignancy. Moments that move you. You recognise them when you express an intense emotion, when you watch a film. Like crying for no reason, an extraordinary joy, a very unusual anger, a shiver down your spine, you must have had a moment like that. You read something in a book and suddenly it hits you without warning. Here are some lighthouses. Beacons that will hit you. They will put you back on your path. They will point you in the right direction. Or who will encourage you by saying, You're doing great, kid. That's what stories are for. And they come along just when you need them. Like Tesla's inventions.

They appear at the right time when humanity needs them. In the case of a film, it is the same. They come out when the masses need them. Look at all the energy and money that goes into a blockbuster

is put into. This is the opposite of the energy and money put into a B-movie.

A film touches you personally in a certain way. It fills a certain part of your combination of plus and minus. Sometimes a part of the combination that the masses also have, sometimes just a personal part. On average, a film lasts two hours. So two hours of still image sequences. Two hours of actual moments, shown with a certain reel measure. Doesn't this remind you of something I wrote earlier?

Time is just a perception, a story. Only the present moment exists and the rest is just a calculation. Depending on your choices, you calculate your past and your future with a certain frequency. At a certain speed. The same applies to energy. There are only pluses and minuses. These poles change at a certain speed. Depending on the nature of matter. For example, alternating current is 50 Hz. A different unit, but the same cycle as in a film. A moving present moment with a certain rate of change. Like every planet is the same age, but evolved differently. Or like every human being ages, but learns at a different rate.

You see similarities with everything. Everything is connected. The plus and minus are easy to understand.

I come back to the film. A soothing image or sound, a scene or a rhythmic song that gives you a shiver, that makes you feel warm, a present moment in that film that influences your choice. Everyone has one. And, it doesn't have to be in a film, again, that's my perception. Personally, that's how it happens. With other people, it could be a person saying something, or a landscape that catches your eye. It can really be anything. It's that reaction that matters. It's what it does to you, your

reaction that counts. Which changes your polarity from plus to minus and from minus to plus or tells you to keep that same polarity.

I will give some examples from my life, from my experience. The four Matrix films had a lot of influence on me. Many scenes in these films made me feel: yes, it totally fits my choices.

*I am attracted to certain scenes in
films.*

What I see and hear there, I can follow perfectly on my life path. A funny story is that Keanu Reeves, the lead actor in the Matrix films, also starred in Little Buddha, which actually tells the story of Buddha. And then when you headline the story of Buddhism to the Matrix film. Then you see that they are identical. The red line is about the same thing, but the words are different. And so we can assume that Keanu Reeves' life journey contains this combination of plus and minus. He literally draws this combination from Buddhism and consciously or unconsciously chooses scenarios with the same combination. That's pretty crazy, don't you think? No, not actually. It fits my narrative perfectly.

Both stories, the matrix or Buddhism, speak of the voice of the 'chosen one', the 'all'. Neo or the Buddha.

Both live their ordinary lives. The Buddha as a rich prince, Neo as a poor computer scientist. Both were locked into their life choices. The Buddha was locked in a golden cage in his palace and Neo was stuck with his low life hacker lifestyle. Note: more counter-positions. They both had a choice. A choice that would change their lives. In Buddha's case, it was to leave his castle and explore the city. But, his father had the illusion in the city

created that the whole world, like inside the castle, was perfect. With Neo, it was a choice between the blue pill and the red pill. The red one to see the truth, the real world. The blue pill to stay in the illusion.

The Buddha chose to break his father's illusion. Following his feelings, he followed old people, who showed him poverty, death and all sorts of negative aspects of life. In Neo's case, the red pill led him to see the world as it really is. He woke up in a world run by machines, where people live in fear and misery, aboard a submarine that floats and runs on electromagnets. The Buddha discovered a world of onions. He lived all his life in opulence and discovered extraordinary poverty. Then he started performing miracles in public. With Neo, it was the reverse. Although he was now in an even more precarious condition than in the Matrix, he discovered that he could manipulate the Matrix. He could literally do anything in the Matrix. His training to learn the experiences within the Matrix was much faster than that of ordinary people.

The Buddha was therefore considered a prophet by a group of people who had left everything materialistic behind. One of his miracles was that the trees bowed before him. Because of his miracles, he was confirmed as a prophet. In Neo's case, it was because he acted differently and better than the others that he was considered 'The Chosen One', which was also confirmed by the oracle and by a prophecy.

Next, the Buddha chose not extremes, but the middle way. Between rich and poor, between materialists and non-materialists. Then he was tested by other gods, who turned out to be his opposite, and so he finally accepted his dark side, and turned out to be

he was completely in balance with himself and the world. Thus he became the Bud- dha, the enlightened one. With Neo, he chose not to believe everything the oracle and prophecy said. And, decided to believe in himself. He chose to be a simple man in love, rather than a su- perhero. In the latest film, he fights as a warrior for humanity against the warrior of the matrix. In particular, Mr Smith, who is his opposite, his dark side. In the end, they kill each other and Mr Smith dies. Peace and harmony reign again inside and outside the matrix. Between man and machine.

I would say you should watch both films. The Matrix is a trilo- gy, so there are three films to watch with lots of action in the scenes. The 4 th film was made by the sister of the makers of the trilogy and is the logical continuation of the trilogy. In Little Buddha, it is the exact opposite. There is only one film and there are many great moments. But, as a result, both actually tell the same story. But, in opposite percep- tions. And, to go a little further. These two films are part of the story I am currently telling. I don't know if you can follow it. But I see a lot of similarities here. With everything I'm saying right now. And look, it's just an observation. One of many paths to choose from.

Would you be so kind as to imagine what that means? How limited most people are likely to think? Even if they think al- leen, they have no idea how many choices there are. How many perceptions there are? And, being open to all of them opens up infinite possibilities.... (Here I did a choice calculation: what if).

Now I hear some people saying again: I don't watch movies, only TV series, the 8 o'clock news, anything non-fiction, facts. Believe it or

not, there are messages in there too. Even for me, this choice is at odds with what I usually do.

My partner is my opposite in many ways. So we are attracted to each other. But so are our interests. So is the way I watch television. She likes to watch soap series, reality TV shows and other horrors as I perceive them. But, I am learning to stay neutral. So sometimes I watch, or rather listen, to such a TV soap with her. Whether this is done actively or passively, I leave open.

Still, I occasionally sit while she watches these horrors of humanity. (This is not at all neutral, what I am saying now. I would even say strongly influenced. On the other hand, it is precisely her contrary choices that have kept us together for so many years. So be careful when you judge). However, when I happen to watch these atrocities, which I call daily soap opera. Then I even hear words like: You should clear your head and start meditating, it will make your life easier.

Something like that. And I said to myself and my wife, look, they are saying what I have been saying for a long time. That moment was amazing. In a soap opera that I hate like the plague, I heard that at that moment when I was watching. It was a slap in my face. And for the first time in my life, the daily soap opera gave me a sense of well-being. A thrill of happiness. So the principle of expecting the unexpected is perfectly applicable here. Then you see what neutrality does. When you open yourself up to other opposites, you suddenly have wonderful experiences you don't expect. But in reality, this is part of my story.

Daily TV soaps are bad programmes for me (minus), I have lie- far the opposite like a series about space (plus). But

then I discovered that even a daily soap opera contains good qualities (plus). My polarity shifts from minus to plus for this part of my life.

*Is the influence big enough to watch a da- equal
soap opera from now on?*

Yes, I dare to look at it sometimes. However, to say daily. No, I don't. Besides, I don't need to watch it daily. If you look at the structure of a soap opera. As with anything, it is a combination of pluses and minuses that follow each other with some outside influence. Even if you only watch the show a few times a year, you can still follow what happens in the episode you watch.

I repeat: in search of neutrality. Therefore, like Neo and the Buddha, choose the middle way. I received messages, which were also meant for me. This made me extremely happy and enabled me to better grasp the opposite perception and all their variations. Similarly, I would not have understood how reality TV shows, such as 'marrying at first sight', are set up and what their real purpose is. Look at the chapter on relationships.

My advice for choosing a film:

*Don't pick and choose! And never
watch a film just once, but several
times with a break in between*

Every time you watch this film, you will see something different that touches you. Or you may see nothing the very first time and multiple bids the other times. It's like with dreams. Depending on how full your head is, you see many or few messages. So far, I've only talked about the films. There are messages in them that give you a great

feel-good moment. Something that steers you in a certain direction. I'm going to go deeper into music now. You sing almost daily, but

Are you aware of what you are singing?

Do you dwell on the meaning of words and the feeling behind them? In my opinion, not always. You just sing in a loud voice, which makes you feel good enough. Now every song is a message to you. Consciously or unconsciously. Consciously it will be a lyric that influences you, unconsciously it will be the melody, the notes. First of all, look at the lyrics.

What messages are you consciously missing?

I will take a very familiar song, namely Always look at the bright side of life by Monty Python. This song always makes me happy. Even if I only sing the chorus, the whole song is joy. Translate the lyrics and you'll discover its secrets pretty quickly. Just Google: Always look on the bright side of life. Or you can watch the film: Monty Python: Life of Brian, the ballad is at the very end.

Do I need to explain further? You have a symphony of pluses and minuses here, attracting each other. Even though life often pushes you in the direction of negativity, towards sadness, anger, in fact anything you consider negative. You can choose to look the other way. And above all, keep it simple. Don't pat yourself on the back about what can go wrong. And then my favourite bit:

*You come here with nothing and
leave with nothing. What do you
have to lose?
Nothing!*

Best phrase, I think. You are made of ashes, you will return to ashes. Literally: you came here to experience, that's why you have this li-

cham. Then the light goes out and the body disappears. But in the

meanwhile, you choose what to do with it. So why use it for something boring, when you can also use it for something cool? And then I immediately hear a yes, okay, but You can do whatever you want with

what I say. Again, this is my story. From now on, I choose to pay more attention to what I like and less to what I like or dislike.

Will anyone be able to stop me?

No. But outside influences will try to stop me. But in the end, I choose what I do with this body, here, in this life. This is the most apt song I have found, which contains the problem and the solution. Sometimes you just have to read it or sing it, in this case how to get out of a negative situation. But, many people don't see it or say it's too difficult. Yes, that's true. If you think you have made bad choices in your life, you will be long working to get out. Your brain is then literally trained to receive only setbacks and not see the other side. But I repeat.

You can reprogramme your brain

The same way you entered this negative cycle. Repeat and repeat that your life is easy. Exactly that:

*Over the years, you repeated that
your life was difficult. Your herse-
ns believed it too.*

That is why you are now doing the exact opposite.

*Life is simple. Life is temporary, so
make the most of it.*

When you go to an amusement park, you don't keep going on an attraction you don't like either. You look for another one. It seems so simple... It took me a year to reprogramme myself again. That included films and music. I was able to listen to the right music at the right moment and watch the right films. I actually attracted them. In my story, you could say that the combination of pluses and minuses, the basic DNA, had the right combination to help free me from this negative influence. I say again:

*Just because it's film and music
for me doesn't mean it will be the
same for you!*

It can be anything that inspires you. Sitting here writing this book makes me happy and positive.

Now, but in your life, look for those songs you sing or those other little events that make you happy. Just see or listen to them there, without thinking about them.

*Just feel them, without wondering
why you feel this way.*

You will then notice the effect it has on you. But being still and quiet is important. Like those songs you sing every day without knowing what you are singing. Dissect them, feel them. Like during closure, people's lives stand still. Start everything that makes you happy and let go of everything that makes you sad, as soon as possible. Free yourself from yourself. Haha, another

song: Frozen - Let it go. Take a look at the lyrics of this rhythmic song. You'll be shocked too. Or the Lion King: 'Hakuna Matata'. They are right under your nose, its solutions, those rhythmic songs. But mostly you forget them and don't apply them. Disney is really a mees- ter in this. He gives the solution to the attraction, but no one thinks it's that simple.

Listen, I want to say something now.

Suppose you take away all materialistic stuff. Are you alive then?

Do you still have a choice? Yes, you do! You can then choose to start all over again. Either a return to a materialistic life or a hard life, as you have learnt over the years, as the general outdated truths dictate. Or you can make your egg- gen choices now and take only what makes you happy. Take the best of everything. But,

Best for you! Not the best for society.

You literally pick the best one out of all the choices already made. It couldn't be easier, right?

Listen to this example: I live in the Netherlands but have Belgian nationality. My father was Italian but was born in France and my mother is French. I think this is precisely the best example of taking the best of each country. I could also give up everything. I could give up French and speak only Dutch, then live in Belgium and spend a full life there. Yes, some people will have enough of that. That is their choice. This book and I repeat, this book is meant to show you that it can be different.

That simply by changing your perspective, you can go through life in a different way! And, that everything is connected, through this attraction and repulsion. Life can be simpler, if you choose to. And saying you can't is no excuse. You have also learned to be negative-minded. So the reverse is also possible.

You have now seen that sometimes you are offered certain tools, such as songs, which you know from beginning to end. That you literally summarise the lyrics every day! But the truth is that you don't see the meaning in your life.

I now want to dissect the music itself. The notes, the melody. Whatever can put you in a certain mood. Influence you or help you. See, any feeling, negative or positive, is irrelevant. You now know that a positive feeling will always be followed by a negative feeling and the latter will be followed by a positive feeling. And so on. How long you stay in a particular polarity is your choice.

But there are those outside influences that sometimes prevent you from seeing that you really have that choice. Music can be a tool to break through this influence. There is such a thing as frequency music. That is literally music made at a certain speed. So a certain speed that turns plus into minus and minus into plus and so on. Hence the speed of motion. Our friend, Nikola Tesla, can tell you a lot about this. So you can find this technical explanation by consulting your friend Google. What I am going to explain to you is practice.

An example. Woodstock in 1969. The festival that many know. Peace and Love. It was a wonderful festival. Peaceful music was played. Everyone shared and was kind to each other. Above all, all was free. People had fun together. In short, it was a very

positive influence during a negative period of war in Vietnam. The concerts took centre stage and the artists played rock music, which was on the same frequency as the people present. The music and the people attracted each other, you could say. They formed a unity. What many people don't know is that, 30 years later, the organisers of Woodstock 1969 wanted to recreate the atmosphere of the 1969 festival, but in 1999. But things did not turn out as they had hoped. First, the factors: this festival was all about profit. You know the principle: if you want something to drink at a festival, you pay a lot for a bottle of water. If you want to eat something, you have to be rich. It was exactly the same. Then the artists were also different. The music was the opposite of Woodstock 1969. In the documentary: Train- wreck: Woodstock '99, you can see this. They nicely show the contrasts there. The 1969 edition was the opposite of the 1999 edition. Again, the music was central, but the influence of the artists was completely opposite to that of 1969. You can conclude that the overall influence was negative. So I recommend you watch this documen- tary for yourself or google it. Then you will be amazed at the possible influence of music.

Was it only the music that changed the polarity?

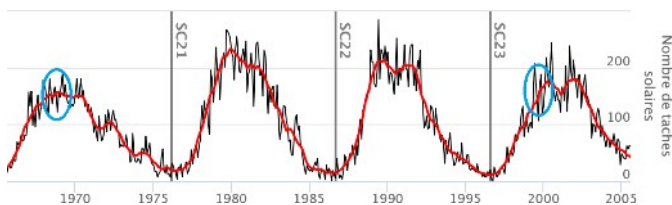
Yes and no. Obviously, people came for the music and to have fun, and therefore the music influenced people to behave posi- tively or negatively. The majority of artists in 1969 were peaceful. They came to bring their music with a peaceful frequency. Even if a message of hatred had come between them in the meantime. That would not have stoked the audience. The music kept the atmosphere positive. So in 1999, it was reversed. The artists were artists of the time. Hard music, aggressive lyrics and revolting music. People were strongly influenced by that. The logical consequence is that they also became aggressive. Totally the opposite of where

this festival was originally intended for. Even though artists from 1969 also came to perform in 1999. It had no effect on the overall influence. People were 99% aggressive and 1% calm during these performances, so to speak. The contrasts are really visible in the documentary. If you think it ends there, you are wrong. Until now, you could see the contrasts between Woodstock 1969 and 1999. Your brain sees that. You see it, that's a fact. But when you start making connections, it becomes more fun. I will just mention a few contradictions op-:

1969	1999
In a field, in nature	On concrete, at an abandoned mili- tary base.
Food and drinks were free	Food and drinks were expensive
The music was soft, soothing	The music was loud, aggressive
There was a lot of voluntary sex	There were many rapes
People took natural drugs	People took manufactured drugs
400,000 people attended	250,000 people were present

And now it's getting fun

15 to 18 August 1969	22 to 25 July 1999
Amplitude solar cycle 20	Amplitude of solar cycle 23



Therefore, the festivals were exactly at that time. The sun's influence was maximum.

Good, now start making the connections with everything I have said so far. I'm going to rank them in order of greatest to least influence. Your biggest influence is in the solar system. Namely, the sun. Which is at its amplitude and therefore amplifies everything. Which literally changes the frequency of your magnetic field. Which at that moment causes the pluses and minuses to change faster than normal.

It is also summer during the two festivals. The time when the earth is closest to the sun. So full influence. Moreover, you have opposite dependents at both festivals. More than 400,000 positively charged in 1969 and 250,000 negatively charged in 1999. In 1969, music and mood is positively charged and in 1999, negatively charged. In 1969, all performances went on, in 1999 they did not. The festival literally ended on fire



I could give more examples of antitheses like this. They were influenced by the common denominator, the music was amplified by the sun.

In 1969, a positive influence was enhanced by the sun and brought a positive atmosphere. It was also the time of flower power and peace and love. This with 400,000 people radiating this polarity. Literally, their magnetic field was positively charged. But in 1999, half the number of 1969, negatively charged people sowed as much hatred as love was sown in 1969.

Here you can see perfectly the influence of music. The one common denominator that could have changed the polarity at the time. I'm just saying, assume the same music would have been played in 1999, as it was then in 1969. That therefore the frequency of the music would have been quiet!

Then with the help of the biggest outside influence - the sun. We could have had the same festival as in 1969. But we didn't. The lesson was to show the contrast between these two opposites.

If I follow logic and my instinct, then apparently yes. It is a bid to show how the general influence is now in society, in general truths. What was applicable then is not applicable now. You have gone from the strong influence of peace and love to an influence of war and hatred. Mind you, by this I mean the greater influence. The minus is now greater than the plus. But the plus is gradually increasing again.

The great influence of music reflects how the great mass of men- sen are. If music with a calm frequency is in the top 50, you can assume that people also have a positive attitude. Is

there is music in the top 50 that has a negative frequency, then the great mass of people will also have a negative attitude. Pure logic.

I am talking about large masses and general truths. Later on, you will decide that the music style is actually just another influence, like many others. But it is still your choice how you interpret the music. So it is your perception of the music.

Suppose you are in 1969. You are listening to the radio. Most of the stations consist of music by artists proclaiming peace and love. You notice this both in the music and in the lyrics. You hear the songs and sing some of them, consciously or unconsciously, and they put you in a good mood.

Now you change the channel and come across one that proclaims the opposite. The war in Vietnam. The music is more military. With lyrics saying, how good it is in the army and how good it is to go to war. Your influence in peace and love music is 80 per cent positive. You stay in that atmosphere.

The mood may vary, but you never try to get below 50 per cent. Even if a negative influence tries to creep in, it will not be enough to change your opinion if it is built on positivity and peace. Through all influences, less influence below, you remain in a positive mood. So the reverse is also possible.

This is exactly what happened at Woodstock in 1999. I can only recommend watching the documentary and seeing this. Just keep in mind the history of the pluses and minuses. When I watched the documentary, I could see the contradiction from the beginning and how it would end. A house of love in 1969 and a house of hate in 1999.

A good festival or concert is a balance of heavy and quiet music. Why do you think Rammstein is so popular? They mix hard music with soft music. So your combination of plus and minus is well balanced. Or at least doesn't turn into the extremes. The same you also see with Metallica or with Scooter. All these artists make heavy music, but at the same time create a calm frequency. A band like Voltbeat will appeal more to people who like loud music with a loud frequency.

In both cases, other combinations are possible, depending on your combinations. There is something for everyone. Everyone will have several artists, or one or more songs, that have some meaning in their lives, regardless of the influence the band or song has on them. Beware, however:

*Don't get attached to one artist or
type of music*

This doesn't mean that if you don't enjoy it now, you always will in the future. Don't pretend to like the same music all the time, but discover new genres. It was this new music that drew you to it, even if you didn't like it yesterday.

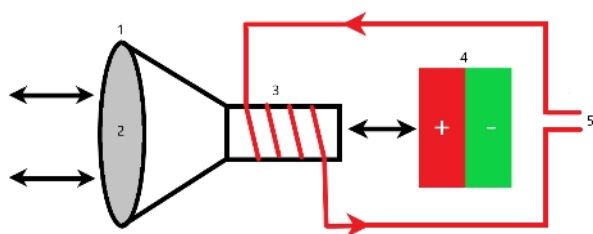
I now want to focus on another small topic, also related to music.

Tinnitus is the ringing in your ears.

A ringing in the ears, annoying to some, who dare to make life difficult. But is it really true? What are my observations? So I have. But, by precisely observing this whistling, I have noticed that it is not always the same. You don't always realise it, but

some things change every day. What I have noticed is that on days when the magnetic field around the earth is weak, the whistling disappears or is much less important. And so, on days when the magnetic field around the earth is high, the whistle is much louder or sharper.

In a previous chapter, I mentioned tools like spaceweather- live.com and the Schumann resonance graph. This shows the strength of the magnetic field around the earth. So here you are affected by a solar flare from the sun or other stars.



Legend:

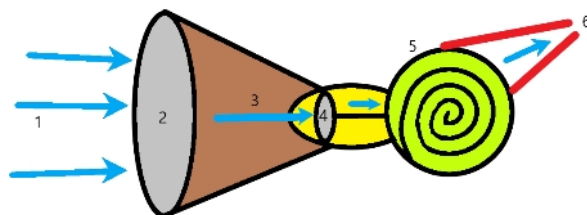
1. Cone, 2. Membrane, 3. Electromagnet, 4. Fixed magnet, 5. Voltage alternating current

Like music, the magnetically charged particles rub against each other and then collide with your eardrum. It is like music and a loudspeaker. Again, energy flows through this magnet, and the pluses and minuses, depending on the musical note, then collide with the membrane of the speaker, and music is created. A combination of pluses and minuses understood by the brain.

I myself go a little further. In spirituality, it is said that when you hear this whistle, it is your guide speaking. In a sense, this is true. To begin with, if you pay close attention and can keep your head still, you will notice that sometimes the whistling changes pitch. It is like hearing something, a distorted voice. As if the reception is not good. But in

your

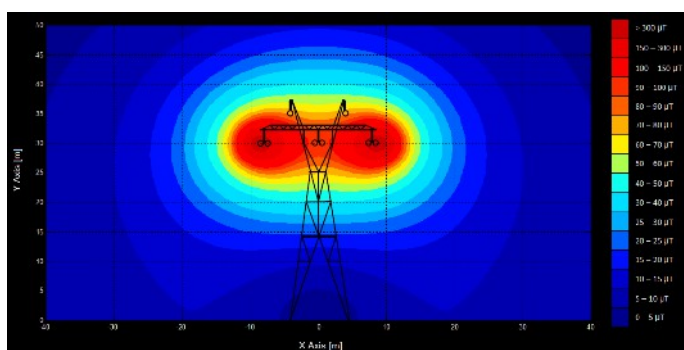
perception, it is simply a magnetic field stimulating your eardrum. Like a drum. So it turns out that ringing in the ear is referred to as a disease. Again, it is not a disease, but an indicator of the state of your own magnetic field.



Legend:

1. Magnetic waves, 2. Shell, 3. Auditory canal, 4. Tympanum, 5. Cochlea,
6. Auditory nerve.

You also get them when you stand under a high-voltage cable, for example. Then you literally hear creaking sounds. You can't see it, but you can hear it. And it is only the high magnetic field of the high-voltage cables that collides with your eardrum.



Test it yourself, if you also have that ringing in your ears. This is yet another take on something taught by general truth. But again, you do with it what you will. It is your choice to believe

whatever you want. If you think it is a disease, so be it. Don't judge others who have a different opinion. I just cleared my head and stopped thinking too much before making a decision. It gave me a new perspective on things that I can now add to the rest of my story.



31. Your state of mind through the seasons

I also mentioned this in the chapter on Woodstock. There is a ver-connection between the season and your mood. We start in winter. Why not in spring? Winter is the first season of the year according to meteorology, but it is not the first season according to my story. To simplify things, we start with winter as indicated on the calendar.

Winter: 21 December to 21 March

Temperatures are cold, people are often depressed, there is snow (if you are lucky). Not much colour. Lots of grey to be seen. Being far from the sun, there is little influence of the sun and its rays. The general trend is negative. If you were to draw a sinusoid, the amplitude would be on the minus line, i.e. below the zero line.

Spring: 21 March to 21 June

Temperatures are fluctuating, with emphasis on low temperatures. People are starting to have a better mood as the days get longer and nature regains its colours. All animals are starting to build their nests. The earth is approaching the sun and the sun's rays are beginning to warm you up. However, the weather is still not stable. Remember the showers in March and the vagaries of April. The general trend then is between positive and negative. If you indicate this on your sine, you will now arrive at the zero line.

Summer: 21 June to 21 September

With high temperatures, people are generally in a good mood and enjoying the longer days. They feel good and enjoy themselves. This is the general perception, always for the big crowds. The

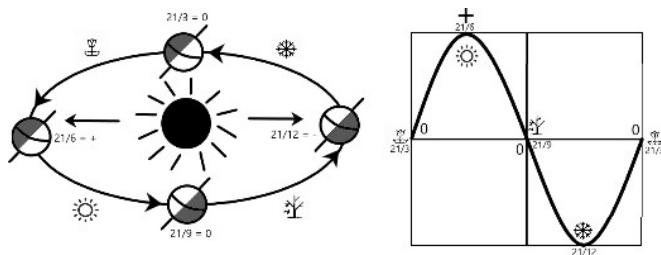
nature is in its amplitude, full of colour and fragrance. So the earth is closer to the sun and its influence in summer.

By mid-summer, the Sun's activity is at its peak. The general trend is therefore positive. On your sinusoid, you are now on the amplitude in the plus region.

Autumn: 21 September to 21 December

Temperatures remain warm but are starting to cool down. The weather is changeable, with sunny and rainy moments. Nature changes colour and green gives way to darker colours. People begin to retreat into their homes and often get cold. They rejoice, but increasingly move from joy to sadness. The pattern changes gradually with some positivity still left. On your sine wave, you are then back on the zero line.

So again, it is about my perception. Literally: your location on earth. If you are in winter, the other side of the earth is in summer. And, if you are in summer, the other side of the earth is in winter. With all the variations in spring and autumn. You could say that winter and summer are the extremes: minus and plus. And, that autumn and spring, are all their combinations. Each is mainly influenced by sun exposure and geographical location, especially the side exposed to the sun. Seasons are something you learn at school. Just like the water cycle.



Yet here you don't or don't always make the connection with your life path and its influence. Why is that? Again, the same story. I am really repeating myself.

*You live only on logic or feeling,
not on both combined.*

When the weather is good (plus), you feel good (plus) and are not sick (plus), etc. And, as the saying goes: After the rain comes the sun, but after the sun comes the rain. After summer comes winter and after winter comes summer, and so on. After the months when you feel good, come the months when you feel bad. But also the months when you feel almost good. Therefore, with variations between the amplitude of plus and minus.

Who is the biggest influence here?

For the solar system, I repeat it again here, it is all about the sun. It does not mean that you are going to feel bad in winter. Or that you are going to be fully fit in summer, because it is your own choice that counts as a decision. It is a choice you make with the sun. The sun can give many days of beautiful weather in winter. And you yourself, when everyone around you is depressed, can get up and be in a good mood. Again, personal choices have the last word and will win out over collective choices or larger influences. Even if you are competing with the biggest molten fireball in the solar system.

You see here again, with another example, another story, another perception that everything is connected. Because of the great material mass, you can physically go from plus to minus, but like death, you choose to come out of the negative and become personally positively charged!

I repeat: if YOU choose it!

Furthermore, I discovered a very interesting fact when I stepped back. I also mentioned the Milky Way's central sun. If everything you have seen so far has the same advantages and disadvantages.

Can you assume that the central sun also has four seasons?

So here is the answer to the question of why, since the beginning of mankind, everything is so negative. Why negativity is the biggest influence of the biggest masses Use logic and common sense, think little and don't dwell on details.

It is agreed that the seasons, or the influence your sun has on you, are determined by where you are in relation to the sun. For all you know, the central star at the centre of the Milky Way is also a sun. But it is not a heat-giving sun. It is an opposite sun: namely, a black hole (Sagittarius A is its name). What does this star do, instead of offering warmth and positivity? It absorbs it! It literally gobbles up matter, plus or minus.

What figures now: the entire solar system takes 230 million years to orbit the (negatively charged) black hole or galactic centre. Again, you can see a picture of attraction.

The large negative mass of the central star attracts all the small masses of the positively charged stars (i.e. the energy-producing suns). But since not all suns are equal, an equilibrium arises between attraction and repulsion.

The number of suns around the galactic centre is equal to the mass of the galactic centre. If you take all the solar systems around the galactic

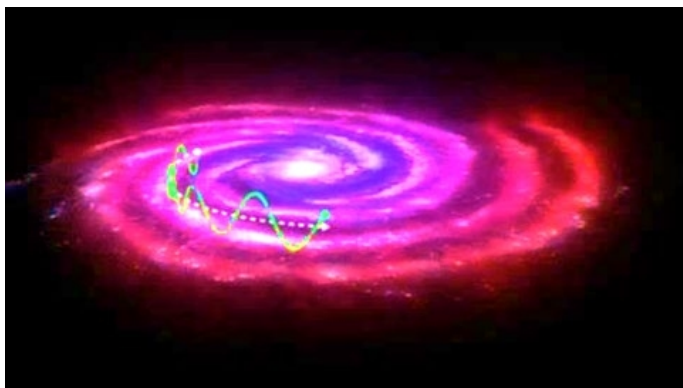
centre, you get how big that galactic centre is. I use this example to explain the context, but I know it is not exact. Logic and feeling!

The universe is well balanced, if you look at it that way. Everything is in its place, where it belongs. And when one thing changes, it is replaced by another, which then takes its place. Doesn't that remind you of the saying:

A soul for a soul.

A person dies and a new life comes. But I digress.

So the entire solar system takes 230 million years to orbit around this black hole. So if you had a calendar, it would have 230 million days. That's slightly different from the 365 days around the sun, isn't it? The funny thing is that the solar system orbits the galactic centre in a sinusoidal pattern. So another example that fits into my story.



You know that the solar system is about 4.6 trillion years old. Do the math. 4.6 trillion, divided by 230 million, is twenty. That is

approximately the number of times you and the solar system have already orbited that central black hole at the centre of the Milky Way.

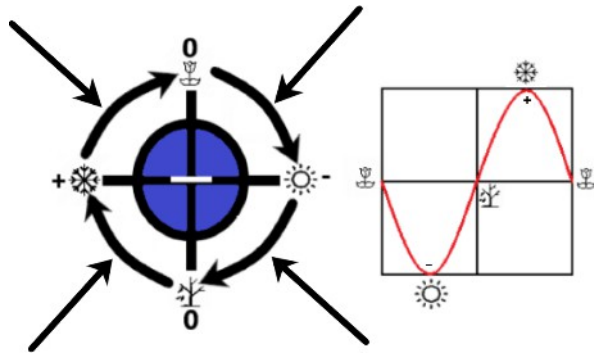
Only 20 times since the solar system came into existence. Numbers with many zeros have been used for calculations here, but the result remains small in comparison. I will continue: man in his present form has not yet made a full circle around the central sun. And, that you with all humanity have experienced only one season of the central sun.

Do you know what season it is relative to the galactic centre?

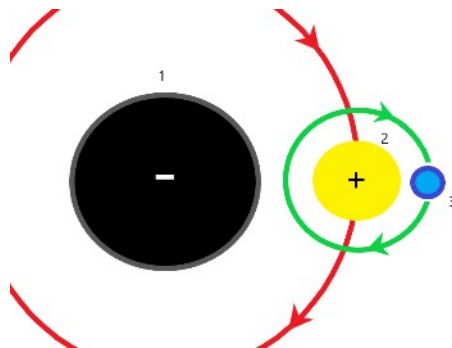
Since everything that enters your perception starts with minus, that is, nothing. Logic dictates that the sun was also created from nothing. And that is why it imploded instead of exploding like most stars that emit light. So the solar system has now gone through 20 times the negative amplitude.

If you then divide one rotation by four (seasons). Therefore 230 million divided by four polarities. This gives you 57,500,000 years per season. Here, a season or polarity lasts three months. Big difference, isn't it? But the way it works is the same.

The universe is 4.6 trillion years old, divided by 57,500,000 years for one season. This means that the polarity in the sine wave has already changed eighty times. You then start with minus, zero or minus, plus, plus, zero or plus, minus and do this eighty times. Winter, spring, summer, autumn. Then you arrive at the amplitude of winter un-veer.



The solar system is currently furthest away from the central black hole. Then you are least affected by the central sun. You have to remember that this black hole has the opposite polarity to the sun. It sucks in energy instead of giving it away. It is therefore negatively charged. This leads to the conclusion that its influence is greater than that of the sun. That star has a negative influence on you as a biological being. But now you are on the other side of this black hole, in winter. So the least influence on you.



Legend:

1. Galactic centre (black hole), 2. Our sun, 3. Earth.

Therefore, in this negative influence of the black hole, the sun, which is now close to its amplitude, is a major positive influence. You can think of this influence as the conversion of your negatives into positives. But, you are now (as I write this) in winter. And therefore this positive influence, on this day, is weaker than in summer. You could therefore say that the minuses are now less likely to turn into pluses.

Therefore, in another language:

*Humanity is generally under a
negative influence.*

But because this influence is not so strong, (thanks to the minimal influence of the galactic centre relative to our sun) it is possible to go from negative to positive. This with the help of the sun. This proves that humanity can make the choice to go from negative to positive. Even if the general perception created will remain negative.

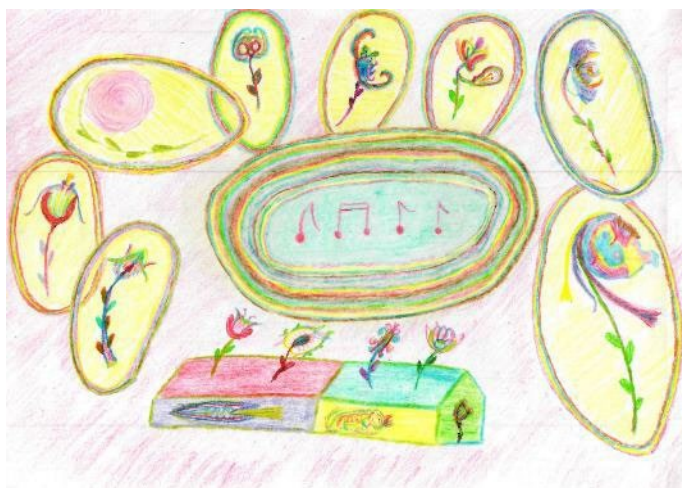
*A huge mass with huge influence is
less influential if you distance
yourself from it*

If you can follow along, great! Personally, I may not think too much about what I write. Otherwise, I start to squint. I might even have made a logical mistake in this chapter. But that doesn't matter, it's my story. If you want to correct it, you can do so in your story.

I repeat: This is not an exact science. No exact figures. It's just to make it clear to you that everything is connected. That attraction is still there. That there are great influences that you

lead. But, humanity, was created to live in a period of possible change from negative to positive. If humanity was created in the summer of the central black hole, you would be under a very powerful influence of negativity and also have no chance to change. Choice would simply be impossible or limiting. You would not be able to turn around as you are doing now. Here you can see that everything is well organised and logical as it should be.

Look at the chapter on relationships and especially on children in a divorced couple. You will see similarities. And that is normal. Everything is the same. But the scale is different. The mass and the influence are different. The action, the red line is the same: plus and minus, attraction and repulsion.



32. The layers of perception

This is a good time to explain the different layers of perception. I start by quoting a very important philosopher, namely Shrek from the film of the same name:

Shrek: Ogres look like

onions. Donkey: Do they stink?

Shrek: Yes. No.

Donkey: Do they make you cry? Shrek: No.

Donkey: Oh, if you leave them in the sun, they get all brown and little white hairs start growing.

Shrek: No. Layers. Onions have layers! Ogres have layers and onions have layers. Do you see what I mean? We both have layers.

Donkey: Oh, you both have layers. Oh. So, you know, not everyone likes onions.

It's a particular scene from the first film, which I remember and which sums up what I keep saying in my story. What you see depends on what you choose to see. Because of society's influence, you actually only see what society wants you to see. No more and no less. Why? Because it is the easiest way.

Don't think in the army, the army does it for you.

The truth is that the same applies to society: Don't make your own choices, we will make them for you. Society will ensure that your children and their children remember these choices by constantly repeating them. Then you will be punished or rewarded, if you do or don't make the choices society tells you to make. That's what it is.

It gives you a certain sense of security because you then think that these choices are the right ones for everyone. That is the first layer. The layer that everyone sees. It is the right of the strongest and it gets stronger with each new child.

Then there is your personal layer. You consciously notice that you make positive and negative choices. But you notice that what society says does not always match what you feel. This something is unstable, so you have to adjust your choices. You control every choice you make and you are all-time strongly influenced by external factors, but you consciously make the final choice yourself.

I will be careful for now: there will be more points for each aspect. However, this is not for my story now.

So we are going backwards again. With some general choices, you can actively undo yourself and consciously follow your own path. On the other hand, you carry on despite the difficulties. Thus, you compare your steps with those of society. You also understand the general idea behind the choice.

Another step backwards. That makes you see the whole picture of humanity as a whole. Then you understand the mechanisms behind the different countries and cultures. You see the different choices and understand that they form a whole. Thus, you now understand that your own perception is just a perception of the eight billion. This is how you understand the Tower of Babel effect. They speak different languages, but together they form one tower.

You go back even further. Now you are already in space. So put on your astronautical suit. Now you can see the interaction with the planets. The gravity force, the laws of nature and everything around it. So now you are connecting what

happening on a planetary level, with everything that happens on Earth. Therefore, you begin to see that everything is interconnected. So it is amazing to see that the decisions made on Earth are the same as those in the universe. But, to a different extent. Same choices, different stories. Still the biggest influence, the biggest mass. But now you realise that in this vast mechanism, you personally always have the last word.

A step further back. Leaving the solar system, you now look out over the Milky Way. You see that you are considerably small. And, that in reality, you are nothing. You are part of a larger whole. Moreover, you are not the centre of the universe, you are just dust. You notice yourself at this level that the choices the universe makes come about for the same reasons as the choices made in your life. If certain choices had not taken place, man could have simply not existed.

Then you enter uncharted territory. Then you see the big materialistic picture. So you understand how it all happens, you like the choices made throughout the universe. These choices have been the same since the beginning of everything you know. Moreover, you can now make all the logical and sentimental choices. This works in your life too. These choices are the same as those of a huge materialistic object. This allows a universe to sustain itself.

You now also see the choices you make. And, which society will make. This means that everything that is currently working in this model will continue to work and, more importantly, evolve. You understand that while you can't give details, those details are not essential either. There are positive and negative choices. These choices have been made long before humanity existed and will continue to be made

be after humanity is gone, in its current form. This is in perfect balance.

What I can conclude from this: next time you make a choice, take an onion. Cut it in half and look at the layers. What most people see is not the main issue.

What level of understanding do you have?

Do you think you are already emancipated and know it all? Or are you completely neutral and looking at the onion as a whole. With this book, I would say I am personally at the outer layers of the onion. So I can already see a lot. But I am still missing information about the whole onion and the space it is in. For me, this is the ultimate layer. Understanding the onion and the space around it. As I become aware of what I have already achieved in a short time, more ideas will soon come. If you see that the principle of opposites fits, then you can take the opposite of it, and so you also start to understand the space around it.



Look, I am repeating myself again. This is my observation, it is just one of many choices. Another way of looking at biological life that we have been taught. A simple way of understanding the mechanism. But, remember that you need other puzzle pieces to understand the whole. You are nothing without the other puzzle pieces. Eight billion people, eight billion puzzle pieces. Which together with

everything material and immaterial to form the whole called the earth.

Remember, I am only talking about people here, not everything else. They are just a speck of dust in an even bigger picture. So ont- holds: Plus or minus, red or blue, light or dark, big or small. All opposites are the same. They attract each other and form neutrality, the whole. No more and no less. The meaning is the same, the story is different. On the other hand, you are a tower of Babel: you speak different languages, but you are part of a tower, of a whole that functions completely in the same way and together.



33. Aliens, UFOs, angels and other beings you refuse to understand.

This is another interesting topic for me. Yes, this is also part of my story. At the Big Bang, matter flew into the beginning cell into the void. From the omega cell, which contains all matter. You could say: the feminine side of God. The plus, in other words.

What materials did we receive on earth?

Mendeliev's famous table. All the materials emitted in your direction that formed the earth. You could imagine it as a cosmic soup, with all the different vegetables. Each cosmic object also has its own ingredients. If you have the right ingredients, you make a good soup, in which life as you know it appears.

The emphasis is on this: as you know. At the time of the Big Bang, the ingredients of the omega cell were scattered everywhere. So each planet made its own soup out of it. See, even Mars is as old as Earth, but doesn't look like Earth. Like you, it made its own choices and evolved more or less rapidly than Earth. You could say that with the ingredients Mars had for its soup, the choices for Mars were easier or harder than those for Earth. Consider that Earth and Mars are the same age, but humans as you know them are only a stone's throw away from Earth. You think you are a ruler here on Earth. And that you know everything, that everything is as it is in the history books. But that's not even a letter in Earth's history. I am talking about Atlantis, Mu, Lémurie and many other peoples who lived on Earth before that. This is not in the history books. Because the general truths refuse to understand them. There is not enough evidence, hears

one then. I leave the choice open here. Yet it has been proved that our history books are incomplete. You learn at school only what you perceive and what other people perceive.

Why don't you want to see what's in front of you?

The pyramids of Egypt, with the hieroglyphics, refer to other beings, who are not of the earth.



The Mayans, the Incas, the hole that is now the Gulf of Mexico, the Bermu-dad triangle, the inverted pyramids of Russia, I'll go on if you want. There is no shortage of examples. The so-called myths. Scientists want materialistic examples. These are right in front of their noses, you just don't have to look far.

The answer lies just on the surface. You can touch them yourself. However, the answers remain hidden in the general truths.

Why do these truths remain hidden?

In fact, it is simple: it is the opposite choices that sa- men society has chosen. It is these choices that upset the balance of

disrupt society. Whereby this limitation you now have to- is not done. Again, if you are Yin, then these myths are Yang.

If you could remember the choices your ancestors would have made, the same choices would be made again. By this I mean the positive and negative aspects. In your DNA, the answer will be found. But, do you need to know? Frankly, I don't think so. The answer will come to you if and when you need it. You didn't see that coming, did you? Did you think I would start talking about all those ma- gia and alien theories? It's my choice not to talk about it. As for science, there are already enough people studying this subject, enough observations to do with it. It's up to you to choose what you believe or not. What you choose or not. You will make the right choices for your life path. Remember:

*You don't have to do anything!
Sit down, relax and enjoy this life*

As I have shown, your life means nothing compared to the life of the universe. You are mere dust, yet you are as important as a planet or a sun. Even though your mass is not the same. You are part of the life cycle of the universe. Again, you don't have to do anything about it. It happens automatically. But, I still want to show you where, according to my story, ETs and angels belong, precisely both, because they are in my path of choice.

OK, I'll start with the aliens.

What do you know about ETs?

You now know you are not alone here in this universe. But are you looking for the right kind of alien? If you are looking at almost every

science fiction film watches, they are represented as a being with a material body like humans. Usually with the same limbs as a human. Would this be the case on all other planets where life is possible? That the same cosmic soup that happened on Earth is also present wherever life has happened?

It is possible, I admit, but I think it is the perception of the writer of these films, to explain something that scares people in a friendly way.



People fear anything that exceeds general values, although what deviates from general values. A person with a handicap is a good example. He is labelled and made to feel negative.

But there is a grey area: for example, the way drugs are portrayed in a negative light. Why? Because society has no control over the effects of drugs on people. The same goes for aliens. As soon as an alien does not have human form, it is classified as a monster. That is why ETs are usually presented as invaders, enemies or

samples. In reality, they invade society's norms. Destabilising norms means loss of power for some.

Again, my perception of aliens is different. Personally, I would put ETs and angels in the same perception. Same path, different names. One is the scientific name, the other the religious one. But they are the same.

Your senses don't pick up on their presence. I am talking about the gro- ter group of people. The masses do not perceive their presence because- it is not learned in your general perception.

Children, today we are going to talk about aliens, the inhabitants of the constellation Leo. Who can tell me their characteristics?

This will not be heard in school at the moment. The general standards will be more like this:

If you see an alien, run away or shoot it.

Some, like me, feel their existence. But I cannot prove anything on a materialistic level. The reason is that they are not that much different from you and me. In my perception, you are a materialistic being. Many do not realise how you are created. What your soul really is. They think so, but with labels. They only understand what lies between birth and death. It stops there. For these people, it's their choice. My choice goes the other way.

As I am now going in the completely opposite direction. The aliens have gone in a completely opposite direction to creation as you

knows. And, mind you, I am talking here only about non-materialist we- zens.

So at creation, all kinds of ingredients were sent into space. This created materialistic life in the solar system and elsewhere. So the cosmic soup can create another material being in a different composition. I don't want to talk about matter now. I want to talk about the free energy present during the Big Bang.

This power of division of the omega cell. You have already seen that energy is everywhere. It is not perceptible, like your soul. Yet it is there. And it holds your cells together and creates new cells. This is what energy does for you as a material being.

One possible path I would like to take is that energy evolved alongside matter. What was a tiny particle of energy also spread out and made its soup. Of course, a negative soup, because you can't see it. But, with certain tools, you can measure a fraction of it. I am thinking, for example, of magnetometers, with which you can measure the intensity of the Earth's magnetic field.

I'm thinking closer to home about a multimeter. On which you can see if the 230 volts is still there, in your socket. So what is plus for us is minus for them. You are matter and they are antimatter. But, you can let logic and sense test that ETs or non-material beings, had the same choices as you. And, in my opinion, they made opposite choices, as general values. As materialistic beings, you chose to stand out. They chose not to.

They are humble and unnoticed. But they are present. Just as I perceive magnetic fields, for example, some materialistic people can perceive these energy beings.

Are they pure energy?

Energy from the big bang? No, in my opinion, just as you don't have pure DNA from the first cell, they don't have pure energy from the big bang either. They evolved like us. The same principle, but in antimatter. Like us, their choices blurred the purity of the first cell.

I refer to Hitler for a moment. He wanted to create the perfect race. With the perfect genes. It looks a bit like this. The cell of Adam and Eve re-created. But, deep down knowing it's impossible to go back. But, still trying to get as close as possible. Create your own local first cell.

Was he also aware of what I am saying now, as Einstein was? I don't know. I'm more of the opinion that everyone knows where they came from, and that everyone has a piece of the first cell in them. You just have to be willing and aware that you have a piece of it in you.

On the other hand, well, I was talking about non-materialist we- zens. They too have made choices, positive and negative. They make the choice to create matter and make themselves visible to you. Like you, when you die, you go back from matter to energy.

Are they all the same?

No, like you, they evolved individually. Some evolved faster than others. Like Mars is the same age as Earth, but looks different. With its own handicaps and limitations.

I can also conclude that some beings are more technologically advanced. Just as I also believe that there are materialistic beings who have made the choice to evolve faster than you. A choice by the masses is enough to change the balance. You also have the

technology to convert energy into matter. But I would still say it is a simple technology. So for now, you can't make a body out of energy without using tools.

Now I come to the angels. If you use the perception of my story, you could see the angels in the same light. The visit of the angel Gabriel to Mary. A being of light in a semi-physical form. He had assumed the same appearance as humans, but with the power to fly and radiate light.

Remember the friendly way of introducing an alien in the films?

In reality, it is exactly the same. A being of energy who, by creating matter, can change Mary's genetic structure. As a result, he mixes her DNA with his own. Then, with his powerful magnetic field, he can make Maria pregnant without having sex as you know it. He affects the magnetic field like a splinter made in the fingers, but not materialistically. Or like nuclear radiation can affect matter, without having to touch it. A big mass of energy, gives a big magnetic field.



Again, this is just one particular possibility in my story. It is logic and feeling. Could I prove it? That is not necessary for me. You can believe what you want. It is my truth, which may differ from yours and that is normal. I don't judge what you believe, so here you have the choice of what to do with it. Even though general truths are not so forgiving. They want to be assumed as truth.

I continue with Maria. She is now a hybrid. A mixture of human and advanced energy being. In reality, two opposite paths have now united. In the DNA this day are different positive and negative cells that have attracted each other to create a materialistic being with a human side as we know it and an alien side.



She appears a few times after her biological death. I think of the pilgrimage sites like Lourdes (France), Medjugorje (Bosnia), Ban- neux (Belgium), etc. There are so many of them. Just google Marian apparitions. You will find the places. Then look for the description of what they saw. The same description of a being of light with a

female body. An energetic being materialising like the angel Gabriel. A human form, semi-physical.

It fits perfectly into your story about evolution and the choice to show up or not, in a sensory sense. Then how the people who saw the apparitions all reacted: that too is the same. A day of great change in choices. They suddenly turned 365 degrees.

Their polarities immediately became opposites. Look at the chosen people too. Not people who were important or constantly making accounts in their heads. No, they were people who lived simply. Their heads were not filled with calculations of choices. This also allowed them to make this change of choice in a simple way.

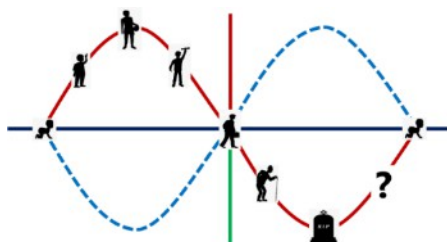
To me, it seems so logical. And, it is otherwise easy to explain. It goes along with everything I have written here before. Personally, I would say that I have been visited by an energy being or beings and am now going in the other direction.



Everyone moves from energy to matter and from matter to energy. Therefore, in a sense, the moment you change direction and align with energy. You can decide that you have now crossed the zero line and you are now attuned to your materialistic death. Look at how people are on their deathbeds. Some say they are no longer of this world. Yes, that sounds good. They are preparing to go back

energy to become. To restore polarity. To cross the boundary from constrained to unconstrained. And, to once again choose for themselves what they want to do with their existence in the future. To remain energy or to become matter again and reincarnate into a limited material being or to change direction altogether. At any moment on any planet. It is all part of a whole.

The layer you can barely see. The onion and the space around it. But you can figure that out with logic and feeling.



So, in conclusion. Just because you don't always perceive aliens or angels doesn't mean they are absent. Just because someone is dead does not mean they are no longer there. That you think your truth is the ultimate truth does not mean that there is no other truth. Countless possibilities, from which you individually derive one truth. Your choices move out of each other or converge. But despite everything, they form a whole.

ETs exist and they are not all your enemy, as many films show. There will be some that are your enemy, like your neighbour can be your enemy. But there will also be energetic beings who, like angels, mean well. Again, it makes sense, it is again a matter of choice. An ET or angel also has the choice to be (what we see as) negative. Both polarities are necessary.

So this is my perception of energy beings and their evolutionary path. Since their path consists of energy, you can logically explain why their evolution is different from ours. You are here for the constraints. Therefore, from nothing to everything, from minus to plus. Because the energy is still there, you could logically and sensibly say that they are ge-dwelling omega-cell beings.

They are what you call God.

They are the ultimate form of evolution, the final stage of your evolution. They are unified and otherwise unique. But they allow their energy to fluctuate so they can interact with you in a special way (at least for me) and lead you to your true home. This time again in figure form. At least that's what it's called in spirituality. In my experience, then, I see it more as a simple evolution of matter. Matter is nice, but so fragile. If the energetic balance is broken, by an external factor, by an outside influence. Then everything just falls apart.

Look, there is a reason why man was created in this form at exactly this moment in the evolution of the universe. He was created for a temporary period. In the years, the centuries count. But in the overall picture, it means nothing. That is why I made the assertion that time does not exist. That this way of counting is really so limiting now! It just makes your brain lazy. Lazy to understand that you are just a tiny particle of evolution.

Are you needed here and now?

Yes, I dare say. You are a ramification of the choices made by the universe. You are part of the multiverse. But, you are only a small particle of the experience of moving from

minus to plus. Here you can also make the connection between these energies and yourself.

The energy that powers your material body. It is what makes your heart beat, what creates that movement. This energy is the omega cell. This energy is that angel, which temporarily creates a semi-material body. This energy has manipulated DNA at various times over the years of human existence. They are part of you. They are you and you are them. Or you are the alpha and they are the omega. Yin and Yang.

Look again here, purely my perception, through logic and feeling alone. As with the whole of this book, I let the words write themselves, without thinking. I follow a certain path, of which I don't know where it goes. And, it doesn't matter either. I warned that this was no longer based on facts your brain understands. I just keep the plus and minus here in a corner of my mind and see where it goes. For now, all this is still part of a mix of science and spirituality.

I will continue, because it's starting to get fun. By going down this path, you could also see that Mary was genetically modified. If she had not been visited by the angel, she simply would not have been pregnant with Jesus. Or Jesus would just be an ordinary human being.

Ha, ha, I'm thinking here of Monty Python and the life of Brian. The life of Jesus and the life of Brian, simultaneously.

By doing the manipulation, the evolution of matter suddenly accelerated. Otherwise, it would have been an ordinary day. Jesus hanged so that in your evolution his influence would be great. And even his influence evolved. Look at it again with the pluses and minuses.

At first, Jesus' followers were considered criminals, less than nothing.

Then, in the Middle Ages and even later, they went from an impressionable influence to a declining one.

And now I say they are below zero. So here, too, we see a sine wave. From Jesus as zero to the peak of Christianity. At the second zero point where Christianity begins to lose its influence. It still influences humanity today. But, not as strong, not as much as before. But, it is not yet at its negative amplitude. Therefore, in my perception, actually on the danceline of the sine.

These beings of energy, these extraterrestrials, give a boost to evolution at various special moments. Just look at the list of apparitions. This influence, though weaker than that of Jesus, has strengthened the belief in something divine, every time. If they are all real, it doesn't matter. Because even if some were not real, even if the Bible is just a story but one man's sighting, even then it had its uses.

Look, it doesn't matter what you believe or don't believe. All stories, all choices matter. They all serve the evolution of the universe. They make the multiverse, they make these ramifications, to make everything from nothing. To go from the big bang to the end, and then back to a new big bang over infinite time.

If I didn't tell the story of my observation, another person reading this would not be able to make certain connections. It would literally not develop. Every story counts, every observation counts. This is what I am looking for. Believing in that divine cell, that Garden of

Eden where everything is perfect again. Every culture has that. Look at the Vi- kings and their Valhalla. Their version of paradise.

In the beginning, they knew nothing about Jesus or Christianity. Yet they came up with the same pattern, just like Christianity. But again with a different story. In my opinion, all interventions of these energy beings, are interventions of your soul or interventions of yourself. You can call it whatever you want. You can use any perception you want. You can also call it knowingness. But the main lines, the idea remain the same. Only the story changes.

Therefore, what you call aliens, what you call extraterrestrials, are actually in reality your soulmates. They are part of the whole of the whole. Of the alpha and the omega. As materialistic beings, you are a part of them, if they are a part of you. These ETs are part of every substance in Mendeliev's table and many more. Of every substance that has been emitted, since the Big Bang.

Hard to believe, isn't it?

Again, I am just following a certain path here. Logic and feeling, and even though it cannot be proven here. Everything is part of my story. A story established on a movement conceived by people, who gave the words and meaning to: logic and feeling. And this meaning was in turn accepted by general truth.

It is strange that few people have taken this route. But even that makes sense. You can only go one way. You can only make one choice. That unique combination of choices that made it possible can never be repeated. Then that path is stored in the choice path or DNA, or whatever you want to call it. This particular combination can only be reconstructed.

*My choices are the cause. Those
who then adopt these choices are
the consequence.*

It will never be the same path. It will be a combination of positives and negatives, supplemented by the positives and negatives of the people I have influenced. The genetic events between Maria and the angel, and the miracles performed by Jesus, are of the same order. Miracles in your eyes, but when you have read all this, perfectly explainable on a genetic level.



Are ETs and angels our friends?

Yes, they are even family. It is a family that is different, evolved in a different way, that has made different choices. I could say myself that Jesus is a hybrid. He's now flying around in a space ship over there, keeping an eye on you. Or he has returned as an energy we- zen.

Anything is possible. Genetic engineering has allowed him to go to heaven. To counteract gravity, perhaps a cousin came to pick him up with a flying saucer? All these options are possible. You can't imagine anything crazier.



But in my observation, you will see that there is only one explanation for all this. Your brain will always choose the easiest solution. Or, via detours and calculations, the most difficult solution, if that is your choice. Here, too, opposites attract each other. Different words like 'plus' and 'minus', but the context remains the same.

But, getting back to my story, I know no one will take it the way I do now. And, that doesn't matter either. By writing this story this way, I have also evolved, on my path. And that, I think again, is all that matters. I just want to contribute to the material evolution, adding my own combination of plus and minus to the story from the alpha to the omega. Even though I know the end will be happy, when everything becomes the omega again. So I deviate from the subject of this book, using too much feeling and too little logic. I bring back some balance here.

Where was I? Ah yes, the ETs. Yes, angels or gods, or if I use another word: the divine. Pure energy, largely invisible to your senses. Only with real interventions do they enter the spectrum of your senses. But because energy is always present, not even a wall can stop them. If you hit a wall, yes, it does

that hurt. You are made of matter and a wall has a greater density of matter. Energy, on the other hand, can pass through it. But the same goes for interventions in your evolution. Many genetic manipulations have already been done.

I am now going to talk about the tangible stories of your alien fa-environment. Extraterrestrial life form. This is the label given to your family, which is extraterrestrial according to common perception. Yes, logically explicable.

At the time of the Big Bang, the material from Mendeliev's table was spewed out exactly at this spot, where you are. The same material, with some variation, could just as easily have been spewed out in other places. This so materialistic life has also emerged in countless other places. As I said, energy is everywhere and everywhere too- ly. So if you have interventions, by Jesus and the gods, it makes sense that it didn't happen exactly here in this place. Just as a child is born every second in the solar system, an alien is also born somewhere else.

So here are some fun ramifications of the multiverse. Okay. You have only one perception. Everyone can simultaneously make only one choice. And, at the same time follow only one path. You cannot then stand at a choice point and go left and right at the same time. You choose left or right. More or less. Now imagine you went left. Then right also arises. Energy is matter. Remember Einstein? Right is in your mind, so the choice arises.

So you take the left lane, but the right lane also exists. Now see what I do with all this. Simultaneously present: the road you take to the left, another person takes the opposite road you take. For his perception, he will go to the right, but in his mind

also to the left. This stranger at that moment has the choice between left and right. However, there will only be one path, the same path at that particular moment, at that particular choice.

Then, at some point, you made the exact opposite choice as that stranger. Note, and here I am going to use spirituality again. It is not necessarily an alien. It can also be from earth. This is where I bring the guides into the story. They are a version of yourself.

So, they made many of your choices, but also choices that were opposite to yours. And, getting in touch with those specific moments in the 'present'. And, staying in touch with them until our choices diverge again. No matter where they came from.

Whether they are from Earth or elsewhere, they have made the same choices as you, in reverse. So you could say they have partly the same DNA as you. To some extent.

That is the red line that everyone follows. Whether their perception is different from yours doesn't really matter at this point. Their choices at that point are the same opposite choices, or they contain the same combination of plus and minus, but in opposite directions and therefore attract each other. Or they have the same part of DNA as you. You can say it any way you want. At some point in your life, they will interact with the pluses and minuses of your combination. And, the duration of that interaction between you and that opposite combination is, of course, another choice. You don't have to look that far. A relationship between two people is exactly the same. So is the attraction of a combination of opposite poles. However, these combinations are then smaller. Thus, in a lifetime, there will only be opposite choices. At least this is within the perception

of your brain. The combinations can also be drawn over a longer period of time.

Moreover, I repeat, there is only one perfect combination of oppositions. You strive during your life to find the most attractive combination. But that is the case in all lives here. Just because the body is different doesn't mean that in another life you won't look for the same ideal combination of plus and minus.

The film Infinite explains this. But it is quite possible that in this material life, you have never found the perfect combination in the form of flesh and blood. It could be that your counterpart is on another planet. Or it could be a tree. Do you see what I mean? It can't be that crazy. And then you find the most attractive person of flesh and blood in your life.

Will this one be perfect as your opposite? Your soul mate?

No, but there will be many opposite poles, which will attract each other, so you will attract each other. Look here in a broader sense than the word relationship. A relationship with an alien or a living being in nature is exactly the same. It doesn't have to be a flesh-and-blood body.

Some people stay alone all their lives and are still happy. Because they are attracted to something other than a body.

Going one step further: the connection with your soulmate does not have to be physical. It can simply be in the form of energy. Telepathy is an excellent example. You interact with beings in a distant place who have the same combination of plus and minus. So the idea that guides, angels and other helpers somehow talk to you is not so crazy if you look at it that way. Now I will also be honest

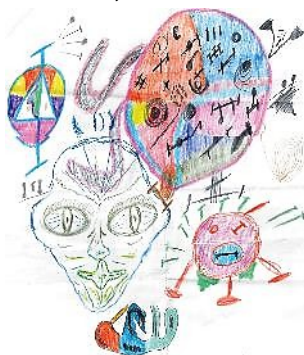
are against you. I also currently have four guides. Four guides are in my perception, each of whom takes turns at different times in the he-den to help me when I need it. How this communica- tion works, I don't know.

Again, it's just a feeling, an intuition. Having made the choice, having limited my choice calculations, I follow my instincts more. I also know their names. But, I don't know whether I gave them those names, or whether they shared their names with me. In my perception, they have shared their names with me.

Each of these guides has a certain level of evolution and a defined purpose.

Victor

He comes from a planet around Sirius B. He is an amphibian himself, a pri- maire guide (you could call it first-degree help). He helps me with everything and whenever he can. In my story, you could say that his choices and my choices are strongly attracted to each other. So you could call him my soul mate at this point. The stranger with the opposite choices. But, therefore, also with the opposite DNA.



Manitar

He comes from a planet near Sirius A. Himself a praying mantis-like we- zen. Doctor, scientist. Helps me maintain the body. Not in the way medicine prescribes here. But in the way that makes most evolutionary steps possible. The right choices in this path of life, and so not the choices that conform to general truths.

Annah

She is a woman, from Atlantis, from Earth. The image I have of her is a long dress, very sober, blue, white, purple. Yes, actually a colourful nun's dress, but one that exudes wisdom. She is also very wise. She helps to make choices in daily life. Or actually I choose her opposite choices, because that's how it works. She is also a scientist, but specialises in energy. I was part of the same team (in another physical body) that caused the fall of Atlantis. Not exactly the best reputation, but again necessary for evolution.

Like the world wars were necessary for society. With the other guides, I was led to certain people, films and songs etc. But with her, I had to stand on my own two feet and maintain my perception. Think of it as a learning experience. So I was born and went a certain way till I was 39. Then Victor came along to show me that there is more to life than the mundane. Then, at 40, I was guided further. Until I am now standing on my own two feet.

Can I still ask for help?

Yes. It's not just these two guides I work with. I still have others who sometimes appear. Like an anonymous Japanese Zen master. I have chosen a path and I believe these guides have given me

help on that. Above all, it is the belief in myself and the faith I have in this book that gives me the strength to keep going.

Princess Isis

From ancient Egypt, so from the earth. She is helping me right now, writing clearly, combining reason with emotion and writing for me. How do I know this? Because I don't remember having written any of this. It's like it's not my words. Also, it has changed my music style. By the way, I now listen to music in Duduk style, a very old style of Arabic music. Check it out on YouTube. Very special if you ask me. It also teaches me a lot about ancient Egyptian culture. Like the first written melody. Finally, it broadens my mind.

What can we say about all this now?

I came out of the closet. Some will stop here. Others will not. I made this choice so that people can relate to it. If I put that in my story, it fits and makes sense. Na- sure the way I tell it will scare some people off or make them think it's all made up. I can tell those people that it is my choice today to look at life in a different way than you have been taught. A more unusual way. More exciting than being born, working and dying. Also, I repeat, it is my choice, just as these people also have their choices to pursue their lives as they wish.

On the other hand, I could have put it another way: around the age of 40, men undergo a hormonal change. As a result, their lives change radically. Does this fit the story better? No. Some people, who have made other choices, will be happy with it. So I don't. Need I remind you that

this is my story and that I choose which direction it goes? Haha, the power!

That's mean of me, isn't it? However, there are many people who so re-agitate. You thought I would only talk about aliens in this chapter. If you understood the rest of the book, you would now see that this chapter is just another example of the pluses and minuses attracting and repelling each other. By saying I have power now, I am sending my story where I want it to go.

This same power is used by society to make general truths. So who disapproves of themselves if these general truths do not match their personal choices? I leave this answer open-ended. Because, again, this book is there to show you that the general truths have been the same for a long time and need to be actualised. This is for those who no longer feel comfortable in today's society. I repeat that this is only for men-sen who want to make a radical change or turnaround in their lives.

As long as the masses don't change with you, you will be considered an outsider by the masses. But this will make you personally happier. Your life will be easier than that of those who resist.

Finally, I want to repeat what I have said several times already. It doesn't matter whether you believe this story or not. I am showing you a path on which the extraterrestrials are part of your life path. Their energies strengthen your soul and ensure that you are never alone and that you contribute to a greater unity than your current perception. In evolution, ETs, guides and angels have taken a different path. It doesn't matter what you want to call it, but in both faith and logical

vision you are the same kind. I would say, if you are more interested in that, take a look at the following website:

Ethealing.co.uk

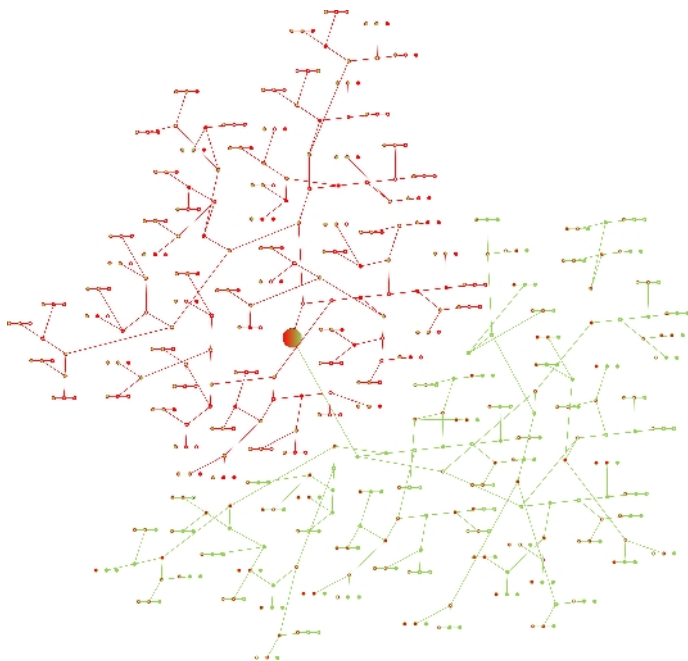
Of the alpha and the omega, of the plus and the minus. It doesn't matter if you have lived on earth or not. Or whether you are visible or not. Genetically, you are the same. To be precise, opposite polarities. That makes the eight billion people on this planet, as well as countless other materialistic and non-materialistic figures, share a common source. Namely this beginning cell. Which exploded in the primal bang. It doesn't matter that you all have different perceptions. A perception can be changed if necessary. There is a multitude of perceptions going on right now. Together they form a whole.

Isn't that a nice conclusion for a chapter on ETs? Everyone comes from the same cosmic soup. Whether you understand your neighbour's perception or not. You are part of the same creation.



34. What is the multiverse?

Just a quick reminder of what I understand by multiverse. You could think of it as a network of all missed choices. These choices are calculated in your brain, by you or your ancestors, but they were never consciously chosen. It is a network of choices that is outside your perception. It exists on some plane! Because it is calculated, through the energy of your brain. So energy, makes matter. Consciously you did not choose this side, because it was not your job to do so.



So can you visit these dimensions, these worlds?

Let us say that according to logic and feeling, this is perfectly possible if you are not conscious. It is always the opposite choices that you

made or those made for you. You have already seen this in the chapter on dreams. The details of the dreams you have are far too specific to be just a random fabrication. If you really wanted to visit these cues- six consciously, you would have to switch off a large part of your consciousness. You would have to clear your brain.

I'm not talking about the ability to close your mind a little bit, as I can partially do right now. But, to experience what you experience unconsciously, consciously, you would have to unlearn many things. In a sense, I think children can do that.

*Their imagination, as it is called, is
finite.*

But then when they go to school and consciously learn other things, they fill their heads with that and there is no more room for those worlds. Logically, however, this could very well be possible. You've taught your brain to fill itself and so you can free up space for another, more enjoyable activities than the daily routine.

Some films like Everything Everywhere All at Once show that with technology, you would be able to consciously use these missed choices. You could learn everything to become a chef, for example. But, by making the opposite choice, you became someone who buys those ready-made meals from the shop. The film then shows that you could consciously teach your brain to become a cook, without having to study for it. The choice was then calculated and made in your presence, by your brain energy. It is hard to imagine that this could be more equal. But this idea was also used in The Matrix, according to which you could inject information directly into your brain, without learning it. Implants for people with a

disability, which allows them to respond with a computer voice by converting thoughts, i.e. energy pulses, into a computer voice. So you see that it could also work the other way round, to learn something through energy im- pulses. There are already auditory courses that you listen to in your sleep. For example, you learn a language in your sleep. Again, I've never tried it, but if designed and implemented, it could work fine for people of a certain background.

If you then see that the images you see in your dreams are also just impulses, passing through the subconscious part of your brain. Therefore, you will see perfectly that it is possible to arrive at the missed choices. It is just like all the above, but by making a choice that is opposite to the one you made. Doing something you wouldn't normally do. Not expecting something that would normally happen.

Is it feasible for everyone?

Yes, I think with the necessary repetition, you can also train your brain to do something unusual. Something society doesn't expect from you. To do the opposite of what you were taught. To stand out from the herd.

It can be a small or a big action that makes the general public aware that there are other ways. For that, we must first be willing to break out of this routine and learn to see shame and condescension simply as words and not emotions.

It is and remains my perception, choices you have. I am not saying it is for everyone to walk these paths, but I am saying that, like everything else, with repetition, it is possible. Even if most people start looking at you sideways, because your choices go against what

the masses say. Is it right or wrong to do this? Yes and no, depending on your choice. Personal is the multiverse. The opposite choices your perception has made. It is, as Buddhism says, transformational karma. Making the right choices this time, for your life path.

Are there rules in the multiverse?

No, in reality this is not so. For instance, some say you have to ask permission if you want to move from one body to another. Others say you have to go through a whole ritual before- you can do it. But in reality, these are all perceptions. Also, a choice made by some people and then repeated and adopted by a certain circle as an all-too-common truth. They create a narrative around a mechanism that they themselves make automatically. So even in the circle of choices that are already considered special (compared to the choices of general truths), one will see a general truth there too.

You choose one rule or adopt another's. That determines the choices on your life path. Nothing else really. You choose the path you take in the multiverse. If you want to make a choice that is opposite to the choice society makes. Then you take it. Just know also that the law of attraction and everything I have said so far applies that way.

Again in the multiverse, making a positive choice will be followed by a negative consequence. However, this will be followed by another positive reaction. Plus, minus, plus, minus, etc. What I write now may not make sense to you, but it can also work in reverse. Although, if you look at the laws of physics, no one is supposed to be able to be in the reverse.

Logically, it could be that my perfect soulmate, makes cues- six that are opposite to mine and is writing this now. But, I won't go down that road now, because otherwise it will be far too difficult.

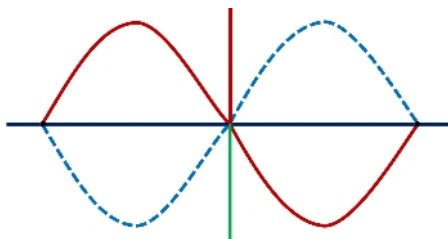
In theory and in practice, the multiverse offers infinite possibilities. Possibilities you don't think are possible. You are too focused on the details and fail to see the bigger picture. This is because of the brain's limited programming. This is because of the repetition and repetition of general truths. Again, even these general rules are useful because they represent most of the choice paths for this present moment. Even the negative events you perceive have their utility. You cannot create a utopia without making mistakes.



35. Theory is good, practice is better

Perhaps a chapter, which you are waiting for, if you have not already made the connection, with everything I have written so far. For some choice paths, I will have to write this. But I ask you to take what I write as guidance, not truth. I repeat: look at what suits your life and take what you need.

Here's how to put it into practice: if, like me, you like to work visually. If, like me, you like to work visually, then the best way to work is with a sine shape. Remember this shape with first zero, then plus, then zero, then minus and finally zero.



From there, you can see where you are in your life. Or where someone else is in their life, if you want to advise them on that. You can also get magnets from a shop and keep playing with them to see how they behave in certain cases. Is there anything difficult about that? No. Then this is what you need to teach your brain. Do this every time you have doubts about the choices you make. Take a moment of silence in your mind and just imagine it. And above all: repeat, repeat, repeat. Until it becomes automatic.

Once you know how the sine works, you can start playing around. Take a situation or conversation where you don't immediately know what the solution is. Or just a conversation between two people. It doesn't really matter.

From the then spoken words, you can use the meaning of the word to determine what the primary feeling is. And then you can also tell from the word what the actual feeling is. This is the first layer.

The second layer is the story. How does the story unfold? Is the beginning positive or negative? Does it go up or down? Find the contradictions being told. A simple colour can also be a contradiction. Then draw in your head or on a piece of paper where the story is on the sine wave. In most stories, you go into negativity. Very few people are in depression because they are too happy. That's why you start from zero down or you start from down to up to zero.

Third, influence. What are the outside influences and how are they? Rather negative or positive? What direction will then emerge from the conversation, if this influence does its work. Is the person strong enough to free themselves from this influence or not? Or in which direction should he or she be pushed? Remember that the direction is not always the one you have been taught makes the most sense. It is always the opposite direction you should take. For example: if a child is sawing (minus), don't tell him to stop (minus), because he will saw more (minus). Be neutral, like telling him nothing (0) or giving him the attention he needs (plus). These are the two possible solutions. Always do the opposite. Always use reverse psychology. Take care to merge feeling and words. If you use only words but no feeling, the effect is not going to be desired.

But, I repeat, identify the starting point on the sine first. And then test the different polarities. Then you will immediately see the person's influence. As I say, most people react according to repeated patterns of punishment and reward. If I do something naughty, should

I go to the corner and if I do something good, I am rewarded. This system doesn't work for long, and doesn't take long for them to get used to it.

Therefore, if children are so programmed. Then try the opposite. If they constantly do something negative, be neutral - both with words, but also inwardly. Drop that they have done something naughty. And say it doesn't matter. Don't start shouting, because that will make the situation worse. But stay calm, neutral, put things in perspective. His stupidity is not the end of the world. Whether or not he does something stupid is not going to change his life path or the life of the universe.

What he shows you are just your own handicaps. He shows you which issues you are still sensitive to. In other words, which karma you still carry in your DNA. He literally holds up a mirror to you. You will see that after you have done this a few times. After reacting differently a few times, the other person will get used to it. You will also get the opposite result from what you are used to.

The same goes for anything positive. Don't reward a good report with something more. Be more neutral there too. Points are not important in life. The most important thing is that he feels good at school. And, that this cue- six and the school choice go together more. So, I am not saying that you have to be negative about it. But, neutral. Just cross the zero line. Again, stand still and watch. See how he responds after a few times. If necessary, adjust one way or the other. I repeat that you should not use extremes. You feel it yourself in the moment. The first thing you feel is the right thing. The second is a calculation of your brain.

Before you start, it is important to look in the mirror. Because I'll say it again,

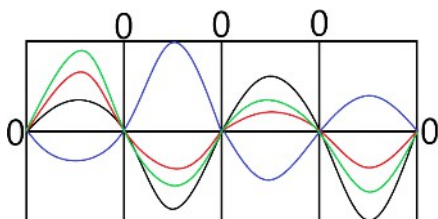
*If you can't observe yourself, you
better not observe others*

Help yourself first, before meddling in other people's business. Your polarity is crucial in conversations. You also understand that if you are negative inside, and you want to talk about something negative, you are not really being helpful at that moment. How is my day going? I got up well (plus), then dropped a cup of coffee (minus), took a hot shower (plus), but was disturbed by someone calling (minus), etc. Where am I now? And, what comes next? What is my biggest impact of the day? And, now very important. What is the biggest impact? What is the phase of the moon? See how you stand in the full moon week and how you stand in the new moon week. The same goes for solar activity. How do you react to your biggest influence? How do you feel when there are solar winds? And how do you feel when there is no solar activity? Really get into the habit of doing this. If you repeat this a few times and notice that it is a pattern, your brain will start to see it as something ordinary and will accept it faster. It's just the way the grey matter reacts. It also goes faster.

Remember how fast choice calculations go? You always start in a dangerous situation by thinking the worst. Although there are always two possibilities. Do you realise you don't have to choose the same path every time? Stay neutral. See where you are on the sine and you will automatically know what comes next.

Perhaps also important. Don't mix up the different situations: you notice that your day is going well. But at the same time, you notice that your work is going badly. And then I am talking about the present moment. Then your day becomes negative, then your work becomes positive. Moreover, you have

usually several stories going on, located at different positions on the sine wave. And they play out simultaneously.



Above all, think in layers. From which point of view you look at it. Just because your day so far has been negative. Doesn't mean there isn't a positive story in between! It's usually in the little things, which you don't notice, but which are there. Remember the hidden polarity shifts? Again, it's repetition, repetition and repetition. You did this in school, so you can still do it now. That's what the brain is for.

If you make it part of your daily routine. First of all, visually, out loud, with a note, by any means. Then you will see that you can easily manage your life and do much less calculations. If you do this, you won't have to worry about what might happen. If you are in a negative mood, you will find that you can get out of it more easily because you know what comes next. So you won't be lost, like some people who don't know what to do with their lives. You will also know that it is a single-minded decision on your part that reverses the polarity of your situation. As a result, you will be less dependent on negative influences for a long time.

It is literally about clearing your head and then filling it with things that make you (and not others) happy. And, that belong to your life path. The things you feel most attracted to.

And, not things you have been taught or imposed. And, pay attention to that. Again, I repeat. You will always have negative things in your life. Like paying taxes. But you deal with it more positively. Think of it as less resistance to the things you don't like. So you're not going to see it as the enemy. But rather as a neutral Switzerland.

Haha, my example of choice: taxes in Switzerland are so bad....

However, I think you understand what I mean. On the other hand, you will always experience negativity. However, it is up to you how strong this influence is in your life. If what follows is something negative or positive, you can react quickly and adjust your feelings accordingly.

Look, I repeat: it is not an exact science. It will be different for everyone. I can talk about this now, because I have found this tool and apply it in practice. But I notice that many people have trouble believing me when I explain it to them. And I get reactions like: it can't be that simple.... probably.

Do you think a primal man used to do so much calculation to get food? No, he's hungry, it's all about the food he wants. Nothing more. He wasn't like: 'What do I eat tonight?' It was more like: 'If I don't eat, I'll die. Yes, you are no longer in prehistory. Everything has evolved. There are more choices.

So what choice should I make?

Simple: what YOU want. Not what people say is good for you. But what you like at that moment. And it's normal for that to change. It can even change every day, if that is your choice. I only go to the shop once a month. And I open my fridge every day

And get something out of it. Without thinking. And I make a meal out of what I have. So you don't have to have vegetables, potatoes and meat on your plate by default, if you don't want that. You can also choose only vegetables or only meat. No one will blame you. Some days it will taste good to everyone, others not.

What does it matter if it tastes good one day and not the next? Did you eat your fill? Yes! Mission fully accomplished. Exactly, it- same as with primeval man. He was hungry, ate what he could find. Problem solved.

Eating is really just excess energy for the body. What you feel like eating is not always what your body needs. The thought may be influenced by, for example, food advertisements, promotions, free offers, etc. But what you need, you will still automatically eat in one form or another. You may think you want to eat something, and that it is good for you, but you don't actually need it to sustain your body. I can't explain it any other way.

Why do we get fat?

Because we think we are fat, whereas:

One is as one is

Even if general truths will say otherwise. All physical bodies came with unique disabilities, remember? So one body is not the other. Some need more nutrition than others. It all depends on your combinations.

Everything is a balance between the positive and the negative. How close are you to this zero point, to this neutrality? And, how well can you balance your polarity with that of your external

influences? Know what attracts you and what repels you. Know that both are constantly present in your life.

*Accept them as equals, not as
opposites*

Even if we learn that they are. With people opposite you, you will have the best conversations. So with whom you least expect. It goes against your nature to talk to strangers, so talk mainly to them. But, that's normal, you've learned that way over the centuries. And, I can't repeat it enough. There is nothing wrong with being like a sheep, following the biggest influence. If it makes you happy, then just do it. Because it's just as much a complete life path. I'm just showing you the other side of the veil. Another world within your world. Is it a rosy picture there? No. Is it a utopia? No. It makes life easier. You live your life with the majority of your choices, you don't have to suffer your life.

Is this change easy?

It depends on the person. So it took me about a year to get to this point. If that's any indication. And, am I still learning? Yes, absolutely. So I have the theory and apply it as well as I can in practice. But, as sometimes it works, sometimes it doesn't. I still sometimes stay in the dark. Sometimes I still linger in the negative longer than I should. The good thing is that I am starting to notice that I am in the negative and then I know that something equally important positive will follow. Occasionally slow and occasionally fast. Your impression will be negative for a long time. That said, there is a period with a multitude of small positive moments. So many combinations are possible.

36. Repeat, repeat and repeat again

If you are not yet convinced that it works, I can only tell you what I have said so many times before: repeat, repeat and repeat again. That's all it really is. You learnt so much in school, 80% of which you won't use in your life. So, learning and repeating what I write here will still fit in your brain, I promise. It can certainly be added, especially if you say your life is oh so difficult. This is a primary teaching. Anyone can do it. Even the smallest of children. Even a baby. He will always choose something he likes. And, if he chooses something he doesn't like, next time he will know how to choose something else he does like. It's as simple as that. In my opinion, a baby is smarter than an adult. If you have too many choices, you forget what you like.

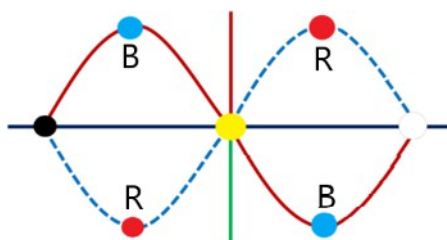
You need more proof, and you want to see it with your own eyes. Furthermore, it is often said that you must first see and then believe. However, it is believe first and then see. If you firmly believe, you will soon see the results and your eyes will be opened. Indeed, I understand your doubts.

All you have to do is connect the following stories to your sine or play with the magnets. Always remember to draw an opposite sine with it, possibly in dotted lines. In doing so, you will also notice that you have created the infinity sign.



The circle of life. It becomes easier to explain something. Because for every positive point, a negative point may also have started. Moreover, if you practice, you will see that it gets easier and easier.

Here are some examples to practise: the primary colours: blue, yellow and red, the seasons: winter, spring, summer and autumn, the life of a human being: birth, adolescence, old age, death, the life of a tree, war, poverty, pain, etc. Take any situation in your life, big or small, and dissect it. You will discover that everything has a place in it. Sentiment and logic, don't forget that.



The basic colours are the same as for a day cycle:

Black: it is dark, colours are not visible,

Blue and red: the sun rises and colours the blue sky with red, Yellow: in the afternoon, the sun is fully visible in the sky,

Red and blue: the sun sets and colours the blue sky red, White: when all the colours are in motion, the colour disappears.

Black: Then followed again by black, in a new cycle.

And in between these basic colours are all the other colours, all the variations of these colours.

Everything works with opposites. Plus or/and minus, depending on the narrative around it. Depending on the context. Movement is important because it can change things. A war can remain a war, but within the war there can be an influence that has made the situation worse

made. For example, the war in Ukraine. The war could have already been resolved if one of the parties had done something positive, like step back.

It is exactly the same situation as for children, who are between divorced parents. Taking a step back, perhaps losing ground at the time. But getting something of equal, and certainly greater value in return.

For now, they won't know because everyone pulls like in a rope-pulling contest. The strongest will always win, but if they are so stubborn, they will pull long on both sides until their hands open due to the friction.

Then they both have to let go and take care of their hands. Then they can start fighting again. Is the situation then resolved? No. It continues until one of them gives up.

This one then lost in the eyes of the winner. But in reality, this one acted in such a way that their hands were no longer burned by the rope.

Do you see the big picture?

Few people step back. They don't see the different layers of perception. It is strange, isn't it, that few people think this way. But, also logical, when a major influence, like the media, repeats the same story daily. Instead of being neutral, they choose a polarity. And, so usually, it is a negative polarity.

Is it wrong to choose a polarity?

No, it is useful in the moment. Even if you don't notice it. Negative or positive lessons have to be learnt, especially if they affect the whole world

influence. You are here to learn about boundaries, remember? You choose whether or not you watch the news or social media. Whether you want to be in that negative influence or not.

On the other hand, I'm just saying that I don't need to look at the news to know how things are going there: I look at fuel prices, for example. Then I also know, when things are bad, the price goes down, and when things are better, the price goes up. Or in Sinus: when prices go down, the population is afraid, because the war is getting worse, so they lower prices to reassure the population. Everything is fine even if there is a war nearby.

When prices rise, it means things are better, so they take advantage to collect the money they lost back while the population was scared. When things are going well, the population does not watch what it spends. And, strange as it sounds, the population will also be reassured that everything is back to normal. Prices are going up, so I don't have to worry anymore.

Do I need to know the details of this war? No. I just need to tan-ken to drive. But I know the reason for this big change. I repeat: it is like a daily soap opera. Even if you don't follow it for long, you can always follow where you left off. That's because the structure is always the same.

If something goes up, the opposite goes down. If something goes up, the opposite goes down! Look at a lift. As soon as the lift goes up, the weight goes down. Can you see it?

No, but that's what happens. It makes you take the lift to the top of the building. Or did you think there was just an engine to help you up?



All the examples I give now work the same way, and you can find more. If everything fits into the story of pluses and minuses, can you conclude that your life is not really difficult to understand?

*There are no difficult situations,
al- le only situations that you put
yourself in*

Because that's what it's all about. Do you choose the long way or the short way? Both roads lead to where you need to go. Both roads will get you to the same result. And both roads are equally necessary. No long way without a short way and no short way without a long way. If the long way doesn't tire you, take the short way every time.

Why do people always take the long way?

Many people know that it might be easier to take the shortcut. But few choose this easier path because they have been taught that it is a dangerous one.

A little example my wife gives me, but in reverse: in the context that we are hiking in the mountains. There are two ways to get to a mountain hut: a main road and a small path. The main road

takes 2 hours to reach its destination and climbs very slowly, the path is almost without obstacles. The small path takes only an hour to reach its destination, but it climbs faster and there are many more obstacles. But for her, the most important thing is to reach the goal and be able to rest there. 1 hour is less time than 2 hours. Therefore, taking the small path makes more sense for her, even if she has to walk more intensively.

I repeat again: what you believe is right, on the other hand feels wrong to you personally, is simply learned. Nothing more. And it was repeated and repeated and repeated. Draw your own conclusions from what I am telling you here. Does it fit your life story? Then you can begin to make the opposite decision and stop doing the usual. Stop doing what is expected of you if it doesn't fit your story.

Then you can also ignore this book and get on with what you are doing. It's as simple as that. I look tough now, don't I? So I'm pushing you in a direction without you knowing it. Even though what I say seems neutral. But, the sentiment I write with is negative towards people who refuse to see that. See how subtle it is sometimes? I might as well have said nothing. Then you would be drawn to my story.

This often happens in society. A false sense of free will. So you have the right to vote, you have the right to choose. But in the end, you don't choose the direction politics takes. Is that bad again? No, this lesson needs to be repeated until everyone learns it.

The same goes for paying tax. Ask for proof, where does it say you have to pay tax? Then they will say: yes, you have an identity card and you have to abide by the laws of this country

hold. OK, then show a proof that I have accepted these laws. Then they show your signature. Then you ask for proof saying that a signature is a representation of who you are and what you choose or don't choose.... do you see where this leads? What is the ge- easiest way? Dig into the details of your for- ders' choices or just take the version they choose and play their games? You always lose money. Whether you find out the details or not! So what's the point?

The lesson of money is simply to understand that money makes unhappy, that it has a negative impact. Even if society tries to prove otherwise.

If you have to do that, find the details and fight injustice. So that's how it should be, and that's fine by me. It is part of the puzzle. However, if this administration is stressing you out, it would be wise to keep it simple and give them what they want. They already know everything about your financial situation. By filling in the tax letter, you are giving them permission to do so legally.

I repeat, even if you don't have any material good, even then, you are still alive and can still make choices.

Haha, look how many detours I took before explaining this topic. This is society as it is today... difficult, complicated, full of detours and other synonyms. Isn't it nicer and ge- easier to prioritise the positive and let the negative flow? Let it go, don't suffer it, move on. It is part of your life.

Besides, I have proved it here several times. Why not learn to live on-new? The choice is yours. By repeating, repeating

and repeat the opposite of what you have been taught, you can do it. It is not your duty to fill the tax bill, but it is a privilege for the state that you want to fill it. That sounds like a good idea, doesn't it? So by having this perception, you can turn something negative into something positive.

Did it take effort?

No, nothing. You keep filling in your tax return, but you remain in a positive influence, which will lead to as positive a consequence, as the negative cause that filling in the tax return was. Are you still having fun reading this?

In my experience, there are no general rules or truths. There are advices that can be perceived in different ways. So there are generally accepted choices at different levels. Some good and some bad. And sometimes you see conflicting choices at different levels. In other words, there are rules at all levels, whether global, regional, provincial, municipal or ge- zinc levels. These are just a few examples.

On the other hand, there is a reason why everything is organised the way it is, what is allowed and what is forbidden, what is good or bad, what is more or less important. And this produces general truths, which are repeated and repeated until you apply them automatically.

Good then. That's good to know. But what do we do with this? It is extremely simple, and I have already mentioned it. However, you are free to choose whether to accept these general truths or not. It depends on the choices you have made in the past and the choice you will make in your life. So easy that even a child can apply it. Yes, but if I don't pay my taxes, for example, I will be fined. Yes, it is true, you will be materially punished for that. If you

accepts what the teacher says, you will get good grades. If you don't, you get bad grades. Again, it's the same thing. Punish and reward. More or less. But in the end, it is the student who chooses to accept the teacher's truths or not. Then again, it depends on how the parents react to it. Is the child punished or rewarded for his bad marks? According to general truths, punishment is better. This is how it is now.

In the end, what happens if you deviate from these general rules?

The usual. You go through a negative period, because you had to pay that tax or that fine (whichever you choose), but then you forgive it and go back to a positive period.

The same goes for the child, whose grades were bad. If you have a bad report, you get punishment for a certain period of time, but after that you can move on with your life and forget everything. Understand here that this is just one of two choices.

You might as well work as you are: the child chooses not to study for a test. He gets a bad grade. Then a deplorable report card. He goes home with a scared heart (because that's how he was taught to be scared when you get bad marks). Then the parents don't react the way the child expected. This is why, as a parent, you could react positively to it. That it is only points, that life is not about achievements, etc.! That is the extremely positive side.

It is possible, it is a choice. The child can then choose to do his or her best the next time, or give another bad report next time. It can go either way. Does the

society about this? No. These are individual choices. Each individual person says what is right and what is wrong. What is plus and what is minus. And mainly chooses how close he or she stays to the general truths.

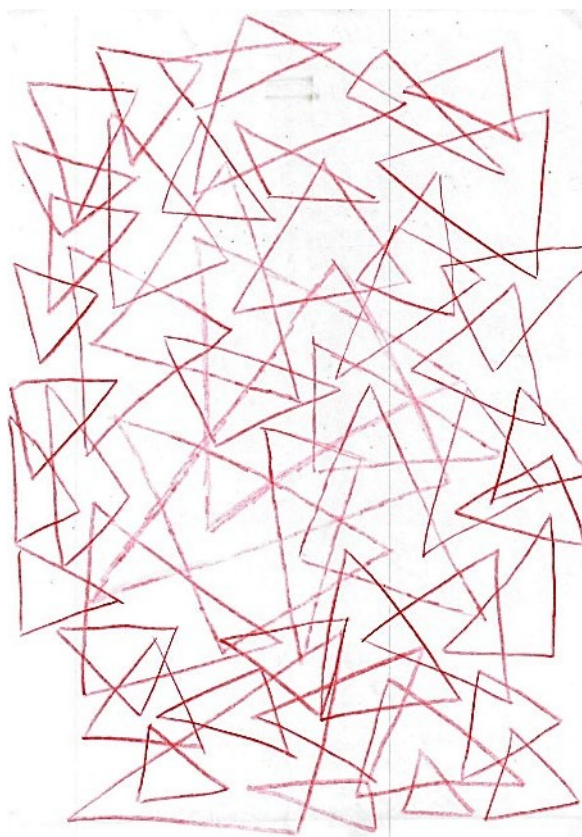
Even if you deviate from these general truths, you are still alive. Always follow your own path of choice. Society can condemn you, point fingers, deprive you of all your material possessions and so on, but it cannot deprive you of your next choice. But, the perception of truth, which now weighs on these general choices, shows that you are somewhat trapped. Again, I repeat. It is a perception. It is something you think is true because it has been repeated so many times that it is in your DNA. It is, like the Ten Commandments, engraved in your brain and that of your pre-parents!

Therefore, if you are interested in this. Repeat, reread this more- thir- times. Until your brain accepts it: only you can choose the direction. Just ignore the voice of the masses. Repeat this, apply it. Dare to deviate from the path taken by the masses. If you refuse to choose, you can do what everyone else is doing. If you are happy with that, do it. But if you find that one or more things no longer fit your lifestyle, when they used to. Then act now. Make the opposite choice than the one you would normally make and repeat it. You'll see, the first time is hard (as with everything), but after that the brain adapts and it becomes a piece of cake.

You can then adjust the combination of pluses and minuses to get a better combination that suits you. In order to create a better version of yourself. Again, pay attention to action and reaction. When you make different cues-six, your magnetic field changes and you start attracting other people and things, which you didn't attract before. So don't be surprised by this. It is okay to lose your circle of friends and become a

new ones or to want to be alone. These are your choices and no one else can decide that for you.

In conclusion, I would simply say this: repeat, repeat and repeat, what suits you. Don't blindly assume what the masses tell you to choose. Stand still for a while and feel whether the masses are right or not. Either way. Again, the consequences can only be material. Your path of choice remains intact, whatever choices you make.



37. Zero-point energy of the repelling poles

Because the previous chapter, in my opinion, was a bit too repetitive. I can imagine you want to read a more exciting main piece now. Again, there are contradictions, pluses and minuses.

I have already touched on the subject of Swiss neutrality and balancing in terms of emotion. But now I'm going to show you zero-point energy. Basically: the soul. How does this happen? And again, I'm not going into a scientist's perception. You can find a lot of information about this on the internet. For now, I'm just going to rely on logic and feeling, the plus and minus. Nothing more.

Now, if you hold two magnets against each other, with the same polarity, they repel each other. You certainly can't see anything on the other side, and yet, even with a small magnet, there is a huge force keeping these two magnets apart. Let me explain this to you in the experience of my story.

Energy is everywhere. Simultaneously in and around matter, but throughout the universe. Also in air. Air itself functions in the same way as matter. It is composed of different materials. Like oxygen, nitrogen, water vapour and argon. Like matter, therefore, substances that, in gaseous form, float. But these substances also have their magnetic field. Even though you can't see them.

You can compare it to colours. If you turn them quickly, they turn white. It's the same with air. Attraction and repulsion happen so fast that you can't see it. That's why we say that the frequency of air is great. What happens, if you put matter, which moves very slowly, in a field that contains only fast-moving particles. Then friction arises.

It would be the same if you were driving at 15 km/h on the motorway, while everyone else was driving at 120. So a resistance is created. This resistance creates energy.

The same thing that happens when you rub a balloon against your head. Then your hair stands up because of the friction and static electricity is created. Exactly the same, on a different scale. As a result, slow particles collide with an invisible wall of fast particles. And, that's where energy is created.

Now, if you build the right material structure for it, like what Nikolai Tesla built, then you have free energy. It already exists in your perception. Google it if you like: Tesla coils in Russia. You'll be amazed and you'll shake your head in incomprehension as to why you pay for electricity. While there is energy everywhere that can just be converted and exploited. But that's another story I won't tell. I will stick to the surface, to my story of plus and minus and comparison with everything else.

So yes, the question arises. How does this fit into my story? It is so simple. Look at a relationship. Everyone has a huge combination of plus and minus. This is because of all the choices that have been made, since creation. You have seen this before. Further, you have seen that it is pointless to look for a partner with the same interests as you, just find someone whose passions are opposite to yours.

You have seen what happens to couples, most of whom have the same passions, i.e. the same things in common. They break up. Arguments arise. And with this, you then simultaneously have the solution.

Just as peace has an attracting force, war has a repelling force. Arguing causes friction and people start shouting and

sweating. One creates energy at that moment. The same as magnets with the same pole. Only because you are matter, this energy is tangible in the form of shouting and sweating, at least if it stays at that.

I take for a moment the story of Woodstock 1999. Hell on earth for a few days. Negative energy was created there too. If anyone had measured that, they would have been shocked too, what happened there. The-same goes for Woodstock 1969. But in reverse. Positive geladen energy. You can measure that. It's not tangible, like electrical energy is. But it is there. You can measure it with a measuring device if you wish. Like the magnetic field of the solar wind, you can measure that with magnetometers. It is invisible, but it is there.

So start believing in fairy tales too.

What I have said so far is just one observation among many. So it is invisible to the majority, and yet it exists. It is my truth, my energy. Just as everyone has their own perception. So these are the poles of repulsion, the non-material things. It is the opposite of the poles of attraction, which are one with the matter. It is the quarrel in a couple that prevents the flowering of love. On your sinus: if a plus attracts matter, at the same time a minus repels anti-matter. Therefore, the plus creates matter, while the minus creates antimatter. Thus, together, on the sine, they form the infinity sign ∞ .

Just like with colours or seasons. If it is winter at your place, it is summer at the opposite place on earth. Therefore, for every attraction force there is a repulsion force. One is tangible, the other is not.

So, where does it fit into your life journey?

The truth is, I have said it before, when you are at a crossroads, you are pulled in a certain direction. That direction becomes your perception. But at the same time, you also had a choice in the other direction. You didn't take that one. Yet it was there. Invisible, not perceivable, but present. This direction repelled you. You didn't take that direction. You could say there was a force holding you back, preventing you from taking that direction. Yet that direction was created, by a positive or negative energy. Extraordinary, don't you think?

I don't think many people have thought that far ahead with these things. Well, I repeat. It doesn't matter whether you believe it or not. Everyone has their own way with their own truths. Besides, I just use logic and feeling, making connections with everything. It's just a shortcut of choice to get to your omega.

This brings me back to magnets for a moment. Remember that when two magnets attract or repel each other, there is also another side to that magnet. That, in turn, can also attract or repel a third magnet. This is the story of the child between the magnetic sheets of the parents. This is how you see the amount of energy created by each interaction with matter or antimatter.

Are matter and antimatter in equilibrium?

Yes, in general yes, but it will only be visible from the universal perceptual layer. In your perceptual layer, there will be an imbalance. Because you only use your senses. For you, what you don't see is wholesale antimatter and what you perceive is then matter. Although this is the limitation of the brain. It goes much further than you think.

Energy is the glue of all matter. Without energy, there is no matter. But without matter, you have energy.

A perfect vacuum contains no matter. But it does contain energy. Just look in space. Because it is a vacuum. Material objects like planets and stars can just live in equilibrium. There is literally nothing. Yet because there is nothing, you can do anything. The big bang would not have happened as we know it today if the space in which it grew was already full. The same applies to the brain. When the brain is full, nothing more can be added to it. Yes, here I am, looking for the right words to explain what I see before me. I am going to rephrase it for a while.

In my perception, there is an imbalance between what you can perceive and what you cannot perceive. This is because you think what you can't, or don't even exist. This is how you perceive the earth and the sky. Earth and air are unequal. Moreover, there is more air than earth. Or the mass of earth is smaller than the mass of air. This is the perception your brain makes. What you perceive is full, what you cannot perceive is empty. But, just as a glass can be half-full, a glass can also be half-empty. It depends on the point of view you use.

Most people look at the material side because they themselves are material. But you can also look at the energy side. Yes, you can't perceive air. Yet it has the same effect as matter. Matter revolves around a nucleus. However, matter moves so fast that you can't see it.

I repeat again. You cannot perceive it with your body, but it is there. Otherwise, you wouldn't be able to breathe. On the other hand, what makes a mass of air exist so that you can breathe? Again, I'm talking about energy. What gives oxygen to the cells, if

if I may call it that. They attract each other to form a mass, but also repel each other so that new oxygen cells are formed. Otherwise, you wouldn't be able to breathe. Can you perceive this interaction with your body? No. That's why you have tools no- dig for this.

It is in fact the energy of the zero point. The force or energy. Which therefore causes it to interact with all matter. Perceptible or not. And here I have the feeling that I am still not explaining something. A very strange feeling. I understand how it works, but I can't put it into words.

Perhaps one last observation. Take two magnets. The- same poles face each other. They push each other against an invisible wall. However, you can't see it, but it is there. On the other hand, you could say that there is an invisible magnet, spinning fast. You then hang your magnets so that the polarity cannot rotate. An outside influence, in other words.

Yet this magnet of energy rotates rapidly. So it literally makes a little big bang. So it spews out energy, at an incredible speed. This whirlwind of energy pushes any plus or minus magnets you hold. The electrons go to the opposite pole of the magnet.

Remember: magnets have two poles. So suppose you hold two negative poles opposite each other, then those negatively charged particles are repelled by this vortex. By this energy. And, they go to the other pole of that magnet. I can't explain it any better. If you don't understand it now, don't worry. You didn't choose to understand this subject because of that. And, as far as I am concerned, it was not a subject to explain in words. Still, this too

subject a permanently made choice. Not by you, but by the universe, it is not at your level of perception. But on the layer of the universe. You saw that the planets Mars and Earth are the same age. On the other hand, they are different because they followed a different evolutionary path. So I could just as easily tell you that from a general point of view, you, Earth and I are the same age. It all started in your linear thinking, during the Big Bang. This is the year 0.

This is according to what you think. I have simply followed a certain path that has brought me to this point. Just as the earth has been making choices for so many years now. See where this leads. You don't see these observations. At least not in your daily life. Yet it is there, and it is the real driving force behind the life of everything. This movement of evolution, this energy is permanent, but you don't see it. I would so love to explain to you all these connections I see before me now. But, with words, it becomes so much information. The web of the multiverse is infinite. Moreover, I can literally focus my perception on only one part at a time.

I hope you see now, what those contradictions are. What the opposites do. What makes the choices, which you experience in your perception. Without this opposite choice, there would be no energy to create the material world. Explained on a human level: you can choose between something that affects your life positively or negatively. Or variations of it, which are positively or negatively tinged.

So you are now at this point between two options. In your brain, you are considering both. First option: you are sad and if you choose a comedy, you know you will become happy again. Second option: you are sad and if you watch a dramatic film, you know you will become even sadder. You have a choice between minus and plus or minus and minus. You consider

these two choices in your brain at lightning speed. Your brain is trained to make such decisions. This programming, this software has been used extensively for many years.

Being happy is seen by society as positive and being sad as negative. Note that in my example, there is no outside influence. So your brain first makes the choice from minus to minus, but the whirlwind of energy pushes your minus towards your zero point and feeds it, or pushes you in the other direction. These cons are attracted to the other choice. This is because the magnet is set that way. And because of this, the brain starts saying: you are sad now, don't be sad and go back to being happy by watching this comedy. Again, this is an example with no outside influence. It is an observation to explain to you the history of this zero point. To explain this concept of free energy: it repels a choice of the same polarity, and will automatically be attracted to the other pole of the magnet. It is important to note that this is only one side of the story. A perception of both. You, as a material being, see only one side. And, that is the side you can perceive. Yet, the other choice is also present, at exactly the same time. Energy creates matter. $E = mc^2$.

Now imagine an outside influence. A larger magnet, whose pole is focused on these two choices. You know a come-hither that makes you happy. But it was a bad day. Everything was disappointing. Your whole day was negatively affected. What happens next? The vortex of negativity passes on these minuses to the positive pole. So there are more negatives than positives. Therefore, all the advantages of your magnet will have attracted the negatives. But, there are still a lot of negatives floating around. In other words, your entire magnet or body is in a negative bath. The energy created is not in ver-
ance with the rest. So you watch this comedy (where you normally

spoken again), but so this film does almost nothing to you this time. You remain sad. That's why here you had a small amplitude of plus but a huge amplitude of minus. If you look at it on your sine wave. There was a positive choice, but it wasn't big enough in proportion. That again puts you in that negative mood. So remember the chapter on the hidden polarity shift? So you are in a positive or negative mood and you feel like you are always there. But you're not. This invisible energy keeps feeding the choice you have made for yourself. Choices are fed by influences, while an invisible choice is just as much a choice.

What can you conclude from this? First of all: because it is a subject that escapes general perception for the time being, it is sometimes difficult to explain in simple words. But it is possible, within the framework of certain possibilities. The technology to control this energy exists. It is tangible. But it is not yet fully integrated into the truths of society. On the non-technological side. That is ground zero, the point of choice.

What do you do with the energy of this disinvested choice?

Do you use it to decide or do you let outside influences decide for you? Because even though you can't always see it, opposing poles are drawn to each other. However, if this choice is hidden by circumstance. Then you cannot perceive this choice. But, this choice is made anyway. It is amazing how everything is connected. If you keep pretending it is all coincidence, then that is your choice. I call it: evolution.

38. Why I write better at night

I want to tackle this topic for fun. I typed 90% of this text at night on my smartphone. And of course I wondered why. It's simple really. External influences. The polarity of magnetic fields is opposite.

During the day, everyone is conscious. Therefore, as you usually do here, everyone does choice calculations. So the magnetic fields are very active during the day wherever people are. I will give the example of the village where I live. So a little over seventy people live here. Seventy magnetic fields have an effect on me. These magnetic fields have a positive polarity, because they are active.

Therefore, seventy positively charged magnetic fields collide with each other. So still a lot of energy. But a lot of energy that is positively levelled. In other words. I am flooded with the same kind of energy. Seventy times the same influence, following a certain choice path. The one that has the most influence. The one you are taught. Even if you then make a different choice, which does not follow the taught choices, it is flooded by the choice of the masses.

You literally cannot think freely. So if you want to make a choice, or as now, write about something that crosses the boundaries of general truths, to put it figuratively, it is difficult, if not impossible. Even when I'm home alone, I can't write anything. But at night, it just comes out. During the day it goes fine, to correct the spelling. But while everyone or almost everyone is unconscious, i.e. dreaming. Or, in other words, radiating an opposite magnetic field, then I manage effortlessly to make connections that most people, would not make during the day. To

attract precisely those perceptions that most people refuse to attract themselves.

They are taught that you have to get 8 hours of sleep at night to be rested. Yes, now I understand why. Because then within the matrix, general truths would collapse. Then people would start thinking about everything the exact opposite way. The opposite of the general truths. Then that very polarity would collapse. And, as much as I would like it to, it would have negative consequences from a general point of view. It would create an imbalance, in all areas. So I don't want extremes. I want some more balance in general perceptions. Let other people start making opposite choices, in view of current truths! But, that will be so at 0, neutral. But again, at another perception layer, that would lead to divisiveness elsewhere in the universe.

If four billion magnetic fields had one polarity, and the other four billion another, there would be peace here on Earth. A complete set, a beginning cell. But at the same time, the balance elsewhere in this universe would be totally different. Maybe even unbalance a society, which was in balance. Do you understand that every cause has an effect? Every major influence brings something positive or negative. It will be positive for some, but negative for others. This is how the universe works. Overall, it is in balance. Yin and Yang. But it is constantly changing. Oscillating sometimes to plus, sometimes to minus, but always attracted and repelled by this zero point.

So yes, in case you still cannot sleep at night, as this is also becoming a trend among most people, don't start pulling the same choices that are not for your path of choice. Nevertheless, look at the other side instead. The other choice you had

can make. You'll write a book about it. Haha. I just want to say that night is an opportunity to think about other possibilities in your life. And, to not dwell on choices that affect your life negatively.

In addition, there is another important influence. During the day, you have active human magnetic fields and active electric fields at the same time. The use of physical equipment creates a certain magnetic field.

This is also the case with mobile phone traffic. When someone calls, for example, these magnetic fields literally fly over your head. At night, physical equipment is used less. Many min- less phones are active. To cite the most commonly used example. So that is also a magnetic field jammer. So you can see how many outside influences there are in the course of a day. You are not aware that they are there. But they are there. A veritable web of magnetic fields, repelling and attracting each other because they have largely the same charge. And when there are opposing magnetic fields, they drown in a sea of negative poles.

Poetic, isn't it? Then when you think of opposite things at night. Then those influences are much less and don't drown. So, they are attracted to opposite poles, like those of unconscious people. And, you can then write consciously or whatever.

I am sure I have forgotten some of the combination of pros and cons. Again, I see an image, but it's hard to put into words. A simple explanation would be: you have made a rule that you can only talk about positive topics during the day, because it can be restrictive to talk about negative topics. Even if you don't understand why. At night, it's easier

To talk about negative things and harder to talk about positive things. Something like this.

Again, does it matter whether you understand it or not? No, it doesn't matter. This is my perception and it may or may not be your perception. This is just another example, to show that my perception makes the whole thing easy to understand. And, not going into details like science or religion sometimes do. Again, you don't have to delve into an un-topic to understand it.

It is a free choice and you have control over it. But you have to remember that the details and the summary are essential to each other. They must both be there. The two elements may diverge, but they both need to be there. A 'plus' cannot exist without the 'minus' and the 'minus' cannot exist without the 'plus'. In writing this book, I am only changing the balance a little. That's really all it is. Now if more people would take this book as their general truth. Then the balance would change. That has happened with scientific perceptions and religious perceptions, for example. By repeating the same subject over several generations, some things are accepted and others are not!

Are science and religion also wrong? No, absolutely not. They are just part of a certain general polarity. But there is polarity in science as well as in religion. Opposite poles are also accepted by religions other than Catholics, as evidenced by the large number of variations that exist. Some with major influences and others with lesser influences.

The same goes for science. A subject can be accepted by 100 people and in the eyes of those 100 people

are proven. But, another scientist may also have 99 people believing in his evidence.

Is either of them wrong? No, it is his perception that makes it more accepted by one person than another. And, if you are a member of that perception of the man who actually has more followers, then you think his truth, is the general truth. The other man also has followers of his perception and this man and his followers also believe that their truth is the ultimate truth.

Large magnet or small magnet. Both remain magnets. Adults and children remain people, even if you call them differently.

The greatest influence can be a disturber if you make a choice contrary to that influence. But, contrary to what you think. Will this opposite choice be beneficial to you? Because it will be completely fuelled by the pros and cons of this major influence. So it is up to you to see it and use it, to make your choices and not those of the influence. I don't know if this book will have a positive impact on you now.

But I can tell you that writing this book has made me happier, as I express what was suppressed for years by society's influential choices. Choices that did not match my life path. So yes, I am contradicting general truths, but I am affirming my own truths. And, I think, that's what many people are looking for. Being happy with the choices they make. Would it be easy to achieve in practice? Yes, the process of changing polarity is simply a choice.

However, this step requires a lot of energy once. The same energy that the Earth would need to extract itself from the influence, or pull, of the sun. It revolves around the sun, of course. But, choose how it evolves. Just as Mars and Earth made different cues-six to evolve. First, by the combination of resources. So which cosmic soup was made when the planet was created. But also which combinations were made. Then which choice the planet made.

You could say that Earth and Mars would have had the same cosmic soup and would not have been affected. Even then, it would have been possible that they were totally different planets. Look at twins. They have almost the same genetic structure. Yet very few twins are the same. Moreover, they can be 99% identical, but never 100%. One day, a choice will be made, and it will weigh on the life course of that one person, of the twins.

Again, it seems I strayed from the main topic. But in reality, I was still telling the same story of plus and minus, albeit with different words and a different perception. My involvement was just different. That's all it is.

Are you now beginning to understand that everything you think is the ultimate truth for you is in fact always the same red line, but told differently each time? In different words and with different influences. Investigate the main purpose of difficult mathematical formulas. What is the main purpose? Finding a solution.

What is the point of this? To have proven the perception of your truth. In other words, you have already established the problem and the solution. You then have the beginning and the end. You already have the

tools you need, but you still have to take countless detours to get there. Thus, you realise that you have chosen yourself and someone else may take a completely different path to get through the same beginning and end, from their perception of the truth. Whereas you have already established the beginning and the end.

Who is right or wrong is irrelevant. Both have different perceptions, but both have the same goal. So stop arguing about who is right. Gather these calculations, these om- gences and look at the contradictions in them. In the calculations. The two mathematicians surely realise that they are indeed working on the same subject. But with a different language. And together they can come up with a proof that everyone understands, not what you have to study for 20 years before you understand, how the detours work.

Oh, I choose to stop this topic here. It has nothing and everything to do with the subject of this chapter. But, you either understand or you don't understand which way I want to go.



39. Sheep follow each other

There are many sheep roaming around here, where I live. Their behaviour and choices are not that different from humans or planets. When one sheep starts walking, all the sheep around it also start walking. If one sheep barks, all the sheep around it start barking. Even funnier, when one sheep turns around with its hind-work towards the road, all sheep turn their hind-work towards the road. Do you recognise this pattern? The Woodstock story I told? Or ge-live everyday life?

The authorities say the coronavirus is dangerous, and everyone believes it. The red line is the same, but the story is different. One sheep bleats that corona is dangerous, and the other sheep around him also start bleating. And over time, all the sheep believe that corona virus is dangerous. Yes, I have to sigh for a moment. I used to be like that too. Now much less so. The influence of other sheep has crossed the zero line with me. I am no longer like any other sheep, because it no longer suits my life choices. Yes, you can die from the virus. If you drink water, you can also die. You can choke on it and drown. Does it stop me from drinking water? No!

Moreover, you can do exactly what the vast majority tell you to do. That way, you stay in good shape while everyone else dies. And just then you drink a glass of contaminated water and die. Or even sillier: you go out, slip and fall on your head and that's it. See what I mean?

So you could compare me to a black sheep in the flock. On the other hand, I notice more and more that among all those beautiful white sheep, there is often a black sheep too. I asked this important life question to a farmer. And the answer was actually not surprising. For some reason, that black sheep, will lead the flock to

safety. When in danger, this sheep will lead the flock in the right direction, away from danger. Whereas a white sheep will panic and start running in a random direction without really thinking.

It made me laugh because I immediately made the connection with people. This black sheep is also a sheep. But, only with a different colour. But, this sheep makes the right decisions, while the big influence is the white sheep and start running around like headless chickens, when something unusual happens. Or when the polarity changes. To stick to my story of plus and minus.

These few show the masses what the right choices are. And in most cases, the white sheep follow these few. Because they feel guided or something else. Either way, when danger threatens, the black sheep makes the right decision for the common good of the group. Remains funny, doesn't it?



Look at what people did when the Corona crisis broke out. All countries did all sorts of things. People were running around like headless chickens. Because they were not led. Politicians, doctors... all the people determining the general truth did not understand the variations. They stuck to what they knew and literally left people to their own devices. While on the back ground, doctors and scientists were shouting out loud that this could not be stopped. That it was simply part of the evolution of a

virus! That if they had reacted in time and not panicked, they could have easily contained the basic virus! But it had to be so.

Even though they gave the impression that they were in control of the change in the virus, in reality they had no control. And they denied just what they knew, what they were taught. Resulting in the large number of people who fell ill or died.

I repeat: is it bad? No, absolutely not. So it had to happen then. Like Hitler, he did what he did. A micro-organism, smaller than a human, turned the whole world upside down! There was no need to stop it. In fact, it was a step in man's evolution. Once again, man should have listened to the black sheep run amok. But the white sheep did not hear the bleating of the black sheep, because the gesture of the masses prevailed.

And then there is the return of the same lesson. The same red line, but with a different story around it. This is a choice society must learn. Listen to the black sheep and not the masses. Of course, if it suits you. An SS man, like a murderer, can take pleasure in killing people. So you can't blame that person for making that choice. However, society or general truths can blame that person. But then it is society's choice, not the person's. The virus itself is influenced by outside influences to mutate. Can the virus do anything about the fact that it was fatal for some people? No, the virus cannot do anything about that.

Even the masses can't help themselves from reacting so hysterically. That is how it is taught. That's how it is in nature. Look at the sheep. Fortunately, this can also be seen as an evolution. The Second

World War lasted five years. Therefore, it took five years before major influence saw that things were not right. It took five years before the United States began to exert its influence. Fortunately, with the coronavirus crisis, it only took a good year before they realised that all that hysteria was futile. That they couldn't tame the virus after all! Even though they gave the impression that the vaccine was the ultimate solution. Which doesn't really work for the masses, but for a minority. Now the Corona crisis has been pushed out of the media.

The major impact is now gone. But there are still as many people getting sick and dying. Perhaps more than during the crisis. And in fact, the ratio with an ordinary virus, like the flu, was about the same. Only the major influence has disappeared. The focus is now on Ukraine. As many people as in previous years get sick and die. But today the perception is different, because the masses and the big influences are looking elsewhere.

Again, I ask myself: does it matter? No, everything happened as it was supposed to. And nothing can be changed about what happened. What can be changed is whether the next choice will have a positive or negative impact on society. If you look at overall evolution. Yes. Wholeheartedly, yes. Is it getting close to zero already? Will people listen to the black sheep? Not 100%, but more like the previous global crisis. A step in the right direction each time. Everything changes, but not all at the same speed.

What do I conclude from this? Find your black sheep and listen to them. Don't blindly accept what they preach, only accept what you need. And, if they tell you to completely follow Him in their story, don't. Then you will be a white sheep in a black coat. I repeat: only accept what feels right. Logic and feel. Follow the logical pattern of pluses and minuses on your life path

and make an opposite choice, if you feel it doesn't suit your life. Yes, it is that simple.

I keep saying. Don't make things harder than they are. Even if you're used to doing that. And above all, don't let yourself be influenced by the masses. It's not what someone else thinks is important. But it is what you think is crucial. This only if that influence in your life feels bad. Does what others say match what I say? Or do I nod my head for convenience to say yes, but in reality feel unhappy. Follow what the universe has been doing since creation. Follow your instincts, follow what is important to you and don't resist. If you feel resistance, you are not on your ideal path. But beware, even a non-ideal path has its purpose.

Remember that what you experience, whether positive or negative, was meant to happen that way. This has been the case since creation. So don't worry, everything will work out in the end. Remember the last sigh, before you die. The sigh, that you breathe that says: It was good, my experiences were enough for this life. I repeat the wise words of Monty Python: you came from nothing (minus), and go (plus) to nothing (minus), what do you have to lose: nothing (plus). Minus, plus, minus, plus. Haha, everything you've seen, in one sentence. Especially that last one: nothing. The same word, suddenly evoking an opposite feeling. From something negative to something positive. Feeling and logic.



40. Final conclusion

Was what I just wrote not a good conclusion? I think so. You see how many stories I told before I came here. I always said the same thing: the plus and the minus - but each time in a different context. And, believe me, there are more. If you want more examples. Then use primary colours, a month, a day in the sine. So it will surprise you that all these things fit into the sine.

You will also be able to predict some things you had not noticed before. But it is now up to you to move forward. If this is your path, notice the similarities and use these pluses and minuses to guide your life. Then this book has served its purpose. The-same goes for vice versa. You can just as easily dismiss this as pure drivel and continue to believe in your own truths. Equally good friends. The universe also needs this path in its evolutionary journey. But don't forget that you are part of it. You play your part in evolution.

I am just showing that there are endless possibilities. One in- dig many paths, which you can take. And, that every path you take is your path. This path I show you is, if you want it, also a tool to make the things that make life difficult really easy. So- that afterwards you have more energy to live your life path to the fullest! Look at the extreme layer of perception, it doesn't matter in reality and besides, everything matters, what you do. It is just the logical course of evolution. And, man as he is now, is just a present moment.

Even if man is long gone, the path of the universe will continue, the choices will continue. Until one day, who knows, the Omega will be reached. The end of everything. The last sigh of the

universe. And, then, followed by a new creation of something totally new. Something your brain will not be able to comprehend. The possibilities are endless.

For now, I want to come back to the present moment and end with en- kings simple words: Don't worry too much about everything going wrong, just be happy. Don't worry, just be happy now. Don't get caught up in the negative influence that is there right now. Literally look the other way. Do what is not expected of you.

And above all, show everyone around you that it works. You can be joy-filled just by living 'normally'. Just following what you like and not what others like. Life is not perfect, but you choose how long those imperfect moments last. Just you, no one else. You should enjoy the good times and end the bad times quickly. Remember that death is not the end. Death is just the beginning of a new birth.

With this, I end my new conception of life. My rebirth, within my current biological material life. It is now up to you to take control of your own life path if you need to, and do the same. I can't show you how to do that, no one can. Even if they claim they can. But I can encourage you to return to the simplicity of the pluses and minuses. To work there, with that beautiful combination of feeling and logic.

In the end, I tell you:

And, you lived happily ever after....

End...

[...] Or, to be continued. Who knows?

